
L I N D A M A R I A A B D E L S A Y E D

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EDUCATION

License # PSY 25557

2004 - 2010

Azusa Pacific University, Graduate School of Psychology

Azusa, California (APA Accredited)

PsyD Clinical Psychology, Emphasis in Family Psychology

Dissertation Title: Impact of Personality on God Image, Intrinsic/Extrinsic Religious Motivation, and Religious Coping among Coptic Orthodox Priests

2004 - 2006

Azusa Pacific University, Graduate School of Psychology

Azusa, California (APA Accredited)

Masters of Arts, Clinical Psychology with an Emphasis in Family Psychology
MA in Clinical Psychology

2000 - 2004

University of California, Irvine

School of Social Ecology, Psychology and Social Behavior, BA
Minor in Education

CLINICAL EXPERIENCE

5/2019 - present

Adjunct Faculty

Anaheim, CA

St. Athanasius & St Cyril Theological Seminary, Masters in Theological Studies program

Setting: ACTS is a small online faith-based seminary associated with the Coptic Orthodox faith based in Southern California.

Responsibilities: I create and adapt curriculum for a diverse of learning styles, cultural and ability diversities and course learning objectives for an online learning milieu. I teach counseling and psychology courses for the theology students. I formulate a variety of assignments to best assess individual comprehension using various learning styles to engage learning. Grade and record learning outcomes as well as provide student advising as needed.

6/2016 - present

Psychologist

Private Practice

Chino Hills, CA

Setting: I provide individual, couples and family therapy in a cozy office in Chino Hills, CA. I foster health and healing through mild, moderate or severe symptomology.

Responsibilities: I specialize in depression, anxiety, stress, trauma, attachment, relationship concerns, premarital counseling, identity formation, life transitions, grief and loss, multicultural issues, and spiritual formation.

Healingpeace.Linda@gmail.com
Healingpeace.weebly.com; PsychologyToday.com and LinkedIn profiles

- 8/2018 - present **Adjunct Faculty** Azusa, CA
Azusa Pacific University, Undergraduate Psychology Department
Setting: APU is a middle sized faith-based university tucked into the Foothills of Southern California.
Responsibilities: I create and adapt curriculum for a diverse of learning styles, cultural and ability diversities and course learning objectives. I formulate a variety of assignments to best assess individual comprehension using various learning styles to engage learning. Grade and record learning outcomes as well as provide student advising as needed. I have curriculum for Multicultural Psychology and the Psychology of the Family.
- 2/2011 - 6/2018 **Psychologist** Azusa, CA
Azusa Pacific University, University Counseling Center
Setting: APU is a middle sized faith-based university tucked into the Foothills of Southern California. The University Counseling Center provides mental health counseling to over 750 undergraduate and graduate students each year.
Responsibilities: I provide brief solution-focused and long-term individual and couples therapy, as well as participate in the supervision and training program for the training doctorate students. I coordinate UCC's Annual Mental Health Screening event and participate in outreach to promote health throughout campus. I also participate and volunteer expert review and advise for dissertation committees of APU Graduate Doctoral students.
[Www.apu.edu/Counselingcenter/](http://www.apu.edu/Counselingcenter/)
Supervisor: Bill Fiala, PhD
- 9/2010 - 11/2012 **Clinical Supervisor** Azusa, CA
Community Counseling Center, Azusa Pacific University
Setting: First year PsyD students practicum training at elementary through high schools in Azusa Unified School District.
Responsibilities: Conduct group and individual supervision for PsyD practicum students. Collaborate with supervision team on program development and implementation. Provide presentation training. Consultation and referral with Azusa Unified School District personnel.
Supervisor: Sheryn Scott, Ph.D.
- 2008 - 8/2010 **Internship (2000 hours)**
Pacific Clinics Pasadena, CA
Setting: Pacific Clinics is operated under contract with the Los Angeles Department of Mental Health. The facility offers a variety of comprehensive mental health services including psychological assessment, individual and group therapy, victims of crime and outpatient and substance abuse rehabilitation programs, serving the diverse populations, adults and children, across Southern California.
Responsibilities: Conducting intake evaluations, crisis intervention therapy, and day intensive youth treatment as well as conducting solution-focused individual, family, and group therapy for children, adolescents, and adults. Attend weekly training seminar on topics such as PRO-ACT crisis restraint, psychosocial rehab training, interventions for chronically

mentally ill patients, cultural sensitivity, and psychopharmacology. Conducting and interpreting psychological testing. Supervising practicum students. Group and individual supervision led by a licensed clinical psychologist. Complete DMH paperwork.
Supervisor: Elizabeth Jenks, Ph.D. and Scott Fairhurst, Ph.D.

2007 - 2008

Practicum Training (610 hours)**Center for Integrated Family and Health Services** Covina, CA

Setting: CIFHS is operated under contract with the Los Angeles Department of Mental Health. The facility offers a variety of mental health services including child assessment, individual therapy, group therapy, victims of crime and outpatient substance abuse rehabilitation programs.

Responsibilities: Conducting and interpreting child assessments, initial intakes, as well as traditional weekly individual, family, and group therapy. Attending training seminar, as well as individual and group supervision on psychodiagnostic assessment and interpretation, as well as child, family and group therapy. Attend testing trainings, staff meetings, as well as conduct staff training on the use and benefits of psychological testing. Supervision conducted by a licensed clinical psychologist. Complete DMH paperwork.

Supervisor: David Zableckis, PsyD

2007-2008

Student Supervisor (60 hours)**Azusa Pacific University**

Azusa, CA

Setting: Enrolled in Supervision and Advanced Supervision doctoral courses.

Responsibilities: Conducted weekly group supervision for the Pre-PsyD and first year PsyD students. Reviewed audio and video recordings of weekly therapy and processed countertransference, intervention techniques, and provided feedback and mentoring. Received supervision-of-supervision weekly, during which we reviewed videos of the sessions, processed countertransference, and received guidance.

Supervisor: Sheryn Scott, Ph.D.

2006 - 2007

Practicum Training (720 hours)**Verdugo Mental Health**

Glendale, CA

Setting: VMH's Adult Outpatient program was operated under contract with the Los Angeles Department of Mental Health. The program uses the psychosocial rehabilitative model for adults with serious and chronic mental illness. VMH offers individual, group, and family therapy, consumer and family education, and other services aimed at increasing community functioning and effective life management.

Responsibilities: Conducting intake evaluations and crisis intervention therapy, as well as conducting individual short-term, solution-focused individual and family therapy. Also conduct traditional weekly individual counseling as part of the federal CalWorks service. Formulate, lead, and co-lead structured, psycho-educational skill group therapy. Engage in team client care management with the medication, GAIN, and dual diagnosis staff, while completing all DMH paperwork. Attend weekly training seminar and group supervision on topics such as diagnostic interviewing, psychosocial rehab training, interventions for chronically mentally ill patients, cultural sensitivity, and psychopharmacology. Group supervision by a licensed clinical psychologist.

Supervisors: Susanna Friedlander, Ph.D., Evlin Abed, PsyD

2004 - 2006

Practicum Training (330 hours)

Child and Family Development Center - Azusa Pacific University

Setting: A community counseling center serving low SES families, the Azusa Unified School District (AUSD) student referrals, and APU undergraduate students. The AUSD Guidance counseling program offers individual, family, and marriage therapy on a sliding fee scale.

Responsibilities: Conducting individual therapy with undergraduate students and community clients. As well as practicing therapy and consultations at Mountain View Elementary with their faculty, students and/or their families. Population was primarily Hispanic with poor social skills, adjustment issues, and behavioral problems. Attended weekly training seminars on topics such as play therapy, abuse, treatment planning, couples therapy, and diversity. Also participated in weekly group and individual supervision with a licensed clinical psychologist.

Supervisors: Sheryn Scott, Ph.D., Joy Bustrum, PsyD

2003 - 2004

Social Worker Volunteer (100 hours)

West Anaheim Medical Center, Senior Mental Health Anaheim, CA

Setting: Hospital providing geriatric inpatient treatment for the severely mentally ill.

Responsibility: Administer assessments and brief paper work with the patients. Aid in group therapy sessions, as well as conduct preliminary psychosocial interviews with new patients. Participated in weekly individual supervision.

RESEARCH EXPERIENCE

2013 - 2016

Dissertation Committee

Graduate School of Psychology, Azusa Pacific University

Azusa, California

Topic: **Head knowledge and heart knowledge: A ten week group spiritual formation curriculum to help foster congruence.** Bonner Dobbs, M.A., Theresa Clement Tisdale, Ph.D., Samuel Girguis, Psy.D. and Linda Abdelsayed, Psy.D

2005 - 2009

Doctoral Dissertation

Graduate School of Psychology, Azusa Pacific University

Azusa, California

Topic: The Impact of Personality on God Image, Religious Coping, and Religious Motivation among Coptic Orthodox Priests

Proposal Approval: May 15, 2007

Defense Approval: February 23, 2009

Chair: Joy Bustrum, PsyD

Committee: Teresa Tisdale, Ph.D., Kevin Reimer, Ph.D.

1/07 - 5/07

Diversity Dissertation Research Group

Graduate School of Psychology, Azusa Pacific University

Setting: All students who are studying issues regarding multicultural diversity gather to discuss the members' dissertation development and mentor each other. Special issues regarding multicultural diversity are discussed and evaluated them in terms of our dissertation topics.

Advisors: Beth Houskamp, Ph.D., Joy Bustrum, PsyD

2004 - 2005

Research Project Manager

For Young Women Only, Shaunti Feldhahn & Lisa Rice

Topic: To understand more clearly the inner lives of men, the researchers propose to examine, via on-line surveys, the internal thoughts, desires, and fears of college aged Christian men as they apply to their romantic relationships.

Responsibility: Create an on-line survey, as well as provide analysis of collected data. Communicate as the liaison between the research team and the authors/editors of Multnomah Press.

TEACHING EXPERIENCE

6/21/07

Senior Student Group Observer

Azusa Pacific University

Setting: Master's level psychology course on group therapy.

Responsibility: Observed students conduct a mock group therapy session. Provided feedback on the process and suggestions for improvement of group therapy skills.

1/07 - 5/07

Teaching Assistant, Cognitive Assessment Course

Azusa Pacific University

Responsibility: Teach weekly laboratory sessions for first year doctoral students. Teach administration, scoring, and interpretation of cognitive assessment instruments such as the WAIS-III, WISC-IV, WRAT, and TAT. Provided supervision and feedback. Graded projects and papers.

Supervisor: Diane Puchbauer, Psy.D.

Abdelsayed, L. (2012, April). *Grief and Bereavement*. Lecture to APU CCC In-Service Training, Azusa, CA.

Abdelsayed, L. (2011, January). *On Parenting: Infant and Toddler Infant Development*. Lecture to Logos TV America at Marital Enrichment Seminar, Mission Viejo, CA. Vimeo.com

Abdelsayed, L. (2009, December). *Anger Management*. Lecture to Sunday School Teacher's Program at St. Maurice Coptic Orthodox Church, Pomona, CA.

Abdelsayed, L. (2008, March). *Collaborative Problem Solving Model*. Lecture to Sunday School Teacher's Program at St. Maurice Coptic Orthodox Church, Pomona, CA.

Abdelsayed, L. & Easterly, E. (2007, February). *Rapport Building and Clinical Interviewing*. Lecture to Assessment III: Intelligence Testing (PPSY 714) Course in the PsyD Program, Department of Graduate Psychology, Azusa Pacific University, Azusa, CA.

Abdelsayed, L., & Kalinich, A. (2006, September). *Treatment Issues with Children: Play Therapy*.
Lecture to Child and Adolescent Psychotherapy (PPSY 561) course in MA program,
Department of Graduate Psychology, Azusa Pacific University, Azusa, CA.

Blog article publications on Healingpeace.weebly.com.

PRESENTATION EXPERIENCE

- April 2014 **American Psychological Association Division 36 Mid-Year Conference.
La Mirada, California.**
Poster Presentation
Topic: God image and God concept: Creating greater congruency through a
spiritual formation program. Bonner Dobbs, M.A., Theresa Clement Tisdale,
Ph.D., Samuel Girguis, Psy.D. and Linda Abdelsayed, Psy.D
- April 2008 **California Psychological Association Annual 2008 Convention
Anaheim, CA - Disneyland Resort**
Poster Presentation
Topic: The Relationship between Personality and Spirituality
- August 2008 **American Psychological Association 116th Annual Convention - Div 36
Boston, MA**
Poster Presentation
Topic: The Impact of Personality on God Image, Religious Coping, and
Religious Motivation among Coptic Orthodox Priests

PUBLICATIONS

- Abdelsayed, L., Bustrum, J.M., Tisdale, T.C., Reimer, K.S., & Camp, C.A. (January 2012).
The impact of personality on God image, religious coping, and religious motivation among
Coptic Orthodox Priests. *The Journal of Mental Health, Culture and Religion*.
- Abdelsayed, L. (2009). Understanding the Process of Grief. *Coptic Orthodox Diocese of Los
Angeles Spiritual Library* at <http://www.lacopts.org/tag/grief>.
- Abdelsayed, L. (2009). Grief and Healing within the Family. *Coptic Orthodox Diocese of Los
Angeles Spiritual Library* at <http://www.lacopts.org/tag/grief>.

OTHER RELATED EXPERIENCE

- 2/2017 **Certified SYMBIS Pre-Marital Assessment Facilitator**
- 1/2017 **Certified in Substance Abuse Screening, Brief Intervention, and Referral
to treatment (SBIRT)**
- 3/2013 **Certified in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)**
- 10/2011 **Certified in PRO-ACT Crisis Assault and Restraint**
- 2005 - 2007 **Spiritual Integration Committee Member
Azusa Pacific University**

Setting: Committee that organizes bi-annual integration conferences with major speakers in the field of morality and spirituality in psychology.

Responsibility: Participate in planning bi-annual Voices Conferences. Table hostess who welcomes and initiates group discussions.

2003 - 2004

Primary Caregiver Aid Intern

University of California, Irvine (UCI), Infant and Toddler Center

Setting: The child day care services for the infants and toddlers of the university's faculty, staff, and students.

Responsibility: Aid primary caregiver in supervising the infants and toddlers. Create a safe environment for the children's stimulation and discovery.

OTHER WORK SKILLS

Speak Arabic with limited working proficiency

Trained in Conflict Mediation

COMPUTER LITERACY

All PC-compatible and Mac processing systems

EXYM Department of Mental Health and MediCat EHR systems

Trained in LA County Department of Mental Health paperwork procedures

SELECTED PERSONAL ACTIVITIES

7/08

Mission Work

7/97, 99, 02

Coptic Orthodox Diocese

3/00, 01

Brazil, Mexico, Kenya, Tanzania, and Egypt

7-8/01

Responsibility: Coordinate distribution of food, medicine, clothes, and money. Organize and speak at youth days and church meetings, conduct home, orphanage, and elderly home visitations, as well as preach in the open marketplaces. Provide cultural, spiritual, hygienic, and social education. Also build, paint, and clean churches, schools, and homes.

2006 - 2011

Santa Monica Family Education Committee

Coptic Orthodox Diocese of LA, Southern California, & Hawaii

Setting: The Family Education Committee provides the diocese with family psychological services such as pre-marital couples, newlywed, marital enrichment, and parenting retreats and seminars. As well as clergy psycho-education and counseling courses, and assisting churches with planning family retreats and meetings. The group is also creating a library and multimedia productions available for the community. Furthermore, we collaborate with the Coptic Family Counseling Center.

Responsibility: Assist in creating library resources with various family psycho-educational books, video, and other material. Participate in creating, organizing, and managing the newlywed retreats and seminars. As well as assist in preparing clerical psycho-education and counseling courses.

2006 - 2008

Lead Organizer of Kids Camp

St. Maurice Coptic Orthodox Church

Pomona, CA

Setting: Three day retreat for children between the ages of 8-11 from the church, which aims to foster Christian fellowship and growth among the children.

Responsibility: Leader of committee that organizes, advertises, and coordinates the retreats. Create age-appropriate themes and discussion topics. Counsel and establish trusting, healthy relationships with children and chaperones, as well as train chaperones in developmental psychology.

2001 - present

Sunday School Teacher

Setting: Provides religious education as well as a social network for the youth of the church.

Responsibility: Grades 2-4, 7-8, and high school. Weekly meetings for lessons, arranging fieldtrips, and creating a safe environment for the youth to grow spiritually and socially. Help the youth understand and appreciate their cultural and religious diversity.

2000 - 2008

Lead Organizer of Annual Junior High Retreats**Coptic Orthodox Diocese of Southern California, LA, & Hawaii**

Setting: Two diocese sponsored summer youth retreats for up to 100 junior high girls and 100 boys, which aims to foster Christian fellowship and growth among the youth.

Responsibility: Leader of committee that organizes, advertises, and coordinates the retreats. Create age-appropriate themes and discussion topics. Counsel and establish trusting, healthy relationships with children and chaperones, as well as train new committee members and chaperones in developmental psychology.

REFERENCES

 Available upon request.

Kathryn Ecklund, PhD	Chair and Professor, APU Dept of Psychology 901 E. Alostia Ave, Azusa, CA 91702	(626) 815-6000
Bill Fiala, PhD	Associate Dean of Student Affairs, APU UCC 901 E. Alostia Ave, Azusa, CA 91702	(626) 815-2109
Grace Kim, PhD	Director of Clinical Training, APU UCC 901 E. Alostia Ave, Azusa, CA 91702	(626) 815-2109
Jackie Parke, PsyD	Assistant Professor, Vanguard University 55 Fair Dr, Costa Mesa, CA 92626	(714) 619-6449
Elizabeth Powell, PsyD	Chair of Undergraduate Psychology, Vanguard University 55 Fair Dr, Costa Mesa, CA 92626	(714) 619-6449