



## SIGMA THETA TAU INTERNATIONAL: IOTA SIGMA CHAPTER NEWSLETTER

SPRING NEWSLETTER | APRIL 2020

### Look for us online!

APU Chapter Website: <https://www.apu.edu/iotasigma/>



In Photo (left to right) Adelina Riveros (Intern), Karen Dahlia (Intern), Marilyn Klakovich, Lynda Reed, Jenny Chuang, Lydia Usry, Patricia Esslin, Debbie Clausen, Marie Podboy, Viann Duncan, Rose Liegler, Sara Taylor (Intern)

Newsletter Editor:

**Jenny Chuang** | RN BSN | Co-Vice President of STTI Iota Sigma Chapter

---

## About the Chapter |

---

We are Iota Sigma Chapter #232 of Sigma Theta Tau International Honor Society of Nursing.

The mission of the Honor Society of Nursing, Sigma Theta Tau International, is advancing world health and celebrating nursing excellence in scholarship, leadership, and service.

The Iota Sigma Chapter of Sigma Theta Tau International established its charter at Azusa Pacific University in 1988. It was preceded in 1980 by the Nursing Honor Society of Azusa Pacific College. The chapter currently includes approximately 593 active members.

## Chapter President's Report from SIGMA 45th Biennium 2019, Washington DC



Together, we change lives and advance healthcare. SIGMA Biennium 45th 2019 call to action of Connect, Collaborate, Catalyze - was most evident through the many sessions and presentations. The Biennium was chock full of fun and learning opportunities commencing with the Opening Plenary with President Beth Tigges speaking of her Call to Action: Connect, Collaborate and Catalyze while highlighting leadership at all levels. Subsequent Chapter development sessions, breakout research/educational sessions, additional keynote speaker Dr. Stijn Blot (2019 Episteme

Award recipient) and presentations. More than 750 oral, symposia, and poster presentations supported the 2019 Call to Action. The celebration of chapter achievements was quite special. Iota Sigma Chapter earned our 8th consecutive International Chapter Key Award. I was privileged to receive the award from SIGMA President Beth Tigges and CEO Elizabeth Madigan.

Our Iota Sigma Chapter members, Dr. Pam Cone and Dr. Jane Pfeiffer presented on Sunday, unfortunately I was serving as a session Moderator right next door, yet hear they did a fabulous job with presenting their team's (Westlake, Cone, Giske, Pfeiffer, & McSherry, 2019) Spirituality and Health Research Collaboration to Enhance Local and Global Health Outcomes research. We were able to have a community dinner together that evening with other SIGMA Region 2 members. Marilyn Klakovich also attended from our Iota Sigma chapter.



The Biennium is also all about SIGMA International business such as the Board of Directors elections, bylaw changes, and resolutions – all conducted in a two-day House of Delegates structured business meeting. Dr. Lydia Garcia Usry and myself served as your Chapter delegates.

There are now 543 chapters globally, SIGMA welcomed 17 new chapters from across the world including the first chapters in Jamaica, Ireland, Scotland, Ireland, and 13 new chapters from the United States.

Our newly elected International President Richard Ricciardi PhD, CRNP, FAANP, FAAN provided his acceptance and welcome. SIGMA International’s 2019-2021 Presidential Call to Action was truly joy-filled! His call to action is

**Infuse Joy!** President Ricciardi believes infusing joy will affect patient outcomes, our personal health and well-being, system/practice environments, the nursing profession, and society overall. We can’t agree more! We can infuse joy through awareness, co-creation, balance and purpose according to Ricciardi (2019).

(Picture was taken of delegates with Dr. Ricciardi)



Dr. Ricciardi wrote and shared his poem entitled “The Gift of a New Day”:

Bring life to your rising  
When a new day dawns  
Open your eyes to the anticipation  
Of what the day promises

Reach out and touch  
Someone close to your dreams  
And reflect on a time  
When your heart was warmed

Fear not to recognize this juncture  
And transform your daily routine  
From clutter and digital screens  
To awareness and presence

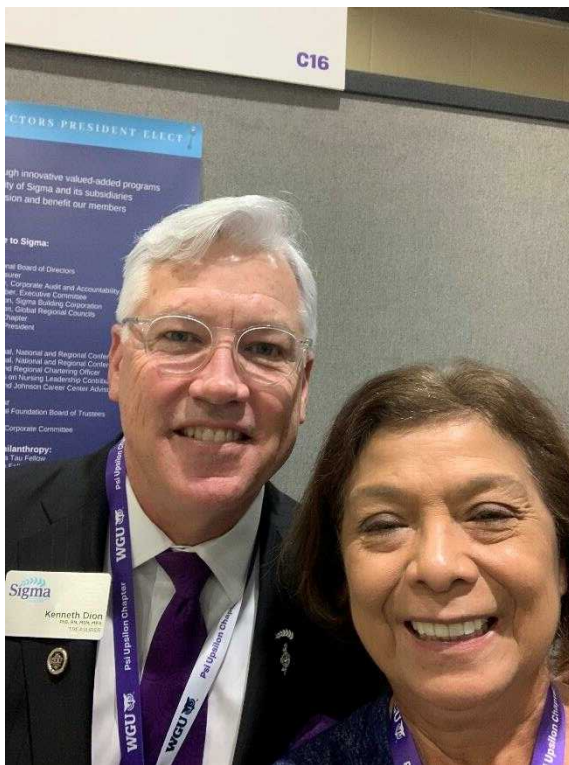
---

Awaken to this new outlook  
And Joy will be free  
To infuse your humanity  
And carry you forward  
Ricciardi, 2019  
Infuse Joy my friends,  
~Dr. Patricia Esslin  
2019-2021 Iota Sigma Chapter President

---

By Dr. Lydia Garcia-Usry

My first ever attendance to the 45th Biennial Convention occurred on the 16th of November in



Washington DC. This was a tremendous opportunity to see how nursing professionals work together for a common goal and that goal is the advancement of nursing practice. I was able to participate as a delegate and voted for the first time.

I was able to make contact with SIGMA personnel who discussed important topics such as:

Understanding Sigma's Membership Eligibility Criteria,  
Meet with newly elected President-Elect Kenneth Dion  
Met new friends and old friends from California. Had the chance to attend an Escape Room that was absolutely awesome. I have a few new ideas for Sigma promotion and a few ideas for helping new and current members find out that a Sigma membership will benefit their professional development, community development and academic journey.

*Picture was taken with President-Elect Ken Dion.*

## Gabrielle Johnson Featured in the Los Angeles Times!



Gabrielle Johnson, member of Iota Sigma, was featured on the front page of the California section of the Los Angeles Times on Sunday February 16, 2020. Gabrielle is a member of a four-person USC health care/medical team that treats homeless persons on the streets of Los Angeles.

According to the Times, the team each working day heads out in a van with blankets, tents, mattresses, socks, and dressings, etc. In addition, they regularly visit 70 homeless patients requiring health care—many, several

times a week. (Of note, the Times estimates there are 59,000 the homeless in Los Angeles County.)



In the article, Gabrielle was pictured with Dr Michael Stefanowicz as they inform a jubilant homeless patient that her that her blood pressure has improved. In another picture in the Times (not shown), Gabrielle is talking to a patient; the caption emphasized the importance of developing trust with those who are frequently experience theft and violence. Gabrielle was also given special mention for connecting a homeless man with his family after being separated over a decade. She

said she reached out over Facebook to make the connection.

Gabrielle is a graduate of the Azusa Pacific University's master's program in nursing and was inducted into Iota Sigma at the fall 2018. She is currently finishing her Doctorate of Nursing Practice at APU with an emphasis on homeless health care. In addition to her position with the USC team, she is an adjunct faculty member at APU's School of Nursing and Assistant Clinical Director and Clinic Manager of APU's Homeless Outreach.

In response to a request, Gabriel shared a personal picture of her reaching out to a wheelchair-bound homeless person.



---

## Dr. Felicitas dela Cruz Awarded the Emma Haggard Award

---

Each year at Azusa Pacific University, the Emma Haggard Award is given to a “widow or single woman who has demonstrated an exemplary Christian life and has supported APU students by giving generously of her time talent and treasure.” She is also known to have made a “difference in our world for good and inspires others to do the same.”



With over 200 attending the awards ceremony, this year’s single recipient was Dr. Felicitas dela Cruz, a long-time member of Iota Sigma Chapter of Sigma, and a member of Azusa Pacific University’s School of Nursing faculty for 37 years!

Dr. dela Cruz grew up in the Philippines and learned the value of education from her parents who were also educators. She received her Bachelor of Science in Nursing and Master’s degree in nursing at the University of the Philippines. When she came to the United States, she continued her family’s tradition and taught at several schools, including UCLA, Cal State University at Los Angeles, and Mount Saint Mary’s University.

At APU, Dr. dela Cruz has been an integral faculty member in the School of Nursing, teaching doctoral and master’s students. During her successful career, she received a Doctor of Nursing Science from the University of San Diego. She also has obtained over \$6 million in grants for APU that supported the creation of nursing programs and scholarships. Fely was married for nearly 40 years to Dr. Jerome I. Millman. She recently established the Felicitas A. dela Cruz and Jerome I Millman endowed scholarship to help students access the power of education and learning.

---

## Pfeiffer Research Award Report

---

I am writing a short synopsis of the discussion and conclusion of the presentation **Assessment of Community Health by Neighborhood & Church Collaboration** I did on the Intentional Outreach Intervention research at **Sigma Theta Tau International Honor Society of Nursing - Connect. Collaborate. Catalyze. - 45th Biennial Convention held 16-20 November 2019 in Washington, DC, USA**. The \$700 grant for this research awarded by Iota Sigma in 2017-18 contributed to data analysis of this presentation. Cheryl Westlake is co-author on this as she helped with organization of and data analysis.

- The research supported Ryan's (2009) **Integrated Theory of Health Behavior Change (ITHBC)** concepts of knowledge, belief & social facilitation as contributing to both proximal & distal health outcomes. Because the majority in the community are other than Caucasian, and do not have spirituality necessarily connected to formal church attendance, it highlights the role of the church and nursing to **collaborate** in assessment of and addressing the maintenance or improvement of both physical & mental health outcomes.
- To impact distal health outcomes for community, church will need to focus on prevention: capitalize on strategies to support mental health, increase education, & provide social support structures beyond its own walls (Ansari, Soltero, Lorenzo, & Lee, 2017) & address spiritual & religious behavior potential within the community (Persynaki, Karras & Pichard, 2017).
- In conclusion, **connecting** nursing's distinctive of whole person care with perspective of shalom the church brings offers strengthened intervention to empower the community, reduce health disparities, & shift health care outcomes.

Submitted by Jane Pfeiffer, PhD, RN



## Iota Sigma Chapter Fall 2019 Induction Recap

Iota Sigma conducted our Fall 2019 Iota Sigma Induction over brunch on Saturday morning November 9, 2019. The event was well attended by inductees, families, faculty, and board members for a total of 198. There were 91 inducted with 59 present and 32 in absentia.

A total of 139 guests came to support their student receive a certificate and Sigma Theta Tau cords for their outstanding scholarly work and service in the community. Our guest speaker, Gabrielle Johnson, current DNP and MSN-FNP student, BSPH, presented an inspiring presentation on her work, Innovative Strategies for Homeless Healthcare.



Our fund-raising consisted of an Opportunity Drawing for gift cards as well as donated items. Gifted inductees were awarded scholarships for tuition from funds previously received. Congratulations are in order to our new members into the Iota Sigma Chapter. The next induction will take place in the fall on a Saturday, in November, 2020. Due to the Thanksgiving holiday, the exact date has yet to be determined.

\$390 was raised in our Opportunity Drawing which goes towards future scholarship awards.



---

## Nursing School

---



By Adelina Alejos (post BSN graduate)

My dream since I was 10 years old was to become a nurse. I was born in Merida, Yucatan in Mexico. My mother was a nurse in my hometown of Merida and I always thought my mother looked like an angel in her white uniform. I would accompany her as she cared for her patients who were children. I have earned a Bachelor degree in Industrial Engineering. I came to the United States to become more proficient in the English language and later passed the TOEFL test and moved to England to continue my education. I became pregnant but continued my efforts to complete my education.

I later applied for classes in the US and came to Long Beach where I earned my AA degree in Computer and Business Information Systems. I obtained my American citizenship in 2013 and continued with my desire to become a nurse. I received my general education at Victor Valley Community College and then was accepted at the HD 2+2 Azusa Regional Campus in 2017. I graduated with my second bachelor degree this time in nursing and earned Cum Laude recognition. I was also the Fall 2019 recipient of the Phyllis Eslinger award. I hope to start work in my HD community and to continue to give back by volunteering in the HD. I am pleased to be accepted as an intern with Iota Sigma as I continue in my nursing journey and practice.

---

## Member Abstracts

---

**ABSTRACT #1: Pozza et al., 2019**

**FEATURE: INFECTIOUS DISEASES: CE CONNECTION**

Eradicating hepatitis C virus: The APRN's role

Pozza, Renee PhD, RN, FNP-BC, FAASLD; McCoy-Hill, Catherine DNP(c), CCRN, ANP; Hall, Katherine PhD, RN, FNP-BC; Hefner, Anna PhD, RN, CPNP; Wilgers, Kimberly BS, CMA; Tapelband, Julia BS, EMT; Masroor, Momin BS, EMT; Hassanein, Tarek MD, FACP, FACG, AGAF, FAASLD

[Author Information](#)

The Nurse Practitioner: [November 2019 - Volume 44 - Issue 11 - p 16-27](#)

doi: 10.1097/01.NPR.0000586008.23422.2c

**Abstract:** Chronic hepatitis C virus (HCV) infection is a leading cause of liver disease. The World Health Organization has called for the global elimination of HCV by 2030. NPs can significantly expand the availability of community-based providers and bridge gaps in HCV treatment to assist in eradicating this curable virus.

~~~~~  
**ABSTRACT #2: Ana Maria Gallo**

The Effects of Mindfulness Meditation on Sleep on High-Risk (Antepartum) Hospitalized Patient

Abstract

Introduction: Sleep is important for pregnant women whose growing fetus depends on maternal wellbeing. However, due to the physical, physiological and hormonal changes sleep disturbances increase during pregnancy. Sleep disturbances in pregnancies have been associated with an increased risk of gestational diabetes, prolonged labors, and cesarean births. During antepartum hospitalization, sleep disturbance increases due to hospitalization.

Purpose: To evaluate the effects of a mindfulness meditation digital program on sleep quality, sleep duration and sleep disturbance during hospitalization on high-risk antepartum patients.

Participant: Eighty antepartum women <28 weeks gestation will be asked to participate from two Southern California hospitals.

Method: A randomized controlled mixed-method study. The subjects in the intervention group will be guided through a nightly 10-minute audio mindfulness meditation program for 7 days. Both

---

groups will complete daily sleep diary cards, the General Sleep Disturbance Scale, the Pittsburgh Sleep Quality Index, and the Memorial Assessment Scale. Demographic information will also be collected. Sleep duration and sleep disruption will be measured using wrist actigraphy. After completing the 7 days of the study, a convenience sample of 12 subjects will be interviewed to explore their experience of antepartum sleep. Descriptive statistics and the T-test will be used to analyze objective and subjective sleep data.

Results: This study is currently in progress.

Discussion: Sleep is affected during hospitalization but more so during pregnancy. Providing an alternative method such as meditation to enhance sleep quality to antepartum women is key.

---

**ABSTRACT #3:** Jimenez et al., 2020 (Gallo)

Discharge Improvement Project with Expediter RN and Use of Teletracking™ Technology

Sophia Jimenez, MSN, RN CNS;  
Erika Turner, MSN, RN;  
Felicidad Aquino, BSN, RN;  
Krizia Miguel, BSN, RN;  
Geline Buenconsejo, MSN, RN CNS, PCCN-K;  
Deena Smith, MSN, RN NEA-BC;  
Ana-Maria Gallo, PhD, CNS, RNC; [agallo@apu.edu](mailto:agallo@apu.edu)

**Background**

The Joint Commission requires hospitals to implement projects to improve patient discharge processes. Discharge delays have detrimental effects to patient safety, length of stay, throughput and patient satisfaction. The financial implications for these standards have led healthcare organizations to implement strategies that could improve processes around these measures.

**Purpose**

The aim of this best practice project is to identify hospital discharge problems, the underlying causes and to provide solutions that will facilitate a timely and effective discharge to home process through the implementation of the Expediter RN role and using the available technology to expedite hospital discharges.

**Strategy and Implementation**

By integrating clinical expertise and data analysis, the process identified factors contributing to the delay in discharging patients to home within 240 minutes. The role was created as the primary

liaison between a multidisciplinary team, and at the same time to provide clinical expertise, close medical communication, discharge education and quality assessment for a safe and timely patient discharge. The use of Teletracking technology provided transparency and clear visual for each patient's discharge milestone and real time discharge timer.

**Results**

The percentage of patients discharged within 240 minutes increased from 56% in 2017 to 67% in 2018. The HCAHPS domain on discharge information improved from 85.8% in 2017 to 90.7% in 2018.

**Conclusion**

Leadership commitment to creating a role specific to enhancing the discharge process with the use of technology had significant and sustainable impact on timely, cost-effective and efficient patient discharge.

~~~~~  
**ABSTRACT #4: Todd-Butera and H. Li, 2020**

Accepted for Society of Toxicology 2020 (we were supposed to present it next week, but meeting was cancelled)

Carbon Monoxide Poisoning Fatalities from the National Poison Data System, 2013-2017

Authors: T. Dodd-Butera and H. Li.

Abstract:

In the United States, unintentional exposure to carbon monoxide (CO) results in approximately 50,000 emergency department visits and over 400 fatalities each year (CDC, 2019; Sircar et al., 2015). The purpose of this study was to review the CO exposure and fatality cases reported to U.S. poison control centers (PCCs). Using a retrospective descriptive design, CO exposure data in the 2013-2017 National Poison Data System (NPDS) annual reports were examined for the following variables: age, gender, intent, and the number of yearly fatalities. Analytes and carboxyhemoglobin (COHb) levels of the CO fatality cases were also reviewed when reported.

There were a total of 62,205 single CO exposures in the five-year study period, including 283 fatalities (Female 43.1%). No significant annual trends in CO exposure or fatality were identified. The age reported of these fatality cases ranged from 1 to 96 years (M = 42.05, SD = 24.79). Major reasons for fatal CO exposures included unintentional-environmental (73.1%) and intentional-suspected suicide (17.0%). Unintentional environmental CO fatal exposures affected 115 males and 87 females, and the age distribution peaked at the age of 7 (N = 8), 13 (N = 6), and 64 (N = 6). A total of 25 males and 22 females who died of CO exposures were reported as intentional suicide. No children under 16 years were reported in the suicidal intent category and the two peaks in age distribution for this category were 37 (N = 3) and 53 (N = 3). Carboxyhemoglobin (COHb) was logically the most frequently used analyte (97.28% of 147 analytes) and the average concentration was 45.16% at the time of autopsy (N = 40).

---

The current study revealed no significant improvement in CO fatal or nonfatal exposures during the five-year study period. Unintentional exposures to CO in the environment accounted for the majority of fatal cases among children as well as adults. Suicides via CO exposure accounted for a noteworthy proportion of fatal cases, mostly in adults. Coupled with information from the CDC CO Poisoning Surveillance Network, these findings have important implications for identifying the scope and potential strategies for CO poison prevention. Suggested directions for continued and innovative awareness campaigns could include public health education with a focus on identified CO sources, safety promotion for National Poison Prevention Week, and partnerships between poison prevention outreach programs, emergency departments, suicide prevention programs, school districts, Women, Infant, and Children (WIC) clinics, and Federally Qualified Health Clinics (FQHC). Such efforts offer the potential for decreasing CO poisoning incidents in at-risk populations.

~~~~~

## Thank you letter from Homeless Outreach Clinic

### Action Activity for SIGMA Founder's Day 2019

Your Iota Sigma Chapter held our first Annual Action Activity to revolve around the SIGMA Founders Day in the Fall of 2019. All regional campuses and Azusa/Monrovia selected the homeless communities of their respective areas. We held a donation period at each campus collecting a variety of goods specific to the key recipient organizations: San Diego: San Diego Rescue Mission; Inland Empire: Blessings Center; High Desert: Victor Valley Rescue Mission; and, Azusa/Monrovia: Homeless Outreach Clinic.

As you can see by the pictures included, we were able to provide items that were well-received from the various organizations. This will be an annual effort held in September-October each year. Stay tuned for the specifics for Fall 2020.

Thank you for your generous hearts of giving

~Patricia



LVN-BSN students at Monrovia site with Action Activity donations benefiting the APU Homeless Outreach Clinic program.

Below shows photos of Patricia Esslin (Azusa Campus), personal bag donations to APU Homeless Outreach program





November 2<sup>nd</sup>, 2019

Dear Iota Sigma Members,

This month, The Azusa Pacific University, Homeless Outreach Clinic, was donated the most generous supply of personal care items to pass out to the homeless individuals of East San Gabriel Valley during the 2019-2020 Homeless Outreach Clinic Season. The Homeless Outreach was established in 1997 by Dr. Connie Brehm and has since grown to an annual event that provides care to over 350 homeless individuals every season between December and March.

The Homeless Outreach relies on volunteers and community members for sustainability. The donations collected by Iota Sigma are appreciated beyond the ability for me to express with words. The contributions you all raised will be on display in the clinic room on Thursday evenings during clinic hours of operation. I highlight the fact that they will be on display for our patients to select items from because so often, homeless individuals do not have the opportunity to choose an item personally; instead, most often are handed “undesired” or “hand-me-down” items. One of the most touching aspects of the donations is that they provide an opportunity for the patients served at the Azusa Pacific University, Homeless Outreach Clinic, the chance to select an item of their choice. Often, we take for granted the choice between choosing a pink or blue toothbrush; however, these acts make us feel whole.

I welcome and would love for you all to come out with me during the 2019-2020 Homeless Outreach Season to see the impact your donations have made to our patients.

God Bless, and thank you for your generosity, kindness, and support.

A handwritten signature in black ink, appearing to read 'GJohnson'.

Gabrielle Johnson, DNP & MSN-FNP Student, RN, PHN, BSPH  
APU Homeless Outreach Assistant Director  
[GJohnson@Apu.edu](mailto:GJohnson@Apu.edu)  
Cell: 562-355-0696





Above show photo of San Diego Regional Center Founder's Day Action Activity benefitting San Diego Rescue Mission



Above shows picture taken with Providence Health St. Mary Medical Center's hospital administrators and supervisors. They collected new towels to support Iota Sigma's Founder's Day. The new towels were given as a goodwill gift to the Victor Valley Rescue Mission's Shower Program. The shower program provides the homeless with a shower and clean towels for a moment of refreshment.

Thank you, Kevin Mahaney (Director of Community Health Investment), for your help in Iota Sigma's Action Activity for SIGMA Founder's Day.

|     |                      |    |    |    |    |    |    |    |                               |
|-----|----------------------|----|----|----|----|----|----|----|-------------------------------|
|     | <b>APRIL '20</b>     |    |    |    |    |    |    |    |                               |
|     | S                    | M  | T  | W  | Th | F  | S  |    |                               |
| 8   |                      |    |    | 1  | 2  | 3  | 4  | 8  | Faculty Appreciation Luncheon |
|     | 5                    | 6  | 7  | 8  | 9  | 10 | 11 |    |                               |
|     | 12                   | 13 | 14 | 15 | 16 | 17 | 18 |    |                               |
|     | 19                   | 20 | 21 | 22 | 23 | 24 | 25 |    |                               |
|     | 26                   | 27 | 28 | 29 | 30 |    |    |    |                               |
|     |                      |    |    |    |    |    |    |    |                               |
|     | <b>MAY '20</b>       |    |    |    |    |    |    |    |                               |
|     | S                    | M  | T  | W  | Th | F  | S  |    |                               |
| 13  |                      |    |    |    |    | 1  | 2  | 13 | Board Meeting                 |
|     | 3                    | 4  | 5  | 6  | 7  | 8  | 9  |    |                               |
|     | 10                   | 11 | 12 | 13 | 14 | 15 | 16 |    |                               |
|     | 17                   | 18 | 19 | 20 | 21 | 22 | 23 |    |                               |
|     | 24                   | 25 | 26 | 27 | 28 | 29 | 30 |    |                               |
|     | 31                   |    |    |    |    |    |    |    |                               |
|     |                      |    |    |    |    |    |    |    |                               |
| TBD | <b>JUNE '20</b>      |    |    |    |    |    |    |    |                               |
|     | S                    | M  | T  | W  | Th | F  | S  |    |                               |
|     |                      | 1  | 2  | 3  | 4  | 5  | 6  |    |                               |
|     | 7                    | 8  | 9  | 10 | 11 | 12 | 13 |    |                               |
|     | 14                   | 15 | 16 | 17 | 18 | 19 | 20 |    |                               |
|     | 21                   | 22 | 23 | 24 | 25 | 26 | 27 |    |                               |
| 28  | 29                   | 30 |    |    |    |    |    |    |                               |
| TBD | <b>JULY '20</b>      |    |    |    |    |    |    |    |                               |
|     | S                    | M  | T  | W  | Th | F  | S  |    |                               |
|     |                      |    |    | 1  | 2  | 3  | 4  |    |                               |
|     | 5                    | 6  | 7  | 8  | 9  | 10 | 11 |    |                               |
|     | 12                   | 13 | 14 | 15 | 16 | 17 | 18 |    |                               |
|     | 19                   | 20 | 21 | 22 | 23 | 24 | 25 |    |                               |
| 26  | 27                   | 28 | 29 | 30 | 31 |    |    |    |                               |
| TBD | <b>AUGUST '20</b>    |    |    |    |    |    |    |    |                               |
|     | S                    | M  | T  | W  | Th | F  | S  |    |                               |
|     |                      |    |    |    |    |    | 1  |    |                               |
|     | 2                    | 3  | 4  | 5  | 6  | 7  | 8  |    |                               |
|     | 9                    | 10 | 11 | 12 | 13 | 14 | 15 |    |                               |
|     | 16                   | 17 | 18 | 19 | 20 | 21 | 22 |    |                               |
| 23  | 24                   | 25 | 26 | 27 | 28 | 29 |    |    |                               |
| 30  | 31                   |    |    |    |    |    |    |    |                               |
| TBD | <b>SEPTEMBER '20</b> |    |    |    |    |    |    |    |                               |
|     | S                    | M  | T  | W  | Th | F  | S  |    |                               |
|     |                      |    | 1  | 2  | 3  | 4  | 5  |    |                               |
|     | 6                    | 7  | 8  | 9  | 10 | 11 | 12 |    |                               |
|     | 13                   | 14 | 15 | 16 | 17 | 18 | 19 |    |                               |
|     | 20                   | 21 | 22 | 23 | 24 | 25 | 26 |    |                               |
| 27  | 28                   | 29 | 30 |    |    |    |    |    |                               |
| TBD | <b>OCTOBER '20</b>   |    |    |    |    |    |    |    |                               |
|     | S                    | M  | T  | W  | Th | F  | S  |    |                               |
|     |                      |    |    |    | 1  | 2  | 3  |    |                               |
|     | 4                    | 5  | 6  | 7  | 8  | 9  | 10 |    |                               |
|     | 11                   | 12 | 13 | 14 | 15 | 16 | 17 |    |                               |
|     | 18                   | 19 | 20 | 21 | 22 | 23 | 24 |    |                               |
| 25  | 26                   | 27 | 28 | 29 | 30 | 31 |    |    |                               |
| TBD | <b>NOVEMBER '20</b>  |    |    |    |    |    |    |    |                               |
|     | S                    | M  | T  | W  | Th | F  | S  |    |                               |
|     | 1                    | 2  | 3  | 4  | 5  | 6  | 7  |    |                               |
|     | 8                    | 9  | 10 | 11 | 12 | 13 | 14 |    |                               |
|     | 15                   | 16 | 17 | 18 | 19 | 20 | 21 |    |                               |
|     | 22                   | 23 | 24 | 25 | 26 | 27 | 28 |    |                               |
| 29  | 30                   |    |    |    |    |    |    |    |                               |

8 Faculty Appreciation Luncheon  
13 Board Meeting

4 Independence Day  
23-27 International Nursing Research Congress Abu Dhabi, U.A.E.

TBD Board Meeting

TBD Board Meeting  
15,16 Odyssey Conference  
31 Halloween

TBD 22-29 Thanksgiving Break  
26 Thanksgiving

|                                                                                 |                     |    |    |    |    |    |    |
|---------------------------------------------------------------------------------|---------------------|----|----|----|----|----|----|
| <p>TBD<br/>20-31<br/>25</p> <p>Board Meeting<br/>Winter Break<br/>Christmas</p> | <b>DECEMBER '20</b> |    |    |    |    |    |    |
|                                                                                 | S                   | M  | T  | W  | Th | F  | S  |
|                                                                                 |                     |    | 1  | 2  | 3  | 4  | 5  |
|                                                                                 | 6                   | 7  | 8  | 9  | 10 | 11 | 12 |
|                                                                                 | 13                  | 14 | 15 | 16 | 17 | 18 | 19 |
| 20                                                                              | 21                  | 22 | 23 | 24 | 25 | 26 |    |
| 27                                                                              | 28                  | 29 | 30 | 31 |    |    |    |
| <p>TBD</p> <p>Board Meeting</p>                                                 | <b>FEBRUARY '21</b> |    |    |    |    |    |    |
|                                                                                 | S                   | M  | T  | W  | Th | F  | S  |
|                                                                                 |                     | 1  | 2  | 3  | 4  | 5  | 6  |
|                                                                                 | 7                   | 8  | 9  | 10 | 11 | 12 | 13 |
|                                                                                 | 14                  | 15 | 16 | 17 | 18 | 19 | 20 |
| 21                                                                              | 22                  | 23 | 24 | 25 | 26 | 27 |    |
| 28                                                                              |                     |    |    |    |    |    |    |
| <p>TBD<br/>8-14</p> <p>Board Meeting<br/>Mid-semester Break</p>                 | <b>MARCH '21</b>    |    |    |    |    |    |    |
|                                                                                 | S                   | M  | T  | W  | Th | F  | S  |
|                                                                                 |                     | 1  | 2  | 3  | 4  | 5  | 6  |
|                                                                                 | 7                   | 8  | 9  | 10 | 11 | 12 | 13 |
|                                                                                 | 14                  | 15 | 16 | 17 | 18 | 19 | 20 |
| 21                                                                              | 22                  | 23 | 24 | 25 | 26 | 27 |    |
| 28                                                                              | 29                  | 30 |    |    |    |    |    |
| <p>TBD<br/>1-10</p> <p>New Year's Day<br/>Winter Break<br/>Board Meeting</p>    | <b>JANUARY '21</b>  |    |    |    |    |    |    |
|                                                                                 | S                   | M  | T  | W  | Th | F  | S  |
|                                                                                 |                     |    |    |    |    | 1  | 2  |
|                                                                                 | 3                   | 4  | 5  | 6  | 7  | 8  | 9  |
|                                                                                 | 10                  | 11 | 12 | 13 | 14 | 15 | 16 |
| 17                                                                              | 18                  | 19 | 20 | 21 | 22 | 23 |    |
| 24                                                                              | 25                  | 26 | 27 | 28 | 29 | 30 |    |
| 31                                                                              |                     |    |    |    |    |    |    |

2020-2021 IOTA SIGMA CALENDAR