



SIGMA THETA TAU INTERNATIONAL

The Honor Society of Nursing Iota Sigma Chapter Newsletter

Spring 2009

Chapter Officers and Leaders

President:	Marilyn Klakovich
President Elect:	Lourdes Salandanan
Vice President:	Cathy McPhee
Immediate Past President:	Kathleen Taylor
Secretary:	Alison Riggs
Co-Treasurers:	Pam Cone & Javier Guerra
Counselor Governance Chair:	Viann Duncan
Leadership Succession Chair:	Open
Student Interns:	Joy David & Ashley Morris
Archivist:	Phyllis Esslinger
Newsletter:	Vicky Bowden & Cathy McPhee

In This Issue

- 1 **President's Report**
By: Dr. Marilyn Klakovich
President, Iota Sigma Chapter
- 4 **Success of First Fall Induction**
December 12, 2008
By: Viann O. Duncan
Faculty Counselor
- 6 **Save the Date**
- 7 **Member Perspective**
By: Melinda McKinley
- 9 **Research Award**
- 10 **Research Grant Application Form**
- 14 **Letters Home from a Fullbright**
Scholar in Norway
By: Dr. Pamela Cone
Member, Iota Sigma Chapter
- 19 **Membership Profile**
- 20 **Spring Induction and**
The Silent Auction
By: Kathy Van Allen, RN, MSN
- 21 **Save the Date: Odyssey 2009**
- 22 **Poster Competition Forms**
- 24 **President-Elect Report**
By: Lourdes C. Salandanan, MSN,
RN-BC, FNP
- 25 **Members in the News**
- 26 **Call for Nominations for 2009 Elections**
- 26 **2008-2009 Calendar of Events**

IOTA SIGMA CHAPTER 232 PRESIDENT'S REPORT

By: Marilyn Klakovich
President, Iota Sigma

Spring is always a busy time for Iota Sigma board and members, and spring 2009 is no exception. At the National League for Nursing (NLN) 2008 Education Summit, a panel discussed the need to move from tolerance to celebration of the richness of diversity in our patients, students, and nurses. In this issue, we celebrate the diversity of our chapter and ongoing pursuit of global initiatives in several of our articles. President Elect, Lourdes Salandanan will report on the progress she has made in her work with nurse leaders in the Philippines to start an STTI chapter. Our Treasurer, Pam Cone will share the culmination of her work as a Fulbright Scholar at the University of Bergen, Norway. As you will see later in my report, the 5th Annual Research Day (co-sponsored by the school of nursing and Iota Sigma) will have both a local and global theme.

Speaking of local—in November, Iota Sigma co-sponsored the Career Center's Nursing Recruitment Fair and had an information table at the Fair. Over 50 student nurses and nurse leaders stopped by to obtain information about STTI, Iota Sigma, and membership benefits. In December, Iota Sigma held our first fall induction. See Faculty Counselor/Governance Chair Viann Duncan's report on this ceremony and our new inductees. Plan now to attend our spring induction on April 17, 2009. Our fundraising chair, Kathy Van Allen reports on our 2008 silent auction and requests support from all of our members to have another successful fundraising event at our 2009 induction. At the 2009 induction, Lourdes will be installed as President and will assume the leadership helm of Iota Sigma. Please see the Call for Nominations as we seek to bring new leaders onto our board.

CONTINUED ON PAGE 2

PRESIDENT'S MESSAGE, CONTINUED FROM PAGE 1

Also in this issue, we are pleased to present the perspective of one of our newer members, Melinda McKinley who graduated from APU in 2007 with a BSN and MSN/Family Nurse Practitioner.

STTI Board Leadership Development Program Update

Here's a brief update on my activities since our last newsletter. I am continuing the second phase of the program which focuses on a mentored experience with a national or international board. Dr. Elaine Tagliareni, President, and Dr. Cathleen Shultz, President-elect of the National League for Nursing (NLN) are my mentors as I work with and observe the NLN board. I was able to participate in a board orientation teleconference in December followed by a teleconference board meeting.

I then was able to attend the January board meeting in Philadelphia and observe my two mentors in action. Strategic planning was a major focus of day two of the board meeting, and I got some great ideas that will help the Iota Sigma board with our strategic planning process.

Service Advisory Council Update

Kathie Taylor, past president of Iota Sigma, and I have continued to participate in conference calls with nurses from all over the world as we work together on the Service Advisory Council. We are now in the process of pulling together all the information gathered through focus groups and surveys in order to prepare a white paper to present to President Carol Huston and the STTI board prior to the 2009 Biennial Convention.

Research Activities

Plans for our April 2, 2009 event are shaping up. See the Save the Date flyer that includes information on our theme, speakers, and activities planned for the day. See also our call for applications for our poster competitions for students and nurses in the community.

Later in the year, Iota Sigma will once again be co-sponsoring the SoCal STTI chapters Odyssey 2009 conference. The Save the Date flyer includes information on the location and dates.

If you are planning to do a research study and need some funding to assist with your study, please plan to apply for the 2009 Research Award to be presented at our April 17, 2009 induction. We have extended the application deadline until March 27, 2009 and included the application information in this newsletter for your convenience. You can also obtain an electronic copy of the application by emailing mklakovich@apu.edu.

PRESIDENT'S MESSAGE, CONTINUED FROM PAGE 2

Call to Annual Meeting

All Iota Sigma members are invited to attend our annual business meeting which will be held immediately following Research Day on April 2, 2009. We will provide updates on our activities for the previous year, and discuss plans for our leadership transition.

Our Student Interns

Ashley Morris, our undergraduate student leadership intern (see picture below) and Joy David, our graduate student leadership intern coordinated our January 26, 2009 new freshman welcome. In addition to sharing a pizza dinner with the new students, Ashley and Joy presented on survival strategies to help students be successful in nursing school. Although Joy has been serving as the graduate intern since 2006, Ashley is new to her position. Since accepting the undergraduate intern position in November, 2008, Ashley has also participated in our fall induction ceremony and with the Research Day Planning Committee. We are pleased to announce that Joy will be graduating with her MSN/FNP and Ashley will be graduating with her BSN in May. That means that we will be recruiting for new interns for the 2009-2010 academic year.

Thank You!

This is my final president's report

It has been my pleasure to serve as Iota Sigma president for the past 3 years. Thanks to all the members and particularly the board members who worked closely with me to achieve the goals of Iota Sigma and STTI. I will continue to be involved with the chapter and the board in the coming years, and hope to see many new faces joining us in our activities.



SUCCESS OF FIRST FALL INDUCTION DECEMBER 12, 2008 BY: VIANN O. DUNCAN - FACULTY COUNSELOR

Friday before graduation was a very busy day for the graduates and faculty of the Azusa Pacific University nursing school. The faculty had the monthly SON faculty meeting and then celebrated the holiday season at Christmas parties. The Board of Iota Sigma Chapter 232 held its first December Induction in the early afternoon; then the SON held its December Pinning for the graduating class of December 2008. Friends and family joined the happy Iota Sigma inductees in the beautiful Munson Chapel for the solemn occasion. Iota Sigma Chapter 232 wishes to thank the School of Music faculty and administration for their graciousness in allowing us to use the facility during the graduation weekend. All feedback received from Iota Sigma members attending the induction was positive. Many were delighted with the simplistic formality of the induction and the opportunity to meet new members and their families at the reception following the event. Please extend a warm welcome and encourage these new members to become active in Iota Sigma. We are all looking forward to the next induction that will be April 17, 2009.

The following members were welcomed into Sigma Theta Tau, International, Iota Sigma Chapter 232, during the December 2008 Induction.

The Undergraduates CAPS are registered nurses that have returned to school to complete their bachelor degree, maintained their GPA above a 3.0 on a 4.0 grade point scale and are the top 35% of their graduating class. They also meet the expectation of academic integrity.

Jared Baker	Undergrad CAPS
Ayo Ebuehi	Undergrad CAPS
Judith Hodson	Undergrad CAPS
Julie Katigbak	Undergrad CAPS
Natchanun Poy Sakjirapapong	Undergrad CAPS
Ephrem Solomon	Undergrad CAPS

The nurse leaders invited to join are recognized for their leadership having demonstrated achievement in nursing. They are legally recognized to practice nursing and have a baccalaureate degree in any field.

Ofelia F. Layugan	Nurse Leader
Albert Villanueva	Nurse Leader

SUCCESS OF FIRST DECEMBER INDUCTION, CONTINUED FROM PAGE 4

The students in EENAP Cohort 5 are 'Early Entry into Nursing Advanced Practice' students returning to school to obtain their RN and continue for a graduate degree in nursing. They have achieved academic excellence of a 3.5 GPA on a scale 4.0 grade point average system is used. They each meet the expectation of academic integrity.

Sonia Brooks	grad
Jarcelyn Dandridge-Williams	grad
Carolyn Cherie Davis	grad
Jessica Dean	grad
Kelly Joy Lotz	grad
Christine Angeli Madrid	grad
Erica Maldonado	grad
Christine Joy Vega Natan	grad
Erin Rogers	grad
Loreta Tan Sanchez	grad
Stephainie Ten Eyck	grad
Cynthia Wallingford	grad
Noviani Whindarto	grad
Nadia Mojica Wooley	grad
Paige Aurita Zeigler	grad





Save the Date

5th Annual School of
Nursing Research Day
*“Translating Research into
Practice Locally and
Globally”*

April 2, 2009
9 a.m. - 4 p.m.

Felix Event Center
Azusa Pacific University

Featured Speakers:

Dr. Dana Rutledge, PhD, RN

Dr. James Miser MD

Dr. Pamela Cone, PhD, RN

Dr. Lorna Kendrick, PhD, RN

Also

1. Panel Discussion
2. Posters

Continuing Education Units
Available

Please email Marilyn Klakovich for
more information or to be placed
on invitation list.
mklakovich@apu.edu



SPONSORED BY IOTA SIGMA AND APU SCHOOL OF NURSING

MEMBER PERSPECTIVE BY: MELINDA MCKINLEY

I graduated from APU on December 15, 2007 with a BSN and as a Family Nurse Practitioner with an MSN. I was inducted into Iota Sigma in the spring of 2007 when I was officially half-way through my program. I took one more year than my classmates to be invited to IS due to the birth of my baby boy during the third semester of the program. His birth delayed one class so I had to work hard the following year to catch up to my classmates while maintaining my GPA.

The induction was special to me for a couple of reasons. My undergraduate degree in kinesiology was not as challenging as the nursing program, so I did not put as much effort towards it. When I began nursing school I was on a mission to prove to myself that I could do better by keeping a higher GPA and being recognized by an honor society. Secondly, shortly after starting nursing school my husband and I became pregnant which threatened my plans of finishing school, on time, and with the grades for which I was striving. Being inducted into the International Honor Society meant that I was accomplishing my goals: to reach my highest potential and to persevere when unforeseen life changes arose.

I am currently working at Citrus Valley Medical Center, Queen of the Valley Campus in the Mother Baby Care Unit. I began working on this unit in May 2008 after spending the first four months after graduation in a family medical clinic as a Nurse Practitioner. The decision to change courses was difficult for me because working as a NP is my long term goal. The decision was partly economic and partly because of what is developing as “my calling.” My family needs were more wholly satisfied with the schedule and income of working in the hospital compared with working as a new graduate Nurse Practitioner with no prior RN experience. Secondly, in the latter part of the MSN program I spent a significant portion of my time working with high school females and the issues of sexually transmitted illness, birth control, and pregnancy. I realized after having my son and working with this population that women’s health, particularly with a younger population, is a passion for me. When I began looking for an RN position, I believe my calling combined with a series of connections (meeting the right people at the right time), led me to my current position.

STTI influences both my approach and practice in two unique ways. First, being a member of STTI holds me to a higher standard. I want to represent any organization I belong to well, especially because I am proud to say I am a member. Secondly, STTI reinforces the concept of evidenced based practice. Current research is discussed and shared by members through newsletters, research forums, and basic interaction amongst members who are in educational roles. A high standard of patient care is advocated because it is based on the most recent information. This approach is important to me not only because I want to provide my patients with excellent care but also because I want to be able to share with patients, friends, and family why patient care, treatment, or medical practice is done and the rationale behind it.

MEMBER PERSPECTIVE, CONTINUED FROM PAGE 7

I envision STTI helping me by being a platform from which I can hopefully be involved in research as well as share that research with the world. As previously mentioned, women's health is of particular interest to me, specifically regarding teenagers. I foresee myself being involved in problem-solving that can be developed by research and utilized to improve the health of young women and children and consequently society as a whole. In this manner I can share my expertise with my fellow members and be a contributing partner in this community of nurses.

As a new graduate I have felt torn between conflicting passions and obligations. I was relieved that school was over and I wanted to spend time with my family. Yet, I was ready to embark on a new adventure called my career. Now that I am a year post graduation the importance of belonging to a professional organization and/or Honor Society is much clearer to me. Being past the new graduate concern of surviving a new job, my focus is being redirected back to issues of professionalism, evidence based practice, and research.

IS might consider developing an incentive to draw in and/or retain new graduates. For new members who feel such as I did, pulled in different directions post-graduation, a specific reason to be involved might be all that is needed to keep them involved. Two ideas are: an invitation just prior to or post graduation to meetings and committees, and mentorship from senior members. Helping the new graduate transition will ensure the graduate remember the value of the Honor Society and possibly facilitate and hasten the return contribution of the new inductee/ new graduate.

AZUSA PACIFIC UNIVERSITY SCHOOL OF NURSING IOTA SIGMA CHAPTER 901 E. ALOSTA AVE., AZUSA, CA 91702 • (626) 815-5406

RESEARCH AWARD

PURPOSE OF THE AWARD

Iota Sigma chapter has allocated monies to provide assistance to members who are conducting investigations on phenomena relevant to nursing.

CRITERIA FOR AWARDING GRANTS

1. Applicants are required to meet the following criteria*:
 1. Are registered nurses with current license.
 2. Are ready to start or have started the research project.
 3. Have submitted a complete research application.
 4. Have signed research agreement with Iota Sigma (see Research Grant Application Form).
2. The grant award will be based on the quality of the proposed research, the past performance and future promise of the applicant, and the applicant's research budget.
3. The Research Committee of Iota Sigma will recommend who will receive the grant award

**Preference will be given to Sigma Theta Tau members, other attributes being equal.*

GRANT ALLOCATION

1. Proposals should include a complete project budget specifying how the designated \$750 award will be allocated.
2. Duplicate funding is not permitted; however, dual or multiple sources of funding to make a larger study possible is permitted.
3. The Research committee will consist of 3 voting members. They are the Research Chair of Iota Sigma and 2 active members who have earned doctorates and have had experience in research.
4. Policies and procedures used in making the award are approved by the Iota Sigma Board Members.
5. A proposed deadline is on February 28 each year.

GENERAL INSTRUCTIONS FOR APPLICANT

1. Send applications to the Iota Sigma Research Chair on or before February 28 each year.
2. Submit 3 copies with the following subsections: (1) Application form , (2) Proposal narrative & (3) Appendices (or submit electronically to mklakovich@apu.edu)
3. A final report is to be submitted to the Iota Sigma Research chair within 3 months after completion of the study. Theses or dissertations are not acceptable as final reports.
(See guidelines for Preparation of the Final Report.)
4. Awardee is required to present the completed study at the next Southern California Joint Research Conference following completion of the study.

RESEARCH GRANT APPLICATION FORM

A. APPLICATION INFORMATION

Title of Project: _____

Principal Investigator

Name _____

Institutional Affiliation _____

Preferred Mailing Address _____

City _____ State _____ Zip _____

Business Phone (_____) _____

Home Phone (_____) _____

E-mail: _____

Registered Nurse License No. _____

Current active Iota Sigma Chapter Membership Yes No

Have you ever received a Sigma Theta Tau International Research Award: Yes No

If yes, Date _____

Have you ever received an Iota Sigma Chapter Research Award? Yes No

If yes, Date _____

Have you applied for or are you now receiving support for this research? Yes No

If yes, please identify sponsor and amount requested. _____

Sponsor _____ Amount Requested \$ _____

Amount Received \$ _____

Dates Covered \$ _____

Other Information: _____

Amount requested from sources **other than Iota Sigma Chapter** \$ _____

Amount requested from Iota Sigma \$ _____

Total budget of the project \$ _____

Human subjects involved? Yes No

Animal subjects involved? Yes No

Current active Iota Sigma Chapter Membership Yes No

Institutional Review Board action (Include a copy of the approval).

Approval Date _____

Comment: _____

Information to be completed by master or doctoral students submitting a research proposal:

Degree sought _____ Expected Date of Completion _____

Are you admitted to candidacy? Yes No

University _____ College/School _____

Department _____ Major _____

Minor(s) _____

Name of Research Advisor/Chairperson _____

(Please note that students are required to submit a letter from their Research Advisor/ Chairperson indicating approval of research plan by entire research committee. Also note that the biosketch for the research committee chair must be included with the application.)

Starting Date of Project _____ Proposed Completion Date _____

B. RESEARCH GRANT AGREEMENT

If my proposal is approved for funding by the Research Committee, I agree:

1. To assume responsibility for the scientific conduct of this project.
2. To use the grant for the research project as described in the proposal, and to return any excess funds to the Treasurer of Iota Sigma.
3. To send three copies of a final report upon completion of the project.
4. To publish or present the findings of the research, especially at a future Iota Sigma Chapter Research Conference following the completion of the study.
5. To acknowledge Iota Sigma's support in all presentations/publications.
6. That I will not accept duplicate funding.

Signature of Principal Investigator

Date

BUDGET FOR ENTIRE PROPOSED PERIOD

Dates: From _____ through _____

BUDGET CATEGORY	AMOUNT
<p><i>PERSONNEL: Salaries for investigators will not be funded. Include hourly rate for personnel. Typing costs must be those directly related to the research. Typing of thesis or dissertation will not be funded.</i></p> <p>Consultants (limit to \$25/hour)</p>	
Research Assistants	
Secretarial Staff	
Other (<i>please specify</i>):	
SUPPLIES (<i>Include only when not provided by institution</i>)	
EQUIPMENT	
COMPUTER COSTS (<i>Include only when not provided by institution</i>)	
OTHER EXPENSES (<i>Travel for Data Collection only</i>)	
TOTAL	

JUSTIFICATION (Justify all expenditures in the space below):

- * Iota Sigma does not fund indirect costs, nor costs related to completing an education program (e.g., tuition). Budget should be a complete project budget specifying how the \$750 award will be allocated.

PROPOSAL NARRATIVE (3-5 pages, double spaced, APA Format)

1. Complete the attached cover sheet and submit it with your proposal.
2. Purpose/Aims of Study: Clearly state what the study is intended to accomplish and/or what research questions are to be answered and/or what hypothesis(es) is (are) to be tested.
3. Significance of the Study: What is the potential contribution of your study to nursing?
4. Research Design and Methods: Identify the research design.
 1. Subjects: Describe the target population and characteristics of the subjects. Include number of subjects, the rationale for sample size, the sampling frame and the sampling procedure.
 2. Instruments: Reports the specific characteristics of the instruments, including the psychometric properties (reliability and validity). Address how the tool will be used. Include the measure in the Appendix.
 3. Procedures: Describe clearly the procedures for data collection. Specify what kinds of data you expect to obtain. Provide study protocol if interventions are involved.
 4. Data Analysis: Describe the means by which the data will be analyzed and/or interpreted.
 5. Time-Frame: Provide a 12-month schedule that details the timing of the main steps of the study.
5. Human Subjects or Animal Use: Include a copy of the IRB approval of the sites where data collection will take place and a copy of the consent form in the appendix.
6. References: List the references cited in the proposal using APA format.
7. Appendices (include only if applicable):
 1. Letters of support from thesis/dissertation advisor, co-investigator(s), and consultant(s)
 2. Resume or CV of principal investigator.
 3. IRB approval form (if human subjects or animal use involved).
 4. Consent form
 5. Copy of paper/pencil instrument, interview format or other instruments, scoring instructions and documentation of copyright permission when appropriate.

GUIDELINES FOR PREPARATION OF THE FINAL REPORT FOR FUNDED PROJECTS

Final narrative and financial reports are due 90 days following completion of the funded project. The final report should consist of a 200 word abstract which summarizes project aims, study findings and recommendations. A report reflecting actual expenditures should be attached.

Please send a copy of the completed report to:

Marilyn Klakovich, Research Committee Chair
Iota Sigma Chapter
Sigma Theta Tau International, Inc. Honor Society of Nursing
Azusa Pacific University
School of Nursing
901 E. Alostia Avenue
Azusa, CA 91702

LETTERS HOME FROM A FULBRIGHT SCHOLAR IN NORWAY BY: DR. PAMELA CONE MEMBER, IOTA SIGMA CHAPTER

January 2008

I am again writing from Snowy Bergen! While we were told that it rarely snows in Bergen due to the tip of the Gulf Stream hitting the coast here, it has been unseasonably cold here this winter. So, more snow fell as we were being driven home from the airport and the whole world turned white over the weekend. Home in Bergen is what we are saying to each other, so my husband and I have been made so welcome that we really feel at home here! In just six short months we have been embraced by a reserved culture and we will never be the same again! We will miss our friends and colleagues here, and we have made a commitment to come back from time to time. The following is a brief snapshot of what we have learned about Norway as well as what my Fulbright role here entailed with a part Lecturer and a part Researcher assignment with 50% at each of my two host institutions.

People & Culture: I was assigned to two sites in Bergen Norway, and both the University of Bergen (UiB) Nursing Institute and Haraldsplass Diakonale Høgskole (HDH), the University College of Nursing warmly embraced us and made us feel at home. They helped us adjust to Norway's climate, making sure that we knew how to dress for each type of weather. They also assisted us to interpret the culture, helping us understand Norwegian people, thinking, and ways of being. We have learned so much about the people and places of Norway that we will no doubt be processing it all for months to come. Spending a week travelling through the mountains and fjords of western Norway helped us to understand the Norwegian fascination with nature walking and "going to the mountains" on weekends or whenever possible. Participating in the Faculty Development retreat enabled us to delve into philosophy and understand the Diakonale system – not related to church deacons, but instead, a philanthropic organization whose mission is to put hands/feet/voice to Christian service with kindness and compassion. Having lunch each weekday with the nursing faculty helped us understand many things about their beliefs and ways of managing life in the Far North. Living in an area where the light fades earlier each day as the season progresses, and where the sun sets farther south every night has helped us to understand the importance of light & candles here; interestingly, there is no Seasonal Affective Disorder in Norway...

We were told by the Fulbright Foundation here that we need to find a club or some local group to meet regularly so that we can get to know Norwegians at a deeper level than just polite conversation. So we began attending the closest church (very Norwegian of us) and discovered that it is a "Free Church" meaning it is not part of the Lutheran State Church but is a free and separate entity. It is quite small, maybe 45 on a Sunday morning, so we got to know everyone quite quickly. They invited us to their homes, took turns translating for us, and even put an occasional English chorus into the worship services. All three of the pastors have jobs and they serve together as a committee of pastors, and one of the them always put the headings of his sermon in English below the Norsk, along with his Scripture references,

LETTERS HOME FROM A FULBRIGHT SCHOLAR IN NORWAY, CONTINUED FROM PAGE 14

so that we could follow his message. So our entry into church family life has blessed us indeed. We have made several life-long friends through the church, and we were able to attend many events that we would have missed entirely if we had not been involved in church family life. For example, we attended a charity concert for the Salvation Army because of the worship leader playing Tuba in the band and we had shared our love of brass instruments (among our children we have two trumpeters and a French horn player). That was a wonderful cultural experience and a spiritual high as well!

Our primary Fulbright contact for HDH, Dr Tove Giske, a huge blessing in many ways, was very instrumental in helping us get settled in (housing, banking, work setting, etc). She and her family made sure that the apartment was furnished, picked us up at the airport, and even housed us overnight so that we would have a chance to relax before doing the work of settling in to a strange place. Over these months, Tove (who is Director of Research for both the hospital and the nursing school) and I have spent many hours together working on the Grounded Theory book as well as a number of other scholarly projects. In addition, we have spent time walking, visiting, eating, and shopping together. Tove has become very dear to me! Her 12 yr old daughter Åna took my husband under her wing and has been helping him learn about Norway and also learn how to say a few things in NyNorsk (new Norwegian).

Teaching – 50% As far as teaching is concerned, I was kept busy teaching at both UiB and HDH. the leadership at HDH was particularly helpful and accessible to me, but both institutions made it possible for me to teach and dialogue with students. I had five all morning sessions and one afternoon session with various undergraduate students at HDH on topics such as chronic health problems of the elderly, health promotion among the elderly, transcultural nursing, working with immigrant populations, and global health issues, as well as two sessions with students preparing to go on study abroad trips. They are pretty much sent abroad on their own, with two or three students going together to various countries (Bangladesh, India, Tanzania, Nigeria, Uganda, and Madagascar) where they serve under preceptors from host organizations rather than having a university college teacher go with them. I also held faculty seminars on spiritual care research, research among the homeless, and faith integration into the curriculum. At the University of Bergen, I taught two morning and two afternoon seminars (two hrs at each seminar) on research methods, both introductory and advanced, and on spirituality and spiritual care. I also held two doctoral sessions on qualitative research. Next week I will teach one more session on my homeless research and then will do two in-service sessions for the nurses at the local hospitals. Interestingly, hospital is sykehus in NyNorsk, which means “sick house” and nursing is sykepleie, meaning “sick care”. So HDH is Haraldsplass Diakonal School and HDS is Haraldsplass Diakonal Hospital => My in-service sessions at HDS and Haukeland Sykehus hospitals will be on spiritual care giving and various strategies for meeting the spiritual needs of patients. I am excited about these last teaching sessions, particularly since these hospital nurses have never had education or training in spiritual care!

I also have done a great deal of prep work and writing. Every session required powerpoint slides, that could be made available to attendees, and they needed to include readings in Norwegian to help them access the content more fully than when using English texts. So this has been a particular challenge to

LETTERS HOME FROM A FULBRIGHT SCHOLAR IN NORWAY, CONTINUED FROM PAGE 15

me! In addition, I have been collaborating with Tove on the book on Glaserian Grounded Theory that is under contract with Springer Publishing. We are two of the three Editors (Dr Barbara Artinian is the 1st Editor), and we each are writing 5 or 6 of the 30 or so chapters. We met monthly with a group of Grounded Theory researchers to work on writing up our GT work and encouraging a high level of scholarship within each other. I am also the final Editor for our book and have worked directly with almost all of the 12 authors to finalize their chapters. All materials must be in Springer's hands by March 1st, so this project has kept me very busy!

Two other areas that fall under my Lecturer role include faculty development and mentoring. Every two years the HDH faculty (nursing and psychiatric counselling departments) and staff travel outside of Norway (on a government educational grant) to spend time in faculty development. This year the theme was philosophical underpinnings for our fields, so Athens, Greece was a great choice of location. My husband and I were invited to attend the week long workshop that was held in September. In addition to a three hour in-class lecture, we had an all day walking lecture as we strolled around and then up onto the Acropolis to the Parthenon. We were able to actually stand where the Apostle Paul stood and listen to his speech being read in BokNorsk from the book of Acts (we read it from our English new testament). That was really special! The faculty also worked on the HDH mission and vision statements, so I was able to give a great deal of input based on the APU-SON work in those areas (I was on the Vision task force last year). I also gave a presentation on e APU-SON our way of doing Faith Integration into each course in our curriculum, and that dove-tailed nicely with their discussion on how to make more explicit the Christian mission in their nursing program.

As a Faculty Mentor, I was a consultant to teachers on both quantitative and a qualitative research projects as well as for spoken and written English. Several teachers were writing articles for English language journals, so they wanted help with their writing. Spoken English was improvement was of interest to many as well, so we usually spoke English at lunch time. The school is small enough and Norwegian lunch tradition strong enough that we met every day for lunch at 1100 for some and 1130 for others. Lunch is a 45 minute break, so that gave 15 minutes when everyone was together. This tradition of fellowship resulted in a warm and friendly atmosphere at work, so it was great fun to discuss things in English and help them when they struggled for words. In some colleagues, I can really hear the improvement over the last five months as their ability to express themselves developed rapidly when they had regular English conversations.

Research: Finally, I think I have kept most folks to date on my grounded theory (GT) research, but I will give a quick recap. My study of spiritual care and how nurses learn to give it is a large four site study. I have 17 interviews and hope to do 4 more for a total of 21. There are 7 teacher interviews and 10 student interviews with 4 pending. I am trying to get them all scheduled, but some of the last four may have to be done by my co-investigator, Tove, if I cannot complete them before I leave Norway in 26 days! I started analysis several months ago (after the first interview) and continue to code interviews as they come back to me from my transcribers. So far I have done open coding on 11 interviews. I discovered that for students, the main concern seems to be providing spiritual care without damaging

LETTERS HOME FROM A FULBRIGHT SCHOLAR IN NORWAY, CONTINUED FROM PAGE 16

the nurse-patient relationship in a culture that has significant boundaries based on the Norwegian value of privacy in regards to matters of faith and spirituality being a taboo subject that is completely private. This is a serious hurdle for nurses and student nurses alike. The teachers' main concern may be that of how to develop spiritual care competence in an area that is a taboo. That concern needs to be clarified, so I am continuing to code the last two four teacher interviews. A number of themes have emerged, and I have heard no new themes in the last few interviews, which according to GT means that categories are saturated. However, I still want to get the other interviews, mostly because HiB is the largest nursing program with the fewest participants, and I would like an interview at each level from each site.

In addition to this, I have a small research project here addressing the question of what are the identified vulnerable populations and how their needs are being met in Western Norway. I have had one observational visit and two interviews at the City Mission here in Bergen, and I am travelling to Trondheim and Tromsø (far north) next week to visit two more sites. I have identified the vulnerable populations the Bymisjon serves and the various strategies for meeting their observed needs here in Bergen, and I look forward to comparing my findings from the other cities to those of Bergen. This project includes elderly people in Norway, which is a minor part of my Fulbright proposal, as well as the immigrant population, which is of growing concern to Norway. These findings may be presented at conferences, but I will at the very least write a paper for a Norwegian audience as well as one for American health care providers. Data analysis for this will have to be done back in the US since it is a secondary project to my spiritual care research and data collection just started last week.

As far as research dissemination is concerned, my work will be used by Dr Tove Giske in the Handbook on Spiritual Care that she is writing in Norwegian, and it will be written up in articles after my return to the US. I am presenting my Fulbright research findings at the Nursing Research Day at APU in March and at the Student International Conference on Spiritual Care in Bergen in April. At the Bergen conference, senior APU nursing students Sunny Bishop and Leah Butts will each present observational research sessions on spiritual care, Sunny on South Africa and Leah on Brazil. I am very proud of those students and am looking for funding to help them meet travel expenses for their trip to Bergen. I am also very excited about being given an hour long workshop at an International Interdisciplinary Social and Health Sciences Conference in Athens in July. Tove & I will together be presenting my Fulbright research findings at this workshop. I have also been asked to submit an abstract for the 28th International Human Science Research Conference in Molde, Norway, that has the "Scandinavian Journal of Caring Science" as its output, so I might be coming back in June! So already I have one local and two international presentations and another possible international one, all related to my Fulbright research! In addition, a poster on Reconnecting as a Strategy to Overcome Homelessness was accepted at the National Conference on Caring for the Homeless in Washington, DC in June; Connie Brehm and I will present together on health care and reconnecting strategies for the homeless. It looks like I have a busy summer ahead, especially since I will also be teaching 6 units at the graduate level!

LETTERS HOME FROM A FULBRIGHT SCHOLAR IN NORWAY, CONTINUED FROM PAGE 17

Well, that about sums it up! I will be wrapping up my work here in Bergen over the next few weeks and will continue data analysis and presentation preparation on our return to Glendora. We will leave here with very mixed feelings because of the deep friendships we have developed while here in Norway!

As the evening wanes here at UiB, I have to start the “dressing” process required in Norway of putting on outdoor gear to protect one from the cold and the rain (or maybe sleet tonight since it is very cold or kald). This includes extra layers, raincoats or winter coats, rain or snow boots (you always take shoes off in homes & take work shoes with you to your place of work), warm gloves, scarves, and umbrellas/hats/hoods – something to protect your head. You also usually have a protective cover for your backpack, but I will be going to meet my husband for dinner downtown, so I am taking the bus and not walking.

We arrive back in California on January 31st, so we will see you all on Monday, February 2nd. I have missed you folks, but in all honesty, our time here has been so rich that I will really miss the folks here when I am back at APU! Heaven with no separation looks awfully good right now! And if anyone is looking for a good relaxing book that is also very thought provoking, I recommend “The Shack” by W. Young. It is an amazing look at a journey through pain into light!

God bless you all, and we will see you soon!
Dr Pam Cone, Fulbright Scholar in Norway



Our Iota Sigma Membership Profile

Active Members: 416

Inactive Members: 545

Total Members: 961

New Members Inducted in 2008: 120

Wouldn't it be wonderful if we could reverse our active and inactive member numbers? Stay tuned for information about our March/April membership drive.

Designing Your Membership

Questions about designing your membership experience?

Not receiving your STTI publications?

Visit www.nursingsociety.org/membership/main.html

Call 888.634.7575 (US/Canada) +1.317.634.8171 (Direct)

E-mail memserv@stti.iupui.edu

Complete your VIPprofile

What: VIPprofile – Volunteer Interest Profile

Your interests and talents are valued and Sigma Theta Tau International wants to place you in a meaningful volunteer position. The VIPprofile is a tool designed to assist us in matching volunteers with rewarding volunteer opportunities in the areas of their interest. We invite you to fill out VIPprofile today.

How: How to Access VIPprofile

To access VIPprofile, go to the Sigma Theta Tau International Web site, www.nursingsociety.org and click on the link listed on the right of the main page, or type the following URL into your browser: <http://www.nursingsociety.org/VIP>. Please note that you will need to have your member number available to enter the site.

When: ASAP

We do not want to delay in placing you in an opportunity based on your interests and expertise.



Iota Sigma Recruits New Members

SPRING INDUCTION AND THE SILENT AUCTION

BY: KATHY VAN ALLEN, RN, MSN

April 17...Spring Induction is just around the corner. We are once again planning a silent auction to raise money to support Iota Sigma's efforts to fund nursing scholarships and research. The silent auction has been one of our biggest fundraisers to support these projects. Last year, we raised more than \$1300 with our silent auction and raffle. We need everyone's support with the donation of auction items. Gift baskets, home decorating items, jewelry, gift cards, event tickets, purses and other accessories have all proven to be successful fundraising items.

Please contact Kathy Van Allen at 626-851-2741 or via e-mail at kvanallen@mail.cvhp.org if you and/or your organization are able to make a donation to the silent auction. Please include a brief description of the item, estimated value and any arrangements needed to pick up your donation. Although we will accept donations the day of the event, please try to provide as much information as possible to assist with planning the auction by Wednesday, April 15.

Save the Date



Odyssey 2009

Where: Ontario Airport Marriott
2200 E. Holt Boulevard, Ontario, CA 91761
When: Thursday, November 12, 2009
Friday, November 13, 2009
Who: Joint Southern California STTI Chapters' Conference





THE HONOR SOCIETY OF NURSING, SIGMA THETA TAU INTERNATIONAL IOTA SIGMA CHAPTER/
 APU SCHOOL OF NURSING 5TH ANNUAL RESEARCH DAY
 NURSES IN PRACTICE POSTER PRESENTATION COMPETITION: APRIL 2, 2009

Beyond the Evidence Base Translating Research into Practice Locally and Globally

The Iota Sigma chapter of **The Honor Society of Nursing, Sigma Theta Tau International, Inc.** invites you to submit a proposal for a student poster presentation competition for the **5th Annual Research Day**, cosponsored by the Azusa Pacific University School of Nursing and Iota Sigma. Translating research into practice locally and globally is the focus of the Research Day and the goals are:

- Provide an avenue for dissemination of evidence-based research and linkages to clinical applications.
- Utilize researchers as role models to encourage excellence in students and colleagues.
- Provide networking opportunities and promote collegiality among students and nursing professionals.
- Provide a forum for students and nurses in the community to present their work.

We welcome poster proposals from practicing nurses on innovative, practical ideas in administration, clinical practice, research, and education that can be used in a variety of settings including ambulatory, hospital, home, school, military, and industry. Posters do not need to relate to the conference theme, but must be based on scholarly work. Individuals or groups of nurses can submit a poster. Posters presented at other conferences can be submitted, as long as they have not been presented at a previous APU/SON Research Day.

The Iota Sigma Research Committee will judge the posters based on the following criteria:

- Clarity of description of the content
- Feasibility of application to a variety of settings
- Overall appearance of poster
- Importance, depth, focus, level of audience interest
- Originality of topic/presentation

The three top scoring posters will receive a recognition award.

SUBMISSION GUIDELINES

Keeping the selection criteria in mind, prepare a 1-page application of the poster presentation including:

- Presenter Information
 - Name and email for each presenter
 - Employment and Position
 - Member STTI? If yes, chapter _____
- A content outline indicating
 - Title of the poster
 - Methods
 - Conclusions/Implications
 - Purpose (include intended audience)
 - Results

Apply by email by **February 23, 2009**, to:

CALL FOR PROPOSALS (subject heading)

Marilyn Klakovich, President, Iota Sigma and Co-chair Research Day Planning Committee
mklakovich@apu.edu



THE HONOR SOCIETY OF NURSING, SIGMA THETA TAU INTERNATIONAL IOTA SIGMA CHAPTER/
APU SCHOOL OF NURSING 5TH ANNUAL RESEARCH DAY

STUDENT POSTER PRESENTATION COMPETITION: APRIL 2, 2009

Beyond the Evidence Base Translating Research into Practice Locally and Globally

The Iota Sigma chapter of **The Honor Society of Nursing, Sigma Theta Tau International, Inc.** invites you to submit a proposal for a student poster presentation competition for the **5th Annual Research Day**, cosponsored by the Azusa Pacific University School of Nursing and Iota Sigma. Translating research into practice locally and globally is the focus of the Research Day and the goals are:

- Provide an avenue for dissemination of evidence-based research and linkages to clinical applications.
- Utilize researchers as role models to encourage excellence in students and colleagues.
- Provide networking opportunities and promote collegiality among students and nursing professionals.
- Provide a forum for students and nurses in the community to present their work.

We welcome poster proposals from practicing nurses on innovative, practical ideas in administration, clinical practice, research, and education that can be used in a variety of settings including ambulatory, hospital, home, school, military, and industry. Posters do not need to relate to the conference theme, but must be based on scholarly work. Individuals or groups of nurses can submit a poster. Posters presented at other conferences can be submitted, as long as they have not been presented at a previous APU/SON Research Day.

The Iota Sigma Research Committee will judge the posters based on the following criteria:

- Clarity of description of the content
- Feasibility of application to a variety of settings
- Overall appearance of poster
- Importance, depth, focus, level of audience interest
- Originality of topic/presentation

The winning poster in each of the following categories will receive an **award of \$100**:

1. BSN student poster
2. MSN student poster
3. PhD student poster

SUBMISSION GUIDELINES

Keeping the selection criteria in mind, prepare a 1-page application of the poster presentation including:

- Presenter Information
 - Name and email for each presenter
 - Name and Student Level
- A content outline indicating
 - Title of the poster
 - Methods
 - Conclusions/Implications
 - Purpose (include intended audience)
 - Results

Apply by email by February 23, 2009, to:

CALL FOR PROPOSALS (subject heading)

**Marilyn Klakovich, President, Iota Sigma and Co-chair Research Day Planning Committee
mklakovich@apu.edu**

PRESIDENT-ELECT REPORT 3 FEBRUARY 2009 LOURDES C. SALANDANAN, MSN, RN-BC, FNP

Update on the STTI Chapter in the Philippines

In the last edition of our newsletter, I wrote about efforts to establish a STTI Chapter in the Philippines. At the time of publication, we were awaiting the results of the exchange of information between the University of the Philippines, College of Nursing (UPCN) and STTI's Governance Committee. There has been marked progress since then. In December 2008, the chancellor of the university accepted UPCN's formal request to establish a chapter in the university. In addition to this step toward progress, the STTI's Governance Committee has pre-approved the establishment of a chapter at the UPCN in the future. The college is now moving forward with plans to meet the requirements of the pre-honor society chapter which will hopefully evolve into an official STTI chapter in the near future.

Update on the Biennial Chapter Key Awards

Iota Sigma's Chapter Key Awards application process started in summer 2008. The application process is the first to use the new criteria that is most aligned with STTI's strategic direction of leadership, knowledge, service, community, and sustainability. A total of 76 points are possible under this new system. The minimum score that a chapter must have in order to be considered for this award is 40 points.* I am delighted to inform you that at the time of publication, we have accrued 63 points! We are well on our way to the judging process. Our application will be submitted before the deadline which is July 15, 2009. We are hopeful that our chapter delegates will be honored with this award at the 40th Biennial Convention in Indianapolis in November.

* Due to the timing of the new criteria, the required points required for consideration has been set at 40 for this biennium only.

Chapter Communication Award

While preparing our application for the Chapter Key Awards, our efforts to communicate with our members, campus community and the public became very apparent to me. A lot of effort is put forth to communicate to the various generations and cultures that comprise our membership and our community. Our members are spread all over the world and interestingly, we are able to reach them with various communication genres. Such communication efforts enhance the chapter and the honor society's visibility. The realization sparked interest in yet another award application process. We have decided to also apply for the Chapter Communication Award. The deadline for the submission of this award is March 5, 2009. We are hopeful that our chapter delegates to the 40th Biennial Convention in Indianapolis will receive not just one, but two awards: the Chapter Key Award and the Chapter Communication Award.

MEMBERS IN THE NEWS

School of Nursing Awarded Ten Year Accreditation

It is my pleasure and honor to announce that the School of Nursing has been awarded a ten year accreditation from the Commission on Collegiate Nursing Education (CCNE), the national accrediting agency for nursing education. This affirmation comes to Azusa Pacific University with the distinction of no compliance concerns recognizing the university's dedication and commitment to providing excellent nursing programs for our students.

Aja Tulleners Lesh, Dean
School of Nursing .

• • •

Hurrah to Dr. Pam Cone, School of Nursing, and her colleagues Dr. Barbara Artinian, Professor Emeritus, and Dr. Tove Gisk, of Haraldsplass Diakonale University College (in Bergen, Norway), for obtaining a contract for a book they are co-editing.

Artinian, B., Cone, P., & Gisk, T. (book under contract). *Developing Glaserian grounded theory in nursing research: Trusting emergence*. New York, NY.: Springer Publishing.

• • •

Kudos to Dr. Patricia Hanes, School of Nursing, for her paper presentation at a regional conference.

Hanes, P. (2008, October). *Engaging adult and traditional students in classroom discussion*. Paper presented at the 13th Joint California Chapters Sigma Theta Tau International Odyssey Conference, Cerritos, CA.

• • •



CALL FOR NOMINATIONS FOR 2009 ELECTIONS

Iota Sigma is seeking nominations for the following positions:

OFFICE	TERM
President-elect	2 year term 2009-2011 and serves and serves as President 2011-2013
Vice President	2 year term 2009-2011 and can be elected for 2nd term
Faculty Counselor/Governance Chair	2 year term 2009-2011 and can be elected for 2nd term
Leadership Succession Chair	Limited to 2 year term 2009-2011 and cannot run for office in 2011

Installation of officers will take place at our April 17, 2009 Spring Induction. Officers will assume new positions on July 1, 2009. Officer orientation and mentorship will be provided by current board members.

Please consider joining our dynamic board as we provide leadership to Iota Sigma!!!

For more information about these opportunities, please email:

Marilyn Klakovich, President mklakovich@apu.edu

You can also find more information about each of the offices at http://www.nursingsociety.org/Chapters/Resources/Pages/chapter_officer_resources.aspx



2009 IOTA SIGMA CALENDAR OF EVENTS

		FEBRUARY '09							MARCH '09								
S	M	T	W	Th	F	S		S	M	T	W	Th	F	S			
9	Board Meeting	1	2	3	4	5	6	7	1	2	3	4	5	6	7	4	Common Day of Learning
13-16	Presidents' Day Holiday (University open on 2/16)	8	9	10	11	12	13	14	8	9	10	11	12	13	14	9	Board Meeting
		15	16	17	18	19	20	21	15	16	17	18	19	20	21	27	Deadline to submit Research Award Application
		22	23	24	25	26	27	28	22	23	24	25	26	27	28		
									29	30	31						
		APRIL '09							MAY '09								
S	M	T	W	Th	F	S		S	M	T	W	Th	F	S			
			1	2	3	4							1	2	4-8	Final Exams	
2	Research Day/ Annual Meeting	5	6	7	8	9	10	11	3	4	5	6	7	8	9	8	Pinning
4-13	Spring Break	12	13	14	15	16	17	18	10	11	12	13	14	15	16	9	Commencement
13	Board Meeting	19	20	21	22	23	24	25	17	18	19	20	21	22	23	11	Board Meeting
17	Spring Induction	26	27	28	29	30			24	25	26	27	28	29	30	25	Memorial Day
									31								
		JUNE '09							JULY '09								
S	M	T	W	Th	F	S		S	M	T	W	Th	F	S			
		1	2	3	4	5	6				1	2	3	4	4	Fourth of July	
8	Board Meeting	7	8	9	10	11	12	13	5	6	7	8	9	10	11	13-17	Research Congress, Cancun
		14	15	16	17	18	19	20	12	13	14	15	16	17	18		
		21	22	23	24	25	26	27	19	20	21	22	23	24	25		
		28	29	30					26	27	28	29	30	31			
		AUGUST '09							SEPTEMBER '09								
S	M	T	W	Th	F	S		S	M	T	W	Th	F	S			
						1				1	2	3	4	5	7	Labor Day	
		2	3	4	5	6	7	8	6	7	8	9	10	11	12	8	Fall Classes Begin
		9	10	11	12	13	14	15	13	14	15	16	17	18	19	14	Board Meeting
		16	17	18	19	20	21	22	20	21	22	23	24	25	26		
		23	24	25	26	27	28	29	27	28	29	30					
		30	31														
		OCTOBER '09							NOVEMBER '09								
S	M	T	W	Th	F	S		S	M	T	W	Th	F	S			
				1	2	3		1	2	3	4	5	6	7	1-4	Biennial Convention Indianapolis	
12	Board Meeting	4	5	6	7	8	9	10	8	9	10	11	12	13	14	9	Board Meeting
31	Biennial Convention Starts Indianapolis	11	12	13	14	15	16	17	15	16	17	18	19	20	21	26-27	Thanksgiving Break
		18	19	20	21	22	23	24	22	23	24	25	26	27	28		
		25	26	27	28	29	30	31	29	30							
		December '09															
S	M	T	W	Th	F	S											
		1	2	3	4	5											
		6	7	8	9	10	11	12									
14	Board Meeting	13	14	15	16	17	18	19									
		20	21	22	23	24	25	26									
		27	28	29	30	31											