



SIGMA THETA TAU INTERNATIONAL

The Honor Society of Nursing Iota Sigma Chapter Newsletter

Spring, 2007

Chapter Officers and Leaders

President/Key Award Chair:
Marilyn Klakovich

President Elect: Diana Lugo-Zenner

Vice President: Cathy McPhee

Immediate Past President:
Kathleen Taylor

Secretary: Bonnie Giron

Treasurer: Lina Kawar

Counselor/Eligibility Chair:
Viann Duncan

Archivist: Phyllis Esslinger

Student Intern: Joy David

Newsletter: Vicky Bowden

Governance Chair: Viann Duncan

THE PRESIDENT'S MESSAGE

By Marilyn Klakovich

Greetings from your President, Marilyn Klakovich.

I'm hoping to see many of you at our Spring 2007 induction. Cathy McPhee, Vice President, and her planning committee have been busy planning an exciting meeting. See Cathy's report on the exciting plans for our upcoming event. For those of you who were unable to attend our annual meeting on March 13, 2007, we are including highlights from our annual meeting reports in this newsletter including a report from our graduate student intern, Joy David, on our new student welcome, and a leadership succession report from Chair, Phyllis Esslinger. Kathie Taylor, our Region 2 Coordinator, will report on a conference she attended in Australia. Additionally, we are posting the Odyssey 2007 brochure and call for abstracts and hope that many of our members will not only attend, but will also present the innovative work or research that they have been doing. With this Spring newsletter, we are introducing a new feature. With each newsletter, we will profile one of our new members. For this newsletter, please "get to know" Erin Moffett, RN, 2006 APU Graduate and Iota Sigma Member.

President's Report from 2007 Annual Meeting:

This year's annual report includes information on activities that took place since our last annual meeting to date (2/2006 to 3/2007). Major activities include:

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PRESIDENT'S MESSAGE, CONTINUED FROM PAGE 1

Spring 2006 (March to May)	<ul style="list-style-type: none"> • Annual Induction • Silent Auction Fundraiser for Scholarships • Participation in Pinning Ceremony for Graduating Seniors
Summer 2006 (June to August)	<ul style="list-style-type: none"> • Board Transition Meeting and Orientation of new board members • Iota Sigma members presented at the 17th International Research Congress in Montreal
Fall 2006 (September to December)	<ul style="list-style-type: none"> • Board members participated in Chapter Leader Academy • Iota Sigma recognized with two awards for Chapter Excellence • Odyssey 2006 Conference • Co-sponsorship of Azusa Pacific University Career Center Healthcare Recruitment Fair • New Member Welcome and Dialogue • Community Service Project: Dr. Connie Brehm's Homeless Health Outreach Clinic
Spring 2007 (January to date)	<ul style="list-style-type: none"> • Homeless Health Outreach Clinic • Student Information Meeting • Freshman Welcome • Co-sponsorship of Continuing Education for Annual Research Day School of Nursing • Participation in Odyssey 2007 Planning Committee (Kathie Taylor, Past President, Iota Sigma and Region 2 Coordinator, Marilyn Klakovich, President)

Iota Sigma Goals 2006-2008

The goals for my term as president (July 1, 2006-June 30, 2008) are listed below along with a brief report on what we have accomplished thus far to address each of these goals.

1. Establish collaborative partnerships with members located outside the United States to facilitate research and community service in those areas.

- a. We are working with our member in the Philippines, Jerome Babate, to enhance communication and coordinate activities with members located outside of the United States (such as special blog or website for communication, video, or web-cast of local conferences). We were able to video two of the Plenary speakers at our Annual Research Day and will be providing the Philippine nurses with a DVD so they can host their own research day.
- b. Jerome recruited two nurse leaders in the Philippines to join Iota Sigma and they will be inducted in April. Jerome's goal is to have a cadre of members in the Philippine that can collaborate on activities.

2. Formalize leadership development/mentoring for leadership succession.

- a. We have had beginning discussions about identifying and mentoring a member to fill each of our open positions in coming years.
- b. We are developing plans to mentor leadership interns to fill specific positions and functions on the board.

3. Increase involvement of students once graduated.

- a. We hosted a special dinner for new members in conjunction with our December board meeting.
- b. We dialogued with the juniors who were inducted in 2006 about ways for them to stay involved after graduation.

4. Broaden membership involvement in revising Strategic Plan for 2007-2009 biennium.

- a. We plan to conduct a Strategic Plan Survey to get input from membership.
- b. The ballot and survey will be distributed with the induction brochure mailing. *Please watch for your mailing and be sure to provide us with your input for our strategic planning process.*

PRESIDENT'S MESSAGE, CONTINUED FROM PAGE 2

Member Communication: We continue to update our membership through periodic Chapter e-mail announcements and the monthly *Create Renewal* electronic mailings from International. Chapter Activity Reports from International Headquarters provide us with information regarding the membership renewal. This report enables us to contact newly transferred members and inactive members to encourage them to consider a more active role on various task forces.

Cathy McPhee, our Vice President, continues to monitor the Iota Sigma Web Site and interacts with the Azusa Pacific University IT Department for updates and newsletter submission. She collaborates with newsletter editor to publish our web-based newsletter 3-4 times a year. Please visit our website at <http://apu.edu/iotasigma/>

We continue to involve our past presidents and seek their advice on strategic issues affecting the chapter through our Past Presidents Task Force.

Respectfully submitted,

Marilyn Klakovich, DNSc, RN, CNAA, BC
President, Iota Sigma Chapter

Our student interns are our liaison to the nursing students at APU. We appreciated Emma Perkin's work in Spring, 2006 to bring student issues to the Dean and nursing faculty, and to inform new inductees about the student leadership intern role. Since July, 2006 we have enjoyed working with our graduate Student Leadership Intern, Joy David who was able to accompany us to Chapter Leader Academy. In January, 2007 a team of BSN student leadership interns collaborated on representing the BSN student population on our board: Renee Eckley, Jennifer Ulrich, Khristina Vibal, Laura Williams (see Graduate student intern report, p. 11).

My heartfelt thanks to the Iota Sigma Board for their contributions during this first year of my presidency. They have put in numerous hours to keep the wheels of the organization running. Also, I would like to thank you the members for your ongoing support and involvement as you are the backbone of the organization.

LEADERSHIP SUCCESSION ANNUAL REPORT

By Phyllis Esslinger, Leadership Succession Chair

This proposed ballot for the 2007 election was presented at the annual meeting on 3/13/07. It was mailed to all active members with the induction invitation in March.

OFFICE	CANDIDATES
Vice President	Cathy McPhee Write In:
Treasurer	Lina Kawar Write In:
Leadership Succession Chair	Melissa Edwards Write In:

We are starting now to recruit for the following 2008 Offices/Board positions.

OFFICE/POSITION	TERM
President Elect	2008-2010 to assume office of President for 2010-2012
Secretary	2008-2010
Governance Chair/Faculty Counselor	2008-2010

If you are interested in any of these positions, please email Marilyn at mklakovich@apu.edu

IOTA SIGMA SPRING INDUCTION, AWARDS CEREMONY AND 30TH ANNIVERSARY RECOGNITION OF THE APU SCHOOL OF NURSING

By Cathy McPhee, Vice President

In addition to the Induction of our new members, presentation of awards, and silent auction, this year's Induction Ceremony will also celebrate the thirtieth anniversary of the Azusa Pacific University School of Nursing. The Undergraduate nursing education at Azusa Pacific University School of Nursing has spanned four decades since the first graduating class completed their Bachelor of Science in nursing degrees in 1977.

Nurse leaders from the community and students from our Undergraduate, SCAN, EENAP, Accelerated Degree, and Masters Programs will be inducted into Iota Sigma. Our primary fundraiser, the silent auction, will be held to fund our annual student scholarships.

In recognition of thirty years of excellence in nursing education, the program will include four of our star graduates. Presenters will include Julia Pusztai, MSN, first graduating class of 1977, Assistant Director of our Wellness Center, Gidget Wood, FNP, Class of 1986, Practitioner in the APU Student Health Center, Larry Santiago, MSN, Class of 1997, Assistant Professor at West Coast University, and Jenny Ulrich, SN, Class of 2007 and soon to be RN.

Differences in attitudes, beliefs, work habits, technical skills and expectations caused by generation specific experiences, can prove challenging and have the potential to cause conflict in any workplace. These presenters will identify generational differences and offer suggestions of how these differences, when acknowledged, can become strengths. They will describe how experiences unique to their decade while in nursing school have influenced their nursing practice and worldview and, perhaps, those of their contemporaries, with whom you may work.

If you have even planned to come to an Induction, this is the year! Make it a reunion and bring a few of your classmates. All APU nursing graduates will be recognized. Join us for an evening to honor the new Iota Sigma inductees, celebrate the thirtieth anniversary of the School of Nursing, and hear the unique experiences of several of our graduates from different decades.

Contact Cathy McPhee to obtain information or tickets.
CMCPHEE@APU.EDU

“FRESHMAN WELCOME 2007”

By Joy David, Graduate Student Intern

The IOTA SIGMA CHAPTER of the Honor Society of Nursing, Sigma Theta Tau International welcomed the APU Nursing Freshmen students, February 26, 2007, 6:00 pm, at the Trinity Hall, at Azusa Pacific University's east campus. Cathy McPhee, MSN, FNP-C, RN, Vice President, and Joy David, MA, RN, Student Intern organized the event. The honor society sponsored the event to provide Freshmen students on valuable information about Sigma Theta Tau and to give them advice on how to become successful in nursing school.

APU Nursing Senior students, Renee Eckley and Jenny Uhlrich presented on “Tips for Surviving Nursing School.” They offered students advice on studying and academic success. They also shared about the importance of being spiritually disciplined and maintaining a strong support system through nursing school. Following the presentation, they fielded questions from students on a variety of topics. They received feedback from those in attendance that the session was helpful and encouraging.

Furthermore, Marilyn Klakovich, RN, DNSC, CNAA, President, provided the students with information on the advantages of being part of Sigma Theta Tau. She talked about qualifications on how to become a member of the nursing honor society. Lina Kawar, PhD, RN, Treasurer, and Cynthia Kayer, MSN, RN, also discussed their insights on how the Freshmen students can become successful in their classes and clinical rotations. Cathy McPhee shared how important for the students to adjust their learning style if it does not match their current nursing professors'. Joy David shared the importance of building their knowledge every semester to prepare for their nursing board exam. She also mentioned the importance of perseverance and always relying on God's strength.

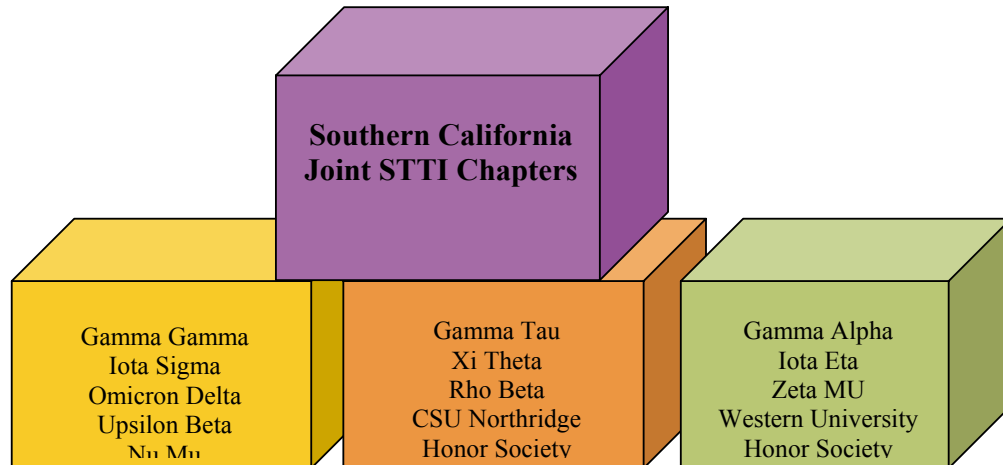
Lastly, all the Freshmen students enjoyed the delicious pizza, cookies, and beverage. We hope to see these students to be part of the Sigma Theta Tau in the coming years.

2007-2008 CALENDAR OF EVENTS

April 16, 2007	Iota Sigma Board Meeting: 5:00 pm in School of Nursing Conference Room
April 20, 2007	Iota Sigma Spring Induction: 5:00 pm in Upper Turner Campus Center, Azusa Pacific University
May 14, 2007	Iota Sigma Board Meeting: 5:00 pm in School of Nursing Conference Room
June 11, 2007	Iota Sigma Board Meeting: 5:00 pm in School of Nursing Conference Room: Officer and Board Transition Meeting
July 11-14, 2007	18th International Nursing Research Congress Focusing on Evidence-Based Practice, Vienna, Austria
September 10, 2007	Iota Sigma Board Meeting: 5:00 pm in School of Nursing Conference Room
October 8, 2007	Iota Sigma Board Meeting: 5:00 pm in School of Nursing Conference Room
October 18-19, 2007	Odyssey 2007 Conference. San Diego, CA.
November 2-6, 2007	Biennial Convention, Baltimore, MD.
November 12, 2007	Iota Sigma Board Meeting: 5:00 pm in School of Nursing Conference Room
December , 2007	Iota Sigma Board Meeting: 5:00 pm in School of Nursing Conference Room
January , 2008	Iota Sigma Board Meeting: 5:00 pm in School of Nursing Conference Room
February, 2008	Iota Sigma Board Meeting: 5:00 pm in School of Nursing Conference Room
March, 2008	4 th Annual School of Nursing Research Day and Iota Sigma Annual Meeting

The Honor Society of Nursing Sigma Theta Tau International Odyssey 2007 Conference

"Building a Healthy Profession, Community, Nation, and World"
October 18 & 19, 2007
Sheraton San Diego Hotel Mission Valley



PROGRAM

Keynote speakers to be announced. Research and Innovative Sessions: Speakers identified after abstracts reviewed.

THURSDAY PROGRAM 10/18/07

7:30-8:30 Registration & Continental Breakfast
Exhibits & Posters

8:30-8:45 Welcome

8:45-9:45 **KEYNOTE** –Carol Huston: President-Elect STTI

9:45-10:15 Break (Exhibits, Posters & refreshments)

10:15-11:45 *Breakout Session I*

A. Research Session
B. Innovation Session

12:00-1:00 Lunch (Exhibitors & Posters)

1:00-2:30 *Breakout Session II*

A. Educational Session
B. Innovation Session

2:30-3:00 Exhibits, Posters & refreshments

3:15-4:00 Presentation - Community

4:00-4:30 Debrief the Day, Raffle

FRIDAY PROGRAM 10/19/07

7:30-8:30 Registration & Continental Breakfast
Exhibits & Posters

8:30-8:45 Welcome

8:45-9:45 **KEYNOTE** – Nation

9:45-10:15 Break (Exhibits, Posters & refreshments)

10:15-11:45 *Breakout Session I*

A. Research Session
B. Innovation Session

12:00-1:00 Lunch (Exhibitors & Posters)

1:00-2:30 *Breakout Session II*

A. Educational Session
B. Innovation Session

2:30-3:00 Exhibits, Posters & refreshments

3:15-4:00 Presentation - World

4:00-4:30 Summation, Raffle, Poster Awards

ODYSSEY 2007, CONTINUED FROM PAGE 8



"Building a Healthy Profession, Community, Nation, and World"
 October 18 & 19, 2007

Conference Objectives:

1. Promote the goals of the society, to increase nurse leaders and scholars.
2. Provide an avenue for dissemination of research, clinical, and educational topics.
3. Utilize role models to encourage excellence in students and colleagues of nursing.
4. Increase networking opportunities and promote collegiality among local chapters.
5. Encourage nurses to spread their influence globally to effect positive health care change.

HOTEL INFORMATION:

**Sheraton San Diego Hotel Mission Valley
 1433 Camino del Rio South, San Diego, CA 92108**

For reservations, access this site to book, modify, or cancel a reservation from now to 9/17/07.

Call 619-260-0111 or 1-800-325-3535 and ask for reservations. Convention rate \$131.00 plus tax when reserved before September 17, 2007.

Group Convention Cue is Sigma Theta Tau.

If room block is sold out contact marlene.s.ruiz@kp.org to investigate increasing the size of the room block.

Note: Dress is Business casual. Due to the lack of control for the ambient temperature, we recommend you bring a light sweater or jacket for your comfort.

Registration: Tear off and return this section with registration fee

Make checks payable to:

So. Ca. STT Research Fund. **Mail to Marlene Ruiz, 1574 Penasco Rd., El Cajon, CA 92019.**

For more information about the conference check web page <http://gammagamma.sdsu.edu/> or <http://www.omicrondelta.net/> or e-mail: marlene.s.ruiz@kp.org

Cancellation Policy: No refunds for cancellations after October 11, 2007.

Name _____ Address _____ _____ Phone: (Home) _____ (Work) _____ E-mail: _____ STTI Member Yes <input type="checkbox"/> No <input type="checkbox"/> Chapter _____	Check one: <i>Thursday</i> <i>Friday</i> <i>Both days</i> RN \$125 <input type="checkbox"/> \$125 <input type="checkbox"/> \$225 <input type="checkbox"/> Student \$ 65 <input type="checkbox"/> \$ 65 <input type="checkbox"/> \$120 <input type="checkbox"/> Retired RN \$80 <input type="checkbox"/> \$80 <input type="checkbox"/> \$150 <input type="checkbox"/> (<i>Non-working</i>)
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Includes program proceedings, continental breakfast, lunch, breaks and contact hours.

Provider approved by the California Board of Registered Nursing, Provider #00788 for **7.5 contact hours/day**

Vegetarian Meal Please _____

If student, identify school: _____

First time attendee? Yes _____ No _____

How did you hear about Odyssey 2007? E-mail _____ Chapter Website _____ STTI Website _____ Flyer _____

**Twelfth Joint Southern California Chapters*
SIGMA THETA TAU INTERNATIONAL
NURSING ODYSSEY CONFERENCE 2007
October 18 and 19, 2007
Sheraton San Diego Hotel, Mission Valley, CA**

ABSTRACT DEADLINE: June 15, 2007

You are invited to submit abstracts for the TWELFTH JOINT SOUTHERN CALIFORNIA STTI CHAPTERS NURSING ODYSSEY CONFERENCE 2007 to be held at the Sheraton San Diego Hotel, Mission Valley, 1433 Camino Del Rio South, San Diego, California 92108. The official Call for Abstracts has been posted on Sigma Theta Tau International's website <http://www.nursingsociety.org> and <http://www.omicrondelta.net>

PURPOSE

The purpose of this joint conference is to promote communication about nursing research, education, practice and leadership, and to enhance research collaboration throughout nursing's scholarly community.

PROCEEDINGS

Proceedings will be distributed at the conference for all in attendance. The proceedings will not be copyrighted. You may publish the paper or abstract elsewhere; we request, however, that you include the notation that the paper or poster was presented at the Twelfth Joint Southern California Chapters STTI Nursing Odyssey Conference 2007.

ELIGIBILITY:

- ❑ Quantitative research, qualitative research, mixed methods research, or innovative projects are eligible for podium or poster presentation.
- ❑ Research must be completed by the time of submission to be eligible for podium presentation.
- ❑ In-progress and completed research are eligible for poster presentation.
- ❑ Innovative projects must be implemented with reportable outcome evidence to be considered for podium presentation.
- ❑ Innovative projects currently without reportable outcome evidence are eligible for poster presentation.
- ❑ Eligible presenters are: members of STTI chapters, faculty, current nursing students, or other interested nurse clinicians, researchers and scholars.

NOTIFICATION

The first author of accepted presentations and posters will be notified by August 12, 2007. Acceptance for presentation at the conference must be confirmed by August 19, 2007.

*The conference is sponsored by the following schools/STTI chapters: Azusa Pacific University/Iota Sigma; CSU Dominguez Hills/Xi Theta; CSU Los Angeles/Nu Mu; CSU Long Beach/Iota Eta; CSU San Bernardino/Rho Beta; Loma Linda University/Gamma Alpha; San Diego State University/Gamma Gamma; University of San Diego-Point Loma Nazarene University/Zeta Mu; University of California Los Angeles/Gamma Tau; University of Phoenix, Southern California Campus/Omicron Delta; CSU Fullerton/Upsilon Beta; Honor Society Chapter, CSU Northridge

ODYSSEY 2007 ABSTRACTS, CONTINUED FROM PAGE 10

- **Quantitative Research** podium and poster presentations will be selected based on assessment of the following abstract components:
 - Specific aims or objectives of the study;
 - Rationale or background for the study;
 - Research methodology including design, sample, and procedure;
 - Instrument (reliability and validity) and data analysis used;
 - Research findings or results;
 - Implications or significance of findings to nursing.

- **Qualitative Research** podium and poster presentations will be selected based on assessment of the following abstract components:
 - Phenomenon of interest;
 - Description of methodology;
 - Description of participants;
 - Knowledge gained from study;
 - Implications or significance;
 - Recommendations for future studies.

- **Mixed Methods Research** podium and poster presentations will be selected based on assessment of the following abstract components.
 - Aim or objective;
 - Rationale or background;
 - Research questions clearly stated and appropriate for mixed methodology;
 - Quantitative Sampling procedure;
 - Instruments;
 - Data Collection procedures;
 - Quantitative data analysis procedures;
 - Tradition clearly identified or easily inferred (Qualitative Data Collection);
 - Qualitative data analysis procedures consistent with the tradition;
 - Findings/Results;
 - Strength of the study enhanced with inclusion of both data types;
 - Implications or significance.

- **Innovative Project** podium and poster presentations will be selected based on assessment of the following abstract components:
 - Statement of the problem;
 - Description of evidence-based innovation;
 - Change brought about by innovation;
 - Implications and significance of the innovation for research, practice, leadership and/or education;
 - Recommendations or future problems/questions.

ODYSSEY 2007 ABSTRACTS, CONTINUED FROM PAGE 11

ABSTRACT FORMAT

The abstract should address the most relevant selection criteria listed on page 2.

Abstract should have one inch margins on all sides and be typed in Times Roman or Courier font with type no smaller than 12 fonts. The body of the abstract is single spaced with two (2) spaces between paragraphs. Left justify all paragraphs; do not indent to begin a paragraph.

The abstract can be no longer than one page.

Headings: If you like you may use headings such as Objective, Background, Methodology, etc. Left justify and underline all headings.

Begin the abstract with the title **JOINT SOUTHERN CALIFORNIA STTI CHAPTERS NURSING ODYSSEY CONFERENCE 2007** in Bold, Centered with Upper case and then the conference dates **October 18 & 19, 2007** on the second line in Bold, Centered with Upper and Lower case. Double space and type **ABSTRACT** in Bold, Centered with Upper case. Double space and indicate TITLE in regular type, Centered with Upper case. Title must fit on one line. Double space and indicate Name of First Author, License, Degree in regular type, Centered with Upper and Lower case. Single space and indicate email address of first author in regular type, centered. Single space and indicate Name of Second Author, License, Degree in regular type, Centered with Upper and Lower case. Double space and begin body of abstract. The following is an example:

**JOINT SOUTHERN CALIFORNIA STTI CHAPTERS
NURSING ODYSSEY CONFERENCE 2007
October 18 & 19, 2007**

ABSTRACT

TITLE

Name of First Author, License, Degree
email address

Name of Second Author, License, Degree

Body of Abstract

If the research or project was supported in full or part by a grant, cite the grant number and granting organization at the bottom of the abstract.

Your abstract must be clean and error-free.

Only abstracts that conform to the Abstract Format requirements will be accepted.

ODYSSEY 2007 ABSTRACTS, CONTINUED FROM PAGE 12

Abstract Information Form**Title of Presentation** (conforms to one-line abstract format restriction):

To check a box, double click on the box and on the Check Box Field Options mark Default value *checked* and then click on OK.

Presentation Format (Be sure to indicate preference)

- Podium - Research for podium presentations must be completed by the date of submission
- Poster
- Either Poster or Podium

Which set of selection criteria do you wish to be used to evaluate the abstract?

- Quantitative Research, include date research was completed: _____
- Qualitative Research, include date research was completed: _____
- Mixed Methodology, include date research was completed: _____
- Innovative Project, include date project was evaluated: _____

Complete all sections below (first author responsible to notify all co-presenters):

First Author's Name _____
 First Middle Initial Last Credentials (e.g., PhD, RN)

Email:**Phone contact:****Sigma Theta Tau Chapter or School Affiliation:****Do not** send your CV or resume.

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ODYSSEY 2007 ABSTRACTS, CONTINUED FROM PAGE 13

Electronic Submission of Abstracts:

For the Research Session:

Submit the Abstract and Abstract Information Form as Microsoft Word attachments to: sandy.carter@phoenix.edu . Please contact Sandy Carter @ 714/371-9010, extension 31298 if you have questions related to research abstracts.

For the Innovative Project Session:

Submit the Abstract and Abstract Information Sheet as Microsoft Word attachments to: mgaron@fullerton.edu . Please contact Maryanne Garon @ 760-747-1115 if you have any questions related to Innovative Projects abstracts.

Important Note: Please contact Sandy (Research) or Maryanne Garon (Innovative Projects) if you do not receive a *confirmation email of receipt of your application* as there may have been a problem with transmission.

GET TO KNOW A NEW MEMBER:

By Erin Moffett, RN, 2006 APU Graduate and Iota Sigma Member

I was inducted into Iota Sigma in the spring of 2006 and graduated from Azusa Pacific University School of Nursing in December 2006. When I was inducted, I felt that it was a great honor and it felt very rewarding to be recognized for all of the hard work I have put into my academics during school.

I am currently working at Children's Hospital of Orange County in their Pediatric ICU. I have known this was my calling since I was very young. My brother and I were diagnosed with a genetic disorder early on in our childhood and both spent a lot of time at CHOC. I loved the team of doctors and nurses who took care of us there. My dream was that someday I would be part of that team and could use my own experiences as a patient to help make the stay of other children as bearable and pleasant as possible. As a nurse at CHOC I want to impact the lives of the children and their families the way my life and family was impacted.

STTI has really opened my eyes to see nursing as a profession and a calling, not just a job. From listening to all of the different research projects STTI faculty at APU are involved in, to observing the wide diversity of accomplishments a lot of these women have made,

has helped me to view nursing as a profession that can be constantly expanding and changing. The professionalism of the STTI faculty at APU has really impressed me and has encouraged me to act in the same manner in my nursing career.

I envision STTI being a big part of my nursing career. Their research and newsletter information are always very interesting and impact my own practice. Also, STTI has encouraged me to someday play an active role in nursing research and also, to attend graduate school to further my nursing knowledge and leadership capabilities. I hope to help STTI with research sometime in the future, as well as be involved in my local chapter and participating in their events when possible.

The best thing that Iota Sigma can do to keep its members involved is to communicate well and often. I know that receiving emails and notifications by mail of what is going on in Iota Sigma and ideas of how I can become involved and help out would be very helpful. I think once students graduate it is easy to lose track of them so, obtaining contact information prior to graduation would be very beneficial.

IN THE SPIRIT OF COLLABORATION: IOTA SIGMA GOES DOWNUNDER

By: Kathleen Taylor, MPH, MSN

Iota Sigma Immediate Past President and STTI Region 2 Coordinator

Iota Sigma members, Drs. Marianne Hattar and Lina Kawar and I were among the participants at the November 15-18 International Council on Women's Health Issues Congress held in Sydney, Australia. In addition Drs. Anita Bralock, from Azusa Pacific University faculty, and Linda Haynes-Kyle (candidate for Azusa Pacific University faculty at the time and now Director of the EENAP San Diego Program) and Sharon McGuire from Zeta-Mu-At large Chapter, San Diego, and Susan Mattson, Beta Upsilon Chapter, Arizona State University, helped in representing Region 2 at the conference. Dr. Patricia Harvard-Hinchberger, Xi Theta Chapter, California State University - Dominguez Hills, was unable to go at the last minute and I was able to present her poster at the congress.



Drs. Haynes-Kyle, Hattar, Kawar and Bralock.

The Xi-Omicron Chapter of STTI, a Region 2 chapter, co-hosted the conference with the University of Western Sydney. A total of 22 countries were represented carrying out the theme: *"Many Roads to Travel: Social, Political, and Economic Implications of Women's Health."*



University of Western Sydney and Xi Omicron banners and representative.

Drs. Hattar and Haynes-Kyle both had podium presentations. Drs. Kawar, Bralock, McGuire, and Mattson all had poster presentations as did I. Dr. Bralock's poster presentation: *Predictors of Risky Sexual Behaviors among Hispanic and African*

American Women, won first place for Saturday November 18.



(left) Dr. Bralock and Dr. Hattar
(right) Ms. Taavoni and Dr. Kawar

Among the many participants was Ms. Simin Taavoni, Iran University of Medical Sciences, here learning about Dr. Kawar's poster presentation: *Breast Cancer Screening Participation Barriers Among Jordanian and Palestinian American Women.*



Mentor of Dr. Hattar, Dr. Afaf Meleis, Pi Chapter, University of Pennsylvania, ICOWHI Council General oversaw the Conference. Dr. Meleis, a previous speaker for an Iota Sigma Induction, is the Margaret

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PHILIPPINES, CONTINUED FROM PAGE 16

Bond Simon Dean of Nursing, Professor of Nursing and Sociology, and Director of the School's World Health Organization Collaborating Center for Nursing and Midwifery Leadership at the University of Pennsylvania. Xi Omicron members Drs. Patricia Davidson, newly installed President of ICOWHI, and Dr. John Daley were congress co-chairs.



Mrs. Olayide Ogunsu, Drs. Sharon McGuire and Nilda Peragallo



(left) Dr. Davidson in red top debriefing with some of her planners
(right) Dr. Daley with some Xi Omicron members
Including Dr. Esther Chang, President

Drs. Meleis, Mattson, Hattar, and I enjoyed the gala dinner with other participants at the Sydney Taronga Zoo following a ferry ride across Sydney Harbor.



(left) Drs. Meleis, Mattson, Hattar, and me
(right) Dr. Mattson and myself

Dr. Mattson, Beta Upsilon, ASU Faculty member is a board member of ICOWHI.

Dr. Sharon McGuire, in the middle of the picture below, enjoyed getting acquainted with Mrs. Olayide Ogunsu, student University of Western Sydney and Dr. Nilda Peragallo, Beta Tau Chapter, University of Miami School of Nursing, Miami, Florida.

In the spirit of this Biennium's ***Vision to Action: Global Health Through Collaboration*** Sigma Theta Tau International sponsored the Saturday morning keynote speaker. Dr. Jacqueline Campbell, Nu Beta Chapter, John Hopkins University, Baltimore, Md. Dr. Campbell, in the middle picture on the left, is a professor and Anna D. Wolf Chair at the John Hopkins University School of Nursing. Kathleen, on the right, enjoyed co-moderating Saturday morning's Keynote Session with Sharon Bourgeois, Xi Omicron past president, and STTI Governing Board member, on the left.



(left) Sharon Bourgeois, Jacqueline Campbell, Kathleen Taylor
(right) Melody, Anita Bralock, Kathleen Taylor, Lina Kawar

All too soon our time with new friends and colleagues came to an end. However, not before some leisure time and stroll around Sydney Harbor by Dr. Bralock and her new sister-in-law, Melody, Kathleen, and Dr. Kawar. International nursing and health care is alive and well. Be sure and take up any opportunity you have to take part in making history and collaborating wherever God may send you.

MONEY NURTURING TIPS BY CONNIE HORSTKOTTE, CFP®

ESTATE PLANNING ACTION CHECKLIST

Most people think that estate planning is only for the wealthy. Whether you are married or single, a millionaire or not, estate planning is for everyone. Planning your estate involves more than tax planning, it also involves naming a guardian for minor children, deciding when your adult children will be ready to inherit the family's wealth, and preparing for the possibility that you or your spouse become physically or mentally disabled (remember the Terri Schiavo case). And more often, we put off estate planning because it brings forth difficult decisions we would rather not face. And whether or not estate tax will go away, everyone still needs a plan.

Here is an action checklist for you to consider when developing your estate plan:

- Don't assume you no longer have to worry about estate tax
- Consider in advance who could serve as a guardian for your minor children
- Think about how and when you want your children to inherit the family's assets
- Keep your intentions clear. A letter of instruction will let your family members know what initial steps they should take after you are gone
- Be sure to get an accurate assessment of your net worth.
- Consider gifting plans. This is a strategy to reduce taxable estate. Currently you can give away up to \$12,000 (\$24,000 per married couple) annually without paying a gift tax.
- If you have significant assets, be sure to keep detailed records so that your heirs will have information about your cost basis in those assets
- Meet with an estate planning attorney, if you haven't already done so.

These are just a few ideas to consider and help you manage your estate effectively. There are many others that may apply to your unique situation. Take time now to review your estate planning strategies.

This newsletter article and checklist is a synopsis from MFS Heritage Planning...Put it in writing.

This is not intended to replace the advice of a qualified attorney or tax adviser.

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Note: The views of this article are not intended to represent Iota Sigma or the Honors Society of Nursing, Sigma Theta Tau International.

IOTA SIGMA MEMBERS “IN THE NEWS”

Congratulations to Dr. Vicky R. Bowden, School of Nursing, on the publication of a textbook and to her School of Nursing colleagues and former students who contributed chapters, Jan Chandler, Dr. Margaret Brady, Viann Duncan, Dr. Patricia Hanes, Anna Hefner, Katie Hill, Cathy McPhee, and Dr. Renee Pozza.

Bowden, V. & Greenberg, C. (Eds.) (2008). *Pediatric Nursing Procedures* (2nd edition). Philadelphia: Lippincott Williams Wilkens.

This is a text containing 129 pediatric nursing procedures, based on the most up-to-date evidence-based practice sources. It is used by clinicians and students to guide practice in acute and out-patient care settings. Many hospitals are adopting the text as their primary policy and procedure manual for the care of their pediatric patients.

In addition to serving as co-editor of the text, Vicky authored 19 chapters in the text. Two former graduate students contributed to the text and eight faculty in the School of Nursing were contributors to the textbook. These contributors include:

Jan Chandler MSN, CNS, RN, CPNP

Chapter 25: Cast Care

Chapter 107: Skeletal Pin Site Care

Chapter 114: Traction Care

Margaret Brady PhD, RN, CPNP

Chapter 5: Principals of Fluid and Nutritional Management

Chapter 6: Principals of Pharmacologic Management

Viann Duncan MSN, APRN, BC

Chapter 85: Patient Identification

Chapter 102: Restraint and Seclusion

Chapter 129: Visitor Identification and Management

Patricia Hanes PhD, RN, MAEd

Chapter 15: Bed and Crib Choices

Chapter 98: Procedures: General Guidelines

Chapter 103: Safety Measures

Anna Hefner, MSN, RN, CPNP

Chapter 14: Bathing the Infant

Chapter 31: Circumcision Care

Chapter 34: Diapering

Chapter 40: Exchange Transfusion

Chapter 43: Infant Feeding

Katie Hill MSN, RN, CCRN, CNS, ANP-C

Chapter 46: Hemodynamic Monitoring: Central Venous Pressure

Chapter 47: Hemodynamic Monitoring: Insertion and Setup

Chapter 48: Hemodynamic Monitoring: Intraarterial Pressure

Chapter 67: Medication Administration: Intravenous Cardiovascular

Cathy McPhee MSN, RN, NP

Chapter 111: Tracheostomy: Stoma Care and Management

Chapter 112: Tracheostomy: Suctioning

Chapter 113: Tracheostomy: Tube Change

Renee Pozza, PhD(c), RN, CNS, FNP

Chapter 49: Heparin Lock/Flush

Chapter 84: Parenteral Nutrition and Intravenous Fat Emulsion Infusion

Chapter 104: Saline Lock/Flush

Chapter 105: Sedation

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Congratulations to Dr. Pam Cone, Nursing, on an upcoming publication of a book chapter.

Cone, P. (in press). Experiencing homelessness: A grounded theory study among formerly homeless mothers. In M. de Chesnay (Ed.), *Caring for the vulnerable: Perspectives in nursing theory, practice and research* (2nd ed.). Boston: Jones and Bartlett Publishers.

This chapter is based on Pam's dissertation study.

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A round of applause to our Iota Sigma graduate student intern, Joy David, who passed her NCLEX exam and is now officially an RN. Congratulations Joy! We are proud of you.

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Kudos to Dr. Fely dela Cruz, School of Nursing, on her podium presentation at a national conference.

dela Cruz, F. (2007, February). *Strategies to bring forth professional nurses in an accelerated master's entry program.* Podium presentation at the annual American Association of Colleges of Nursing (AACN) Master's Education. Albuquerque, NM.

Fely is Director of the Second Careers and Nursing (SCAN) Program. The SCAN leadership team, consisting of Dr. Marilyn Klakovich, Professor Phyllis Esslinger, Professor Shirley Farr, Dr. Patricia Hanes and Fely submitted the abstract which was accepted for podium presentation. This is the **first time** that a nursing program of APU has been presented at an AACN conference. The AACN is the accrediting body for baccalaureate and graduate programs in Nursing.

Bravo to Dr. Fely dela Cruz, School of Nursing, for being awarded a state grant for her school.

With special thanks to Fely, the School of Nursing received the new \$100,000 Song-Brown Award, which is the first funding for the Second Careers and Nursing (SCAN) Program from the State. This award will fund both faculty and operational dollars for the 2007-08 year, and will maintain some of the mentoring, diversity, and evaluation activities related to the SCAN program.

The School of Nursing successfully competed with Schools of Nursing from community colleges, the University of CA and the California State University systems, as well as private colleges and universities. This specific Song-Brown Program funding initiative is aimed at addressing the critical nursing shortage in the state.

Special congratulations are extended also to the Chair, Grace Moorefield, the faculty, and the staff for continuing to work together to implement this exceptional program and for their commitment to nursing and nursing education.

Fely has sustained an exceptional record these past several years in obtaining both state and federal funding for APU's nursing programs. In November 2006, Fely obtained \$71,103 of Song Brown funding for the Family Nurse Practitioner Program. Applications from Schools of Nursing offering an FNP program from the UC and CSU systems and private universities offering FNP and Physician Assistant Programs compete for this

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funding, designed to improve the access to quality primary health care of medically underserved populations. Since 1997, the School of Nursing has competitively received funding for the FNP Program and the Homeless Outreach Clinic in 1999 and 2002.

Kudos to Dr. Felicitas DelaCruz, School of Nursing, on her paper presentations at two national meetings.

DelaCruz, F. (2006, September). *Factors in the control of hypertension in Filipino Americans*. Paper presented at the 3rd Annual Asian American Health Conference. Washington, D.C.

DelaCruz, F. (2006, October). *Acculturative stress and hypertension in Filipino Americans*. Paper presented at the State of the Science Nursing Congress. Washington, D.C.

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Kudos to Dr. Felicitas DelaCruz, Patricia Hanes, Dr. Marilyn Klakovich, and Phyllis Esslinger, all of the School of Nursing, on their symposium at a regional conference.

DelaCruz, F., Hanes, P. F., Klakovich, M., Esslinger, P. (2006, October). *Beyond tradition: Transforming the second career student through collaboration*. Symposium presented at the regional conference jointly sponsored by Sigma Theta Tau International Honor Society Chapters in Southern CA. Ontario, CA .

Hanes, P. F. (2006, October). *Beyond tradition: Transforming the second career student through collaboration*. Paper presented at the regional conference jointly sponsored by Sigma Theta Tau International Honor Society Chapters in Southern CA. Ontario, CA .

Esslinger, P. (2006, October). *Recruitment: Entry to learning a new path*. Paper presented at the regional conference jointly sponsored by Sigma Theta Tau International Honor Society Chapters in Southern CA. Ontario, CA .

Hanes, P. F. (2006, October). *Instrumental learning: Learning the ropes*. Paper presented at the regional conference jointly sponsored by Sigma Theta Tau International Honor Society Chapters in Southern CA. Ontario, CA .

Klakovich, M. (2006, October). *Communicative learning: Learning the lingo*. Paper presented at the regional conference jointly sponsored by Sigma Theta Tau International Honor Society Chapters in Southern CA. Ontario, CA .

DelaCruz, F. (2006, October). *Emancipatory learning: Learning the profession*. Paper presented at the regional conference jointly sponsored by Sigma Theta Tau International Honor Society Chapters in Southern CA. Ontario, CA .

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Congratulations to Dr. Marianne Hattar are in order.

Dr. Marianne Hattar, Iota Sigma Chapter, Azusa Pacific University, Associate Dean of Graduate Program and Research and Chair and Professor of the PhD in Nursing Program: has been appointed as a Board Member for the Fulbright Academy of Science and Technology. Congratulations Marianne!!!!

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In November 2006 Marianne Hattar was elected as chair of the expert panel on Global Health and Nursing of the American Academy of Nursing. The panel is expected to host and plan the conference for the 08 annual meeting of the Academy.

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Congratulations to Professor Katie Hill (Catherine McCoy-Hill), School of Nursing, on the publication of six chapters which she co-authored in a two-volume book series. Congratulations to her also for being one of seven Associate Editors for the book series and the Section Editor on Psychological support and rehabilitation. The book editors are Dr. William C. Wilson, University of California-San Diego, Dr. Chris M. Grande, International Trauma and Critical Care Society (ITACCS), and Dr. David B. Hoyt, University of California-Irvine.

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Bravo to Judy Husted, RN, MS, executive director of Kaiser Permanente in Pasadena, CA who was elected as a board member for American Organization of Nurse Executives Region 9. She will serve a two-year term beginning in January, 2007. Judy is an Iota Sigma member and recipient of the 2006 Iota Sigma Excellence in Leadership award.

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Bravo to Professor Patricia Perry, Adjunct, School of Nursing, on receiving a national award.

Patricia received the ASPMN (American Society for Pain Management Nursing) 2007 Distinguished Service Award at the ASPMN National Conference in Dallas, Texas, on March 24. The award, which was established in 2000 by the ASPMN Council of Past Presidents, is presented to a member of ASPMN in recognition of outstanding leadership, participation, and contributions toward achieving the goals of ASPMN.

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June Rondinelli RN, MSN student has learned that an abstract she submitted as part of a symposium has been accepted for STTI in Vienna. She will be presenting “Connecting the Staff Nurse to Research: A Nursing Research Residency Program” as part of the symposium titled “Making Research Accessible: Sharing our Discoveries” on July 11th, 2007.

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Congratulations to Dr. Leslie Van Dover, School of Nursing, & Jane Pfeiffer, adjunct professor in the School of Nursing, on the publication of a journal article.

Van Dover, L. & Pfeiffer, J. (2007). Spiritual care in Christian parish nursing, *Journal of Advanced Nursing*, 57(2), p. 213-221

The article, which is published in an international tier-1 journal, is a theory of spiritual care-giving in parish nursing practice. They developed it using grounded theory research methods, obtaining and analyzing more than 50 episodes of spiritual care by parish nurses who work in churches across the USA. The actual name of the theory is “Bringing God Near,” and it is the first evidence-based theory of spiritual care-giving in parish nursing ever to be published. The practice elements reflect an integration of nursing and pastoral care-giving in this new field of parish nursing/health ministry. The article is available now in the “online early” format of *Journal of Advanced Nursing* and will be published in paper format in February.