

Goodbye, (as President) from Cathy McPhee

I write this, my last letter as your President, with a variety of emotions. I am **happy** to be moving on in my life and career. I enjoy change. I just completed my Nurse Practitioner Program at APU and look forward to new challenges in my career. I am **content** with the work that the Board and I have accomplished in the last few years. We have affirmed our members numerous times for their accomplishments. We have heightened the awareness of our community to what Sigma Theta Tau is all about. We have increased the number of nurse leaders and graduate students that we induct each spring. I am **proud** of all my Board members and their consistent dedication and loyalty even during enormously busy times. I am **thankful** to have worked with them in service to our profession. I am **nervous** to hand over the Presidency that I have loved, but **comforted** by knowing that Kathleen Taylor will fulfill all the responsibilities of this position and beyond! I am **sad** that I may not see my colleagues quite as often as I have. And lastly, I am **excited** because I know I will continue to work with the new Board and do a variety of "tasks" to benefit our Chapter. I have **loved** the experience and the people. I have been **honored** to serve. I hope more have the **courage** to get involved. This has been fun! Please continue to read our Newsletter in the fall, spring, and summer.

**With Best Wishes,
Cathy McPhee**

Dr. Hattar Receives APU Graduate Faculty Scholarship Award

Dr. Marianne Hattar, a member and past President of Sigma Theta Tau International, Iota Chapter, was honored by Azusa Pacific University at the May 8, 2004 graduation ceremony in Azusa for her contributions to nursing scholarship and the development of APU's new PhD nursing program. Dr. Hattar, a Professor in the School of Nursing, studies women's health in both American and international contexts. She was the recipient of a Fulbright Visiting Scholar Award to study women's health in Jordan in 2003, and has developed and tested instruments to collect data in the Arabic language. Hattar has presented and published research in national and international forums and also reviews manuscripts for several nursing journals: the Journal of Transcultural Nursing, Nursing Inquiry, and Nursing Ethics. Currently Chair of the Doctoral Program in the School of Nursing, Dr. Hattar has been instrumental in developing this program through leadership on the committee and preparing the program for review by the Western Association of Schools and Colleges (WASC). Although there are doctoral programs in the fields of education, physical therapy, psychology, and ministry at APU, nursing is the first discipline within the University to offer a PhD program.

Submitted by Leslie Van Dover

Nursing in the News Nurse Sets Standard for Preemie Care

from *The Salt Lake Tribune*, May 10, 2004 by Carey Hamilton via *STTI Newsletter*, *The Creative Spirit of Nursing*

Kris Karlsen, MSN, a Sigma Theta Tau International member and neonatal nurse at Primary Children's Medical Center, Salt Lake City, Utah has written a program called "S.T.A.B.L.E.." The acronym stands for the six main topics of concern for premature infants: sugar, temperature, airway, blood pressure, lab work, and emotional support. The program is used throughout the United States and in about 15 other nations. Karlsen was moved to write this program because she observed that, too often, premature infants didn't survive because the health care providers caring for them were not equipped to deal with the tiny infants. Karlsen wrote this program as the thesis for her master's degree in nursing at the University of Utah in 1993.

MARK YOUR CALENDARS, SAVE THESE DATES:

June 14, 2004 Board Meeting/ Officer Orientation, Library

July 17, 2004 Strategic planning/ Board Meeting

October 5, 2004 San Gabriel Valley Newspaper Group Health
Care Job Seek, Sheraton Suites Fairplex, Pomona

October, 1, 2004 Memory Walk

October 21 & 22 Nursing Odyssey 2004

February, 2005 Annual Meeting

November 12-16, 2005 Biennium, Indianapolis,IN

**Member Survey: TELL US WHAT YOU WANT. WHAT WOULD YOU
COME OUT TO HEAR? DO YOU WANT CEUs? SOCIAL EVENTS?
Our Web site is <http://www.apu.edu/iotasigma>
Let us know YOUR BEST TIMES FOR MEETINGS
BEST DAYS FOR MEETINGS
PROGRAM CONTENT YOU'D LIKE
SUGGESTED SPEAKERS
We want to hear from YOU!!!!**

Research Corner

by Dr. Marilyn Klakovich, Chair, Research Committee

Included in this section are updates on our Research Award recipients for the past two years and the latest information on our upcoming collaborative research conference.

Research Award Update

At the 2004 Induction Ceremony, Robin Clifton-Koeppel, MS, RNC, CPNP, CS was presented with a \$500.00 research award to assist her with her research study titled "A Survey of Assessment and Treatment Approaches of IV Extravasations in the Newborn." Robin is a 1987 graduate of the BSN Program at APU, and received her MSN at Loma Linda University. She is a neonatal clinical nurse specialist/pediatric nurse practitioner at University Children's Hospital, UCI Medical Center. We're looking forward to a report of Robin's results at our 2005 induction.

Pamela Sircar, our 2003 research award recipient, completed her research study and thesis titled: "Moving On: A Study of the socialization Process of Male Novice Nurses in the Critical care Unit." She presented her study in a poster session at the Western Institute of Nursing research conference earlier this year.

If you are interested in applying for an award to assist you with your research, please e-mail me at mklakovich@apu.edu and I will be happy to assist you to prepare and submit your application. The process is quick and easy and it's never too early to apply!

Odyssey 2004 Conference

I hope you have all checked out the links on this website with information about our fall research, education, and clinical practice conference presented in collaboration with 12 other schools of nursing (representing 10 chapters of Sigma Theta Tau International and two honor societies). It promises to be another exciting conference with lots of networking opportunities. We would love to have the Iota Sigma Chapter well represented among the attendees at this conference.

Create the Future through Renewal

from "Introducing Nursing Knowledge International," 4/27/04

The Honor Society of Nursing, Sigma Theta Tau International

Dan Pesut, President of Sigma Theta Tau International, has a "signature theme." His Presidential Call-to-Action for the 2003-2005 Biennium is "Create the Future through Renewal." He believes that creative thinking is necessary for nurse scientists, practitioners and educators. To this end, he has called for nurses to share information through a new internet resource called "Nursing Knowledge International." The site can be accessed through www.nursingknowledge.org. In it, you'll find books, articles, case studies, and other materials you'll need in order to practice evidence-based nursing. From continuing education offerings to key information to support your research, you will find all of these products and services available at a discount to members of Sigma Theta Tau International.

Health Fair in the High Desert

A first-ever health fair took place on May 8, 2004 at Serrano High School, in Phelan. The fair was sponsored by the Snowline Teachers' Association. Iota Sigma's incoming President, Kathleen Taylor, is a school nurse, and it occurred to member Phyllis Gallagher, who was on the planning committee, that Kathleen might know a little about planning health fairs. She does! Her suggestions surely contributed to the success of the day. Community resources, such as the San Bernardino County Health Department, supplied pamphlets for student health issues such as immunizations, health insurance, reproductive health, etc. Businesses in the area supplied food, games, and other enticements for students to consider healthier ways of living. Music and art were presented in happy abundance. Everyone had a great day. Thanks for your input, Kathleen.

CE EVENT ON OCTOBER 5, 2004

APU has committed to be the key sponsor for the San Gabriel Valley Newspaper Group Health Care Job Seek event at the Sheraton Suites Fairplex in Pomona, on Tuesday, October 5, 2004. Continuing education units will be provided to participants. APU's School of Nursing Continuing Education Department has been asked to coordinate CE offerings. The goal is to provide 1-2 hour sessions, some of which will be repeated so that participants can earn up to 4 CEUs at this one day event. Topics should be of general interest to nurses. Some ideas for topics which have been suggested are: Effective Patient Communication, Coaching Skills, Managing Change, Why Certify?, Creating a Culture of Safety, Pain Management Update, Patient Advocacy, Political Action, Stress and Burnout, Caring for the Caregiver, Workplace Violence, Reading and Understanding Research Reports, Enhancing Professionalism through Advanced Education. Several of our current Board members are planning to present. If you are interested in presenting one of these topics, or if you have ideas for others, please contact Marilyn Klakovich, Director of Continuing Education, School of Nursing, APU at mklakovich@apu.edu

REFLECTIONS OF A CHIRON PROGRAM MENTEE

By Badrieh Caraway

Participating in the 2003 Chiron Mentor-Fellow Program of Sigma Theta Tau International has been a unique and rewarding experience in my nursing career. Being one of the twelve members selected from a large number of applicants was the first exciting news.

The next was an invitation to a retreat. Enclosed with the invitation was a great article by Ron Heifetz on leadership and various problem-solving strategies in leadership. The retreat was a true reflection of Sigma Theta Tau International, the Honor Society of Nursing's commitment to professionalism and support of leadership roles in nursing. I felt affirmed being among my highly intelligent and motivated colleagues.

The journey started with a limousine ride from the airport to the STTI headquarters in Indianapolis and warm greetings from the Chiron Program Chair, faculty, and other Chiron Mentor-Fellow participants.

Nancy Dickenson-Hazard, RN, MSN, FAAN, Chief Executive Officer welcomed us and started the session with a presentation entitled "All About Me." Her presentation was focused on individual core values, experiences, and inner aspirations/motivations of each of us as leaders. She then introduced Daniel J. Pesut, APRN, PhD, BC, FAAN, then President-Elect. He shared his vision and encouraged us to make a difference in our patients' lives, influence change in our workplace, mentor colleagues, and help secure the Society's and nursing's future.

Both leaders set the tone for the rest of our journey of sharing the exciting projects each group was planning. We all received invaluable feedback and support from each other for each of our projects. Each member offered resources and the willingness to help each other. I was extremely fortunate to have a great Mentor, Debbie Jasovsky, RN, PhD, FAAN. By her guidance and support, she has been an inspirational partner.

I was able to complete my project successfully and have a major impact on patients' lives and on my colleagues. I am looking forward to contributing to future projects that will have a positive impact on Sigma Theta Tau International and on the future of nursing.

Please let us know where you are and what you've been doing. We'd like to share your good news regarding accomplishments, research grants, promotions, etc. in our newsletter. E-mail us or download this form and mail it to us.

School of Nursing –1203

Iota Sigma Chapter, Sigma Theta Tau

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SIGMA THETA TAU INTERNATIONAL MEMBER UPDATE

Name:

Address:

E-mail address:

Phone Numbers:

Position:

Employer:

Recent professional activities and/or accomplishments:

Date submitted: