



SIGMA THETA TAU INTERNATIONAL

The Honor Society of Nursing Iota Sigma Chapter Newsletter

Summer 2010

Chapter Officers and Leaders

President:	Lourdes Salandanan
Immediate Past President:	Marilyn Klakovich
President Elect:	Alison Riggs
Vice President:	Patricia Perry
Secretary:	Lidia Pusnik
Treasurer:	Annie Odell
Faculty Counselor & Governance Chair:	Rose Liegler
Leadership Succession Chair:	Melinda McKinley-Troop
Archivist:	Phyllis Esslinger
Student Intern:	Jennifer Ewell
Newsletter:	Vicky Bowden & Cathy McPhee
Webmaster:	Cathy McPhee

In This Issue

- 1 **President's Report**
By: Lourdes Salandanan, MSN, RN-BC, FNP
- 3 **Iota Sigma Spring 2010 Induction**
By: Patricia Perry, Vice President
- 5 **Odyssey 2010 Conference**
- 7 **The New Grad Dilemma**
By Lidia Pusnik
- 9 **An Archivist: Who and What's That?**
By Phyllis Esslinger, Professor Emeritus
- 10 **SCAN and Iota Sigma Mentorship Program Update**
- 11 **6th Annual School of Nursing Research Day Report**
- 13 **Member Highlight: Lidia Pusnik**
- 15 **Iota Sigma Scrapbook**
- 17 **Members in the News**
- 20 **2010-2011 Calendar of Events**

IOTA SIGMA CHAPTER 232 PRESIDENT'S REPORT

By: Lourdes C. Salandanan, MSN, RN-BC, FNP
President, Iota Sigma Chapter

Greetings Iota Sigma Member!

I am glad to know that many of us have already started to experience the fun and relaxation of the summer season while some of our members are preparing to depart for missions in other countries such as Haiti.

This is the same season of the year that I usually take the time to quietly reflect on the past academic year. Below are some of the highlights of the numerous activities that our chapter was involved in:

- Iota Sigma Group Page was launched on Facebook last summer
- Board Members represented our chapter and received our 3rd Chapter Key Award at the 41st Biennial Convention in Indianapolis
- Representatives to the House of Delegates continue to participate in electronic elections
- Our members were actively involved in the planning and as presenters at the Annual Nursing Odyssey in Ontario, CA
- Coordination and volunteer work at the Annual San Gabriel Valley Winter Homeless Outreach Shelter Health Clinic
- We collected 140 books and journals during our recent Book Drive for Nursing students in the Philippines
- Our Annual Fall Induction took place last December where we inducted 47 new members
- The stellar Mentorship Program for SCAN students continues to provide mentoring, career, and education opportunities
- Continuing education programs were available

CONTINUED ON PAGE 2

PRESIDENT'S MESSAGE, CONTINUED FROM PAGE 1

- Our student leadership intern successfully coordinated and presented at the Freshman Welcome
- Our Annual Information Session took place in winter
- Iota Sigma members coordinated and presented at the Second Annual Nursing Research Conference in the Philippines in Spring
- The inauguration of the pre-STTI chapter in the Philippines early this year
- We participated in the Annual APU Career Fair
- The History of Nursing Panel was inaugurated at the SON's lobby this spring
- We were in the STTI Community Service Spotlight for our participation at the Susan G. Komen Walk for the Cure in March
- Successful Collaboration with the SON at the 6th Annual Research Day in April
- Our annual business meeting took place immediately after the Annual Research Day
- Our Annual Spring Induction took place in April where we inducted 46 new members
- We granted \$7000 of scholarships to students
- We received \$400 of donations for future scholarships and the Western Conservancy of Nursing History
- We raised \$2,243 at our Silent Auction
- Our membership has grown to an astonishing 1210 members this year

It is satisfying to know that we have continued to maintain the vibrancy of member activities that has been the hallmark of Iota Sigma. Having all of this in mind, your Iota Sigma Board held its Strategic Planning and Transition Meeting on June 23rd at the home of president-elect Alison Riggs. It was inspiring to know that our board members would like to see even more commitment within the community. Discussion took place surrounding possible community projects and the decision was made to involve the members in choosing a community project.

Our question for you, as Iota Sigma Chapter Members, is how would you like our chapter to be more involved with the community? Do you know of any community efforts with which you think Iota Sigma should be involved? Please feel free to send me your comments and suggestions at lsalandanan@mail.cvhp.org

I would also like to invite all seniors to seriously consider applying for the Student Leadership Intern Position. This is a great opportunity for students to receive mentorship and coaching from our board members. It is a great way to be involved and to lead various chapter activities. Please contact me for further inquiries.

This edition of our chapter newsletter will highlight several of our most recent activities including our 6th Annual Research Day, our spring induction, member perspective, board member perspective, and tips on how to maintain clinical skills while waiting for job opportunities. We also included the registration form for this fall's Nursing Odyssey and our Chapter Calendar.

Have a wonderful and safe summer!

IOTA SIGMA SPRING 2010 INDUCTION BY: PATRICIA PERRY, VICE PRESIDENT

The Iota Sigma Spring Induction 2010 was well attended with 146 total attendees. The inductees totaled 46 from a variety of nursing programs at Azusa Pacific University (CAPS, Traditional UG, SCAN, and MSN), nine from Biola University; two International Nurse Leaders, and two local Community Nurse Leaders for a grand total of 59 inductees.

We were honored to have four gracious visiting China Nurse Scholars attend the function hosted by Dr. Kathaleen Reid-Martinez, these included Tang Biyun, Zhou Lili, Shao Linling, Xu Shuangyan. These Nurse Scholars are masters-prepared nurse managers from the 2nd Hospital affiliated with Zheizhang University - one of the top hospitals in China. The ladies are currently experiencing a leadership/management clinical rotation at City of Hope as part of an international exchange program with Azusa Pacific University School of Nursing and their home institution.

Our newly inducted International Nurse Leaders include Dr. Josefina A. Tuazon and Dr. Cora Anonuevo. Our newly inducted local community Nurse Leaders included Maria Dulce Posa and Maria Brigitte Nario. Please see details below and the accompanying pictures.

International

Josefina Angeles Tuazon, RN, MN, DRPH, University of the Philippines.

Centennial Professorial Chair, University of the Philippines Manila. Dean, College of Nursing since 2004; Faculty since 1986. Head, World Health Organization (WHO) Collaborating Center for Leadership in Nursing Development since 2004.

Cora Anonuevo, RN, PhD, University of the Philippines.

Associate Professor, University of the Philippines College of Nursing with specialization in Adult Health Nursing and Community Health Nursing. Participated in the development and publication of the *Competency-based BSN Nursing Curriculum (3 volumes)*, Revised edition, 2006.

Awarded Most Outstanding Teacher of University of the Philippines-Manila and recipient of the UP Centennial Faculty Grant.

Local

Maria Dulce M. Posa, RN, BSN, MAN (Masters of Arts in Nursing, Central Philippines University).

Director of Nursing, Upland Rehabilitation & Care Center, Upland, CA (2006 to present).

Directs 130 staff and daily clinical operations of 203-bed facility.

Nurse Executive-Certified, American Association of Nurse Executives.

Wound Care Certified, National Alliance of Wound Care.

Forensic Nursing Certification.

IOTA SIGMA SPRING 2010 INDUCTION, CONTINUED FROM PAGE 3

Maria Brigitte Lao Nario, RN, BSN, MA in Nursing, University of the Philippines College of Nursing.

Nursing Instructor, Azusa Pacific University, SCAN (Second Careers in Nursing) Program; 2007 to present.

Clinical Nurse (cardiac monitoring) at Whittier Hospital Medical Center; 2006 to present.

Associate professor, University of the Philippines; 1986-2005.

Fellow, World Health Organization in the Western Pacific.

Donations received

\$400 was received in total for Iota Sigma Scholarship and Western Conservancy of Nursing History.

Thank you for your support.

**Silent Auction report
Submitted by Kathy Van Allen**

Thank you to the following individuals and organizations for donating items to our silent auction:

Citrus Valley Health Partners	Mindy Throop	Vicky Bowden
Citrus Valley Medical Center	Karl & Kathy Van Allen	Andrea Morris
Foothill Presbyterian Hospital	Cathy McPhee	Judy Chacon
Rose Liegler	Ann Kuns	Gail Katz
Phyllis Esslinger	CVHP MAP Program	EENAP San Diego
Viann Duncan	Donna Brennan	Kathy Milam
Lourdes Salandanan	Alison Riggs	Bradford Portraits

Many Iota Sigma members as well as inductees and their families purchased silent auction items, raffle tickets and STTI brass plates at the induction. This year, Iota Sigma raised \$2,243 from these three fundraisers ~ all of which will go toward nursing scholarships. Thank you for your support!!

SIGMA THETA TAU INTERNATIONAL HONOR SOCIETY OF NURSING ODYSSEY 2010 CONFERENCE

**“CREATING A LEGACY OF CARING: FOR THE WORLD COMMUNITY,
THE PROFESSION, AND OURSELVES ”**

October 28 & 29, 2010

Town and Country Resort and Convention Center, San Diego

Gamma Gamma
Iota Sigma
Omicron Delta
Rho Beta
Nu MU
Gamma Tau at Large
Xi Theta



Gamma Alpha
Iota Eta
Upsilon Beta
Zeta Mu at Large
Phi Alpha
CSUSM Honor Society

PROGRAM

Research and Innovative Sessions: Speakers identified after abstracts reviewed

THURSDAY PROGRAM 10/28/10

7:30-8:30	Registration & Continental Breakfast Exhibits & Posters
8:30-8:45	Welcome
8:45-9:45	KEYNOTE Carol Huston: Past President-STTI
9:45-10:15	Break (Exhibits, Posters & Refreshments)
10:15-11:45	Breakout Session I A. Research Session B. Innovation Session
12:00-1:00	Lunch (Exhibitors & Posters)
1:00-2:30	Breakout Session II A. Research Session B. Innovation Session
2:30-3:00	Exhibits, Posters & refreshments
3:15-4:00	Speaker: Captain Angelica Almonte, NC, USN
4:00-4:30	Debrief the Day, Raffle

FRIDAY PROGRAM 10/29/10

7:30-8:30	Registration & Continental Breakfast Exhibits & Posters
8:30-8:45	Welcome
8:45-9:45	KEYNOTE Lori Burnell: Scripps Mercy
9:45-10:15	Break (Exhibits, Posters & refreshments)
10:15-11:45	Breakout Session I A. Research Session B. Innovation Session
12:00-1:00	Lunch (Exhibitors & Posters)
1:00-2:30	Breakout Session II A. Research Session B. Innovation Session
2:30-3:00	Exhibits, Posters & refreshments
3:15-4:00	Speaker: Michelle Post: OneLegacy
4:00-4:30	Summation, Raffle, Poster Awards

**“ Creating a Legacy of Caring: For the World Community,
the Profession, and Ourselves “**
OCTOBER 28 & 29, 2010

Conference Objectives:

1. Promote the goals of the society, to increase nurse leaders and scholars.
2. Provide an avenue for dissemination of research, clinical, and educational topics.
3. Utilize role models to encourage excellence in students and colleagues of nursing.
4. Increase networking opportunities and promote collegiality among local chapters.
5. Encourage nurses to spread their influence globally to effect positive health care change.

HOTEL INFORMATION:

Town and Country Resort and Convention Center
500 Hotel Circle North, San Diego, CA 92108

For reservations, call 1-800-772-8527 to book, modify, or cancel a reservation or call 619-291-7131 and ask for reservations. You may also book your reservation online at https://resweb.passkey.com/resweb.do?mode=welcome_ei_new&eventid=2509515. For information on the Town and Country, go to www.towncountry.com. Convention rate \$110.00 plus tax. Group Convention Cue is Sigma Theta Tau. If room block is sold out contact marlene.s.ruiz@kp.org to investigate increasing the size of the room block.

Note: Dress is Business casual. Due to the lack of control for the ambient temperature, we recommend you bring a light sweater or jacket for your comfort.

REGISTRATION: Tear off and return this section with registration fee. Everyone who registers with a postmark by October 1, 2010 will get their name entered into a contest drawing. The winner will get their registration fees reimbursed. Make checks payable to: So. Ca. STT Research Fund. Mail to Marlene Ruiz, 1574 Penasco Rd., El Cajon, CA 92019.

For more information about the conference check web page <http://gammagamma.sdsu.edu/> or <http://www.omicrondelta.net/> or e-mail: marlene.s.ruiz@kp.org

Cancellation Policy: No refunds for cancellations after October 15, 2010.

Name _____

Address _____

Phone: Home (_____) _____ Work (_____) _____

E-mail: _____

STTI Member Yes No Chapter _____

If student, identify school:

Check one:	Thursday	Friday	Both days
RN	<input type="checkbox"/> \$135	<input type="checkbox"/> \$135	<input type="checkbox"/> \$250
Student	<input type="checkbox"/> \$65	<input type="checkbox"/> \$65	<input type="checkbox"/> \$110
Retired RN (Non-working)	<input type="checkbox"/> \$80	<input type="checkbox"/> \$80	<input type="checkbox"/> \$150

Includes program proceedings, continental breakfast, lunch, breaks and contact hours.

Provider approved by the California Board of Registered Nursing, Provider #00788 for 7.5 contact hours/day

Vegetarian Meal Please First time attendee? Yes No

How did you hear about Odyssey 2010? E-mail Chapter Website STTI Website Flyer

THE NEW GRAD DILEMMA

By Lidia Pusnik

As I completed my student evaluations and submitted them to the appropriate personnel at the local Junior College, I had no idea about what was to come for some of my nursing students. Prior to Fall semester 2009, nursing students had networked, interviewed and were even hired prior to receiving a nursing diploma and their nursing licensure. However this particular year, things changed.

Shortly after graduation, I began to receive emails from student regarding the challenges of getting hired as a newly graduate nurse. The only way I could respond is by reminding them to keep their faith and do not give up...continue reading, practicing skills, and take the Boards. As time passed, one particular new grad named Veronica found this frustrating and worrisome.

Although she followed my suggestions, Veronica still struggled with trying to make connections at any hospital to arrange for an interview. It took her several months of anguish and doubt as to whether nursing was the right profession for her. I corresponded with her via email and tried giving encouraging words to 'stick with it' and something will happen. She worried that all the skills, concepts, and rationales learned while in school and clinical would leave her memory. I could hear through her emails that motivation and enthusiasm was diminishing from her nursing spirit. I sensed hopelessness. Her options at this point seemed tedious to say the least.

The fact is that the job market for nurses has become overwhelmed with new grads. In today's state of economy, more experience RNs who have not worked acute care for years are reconsidering or forced to return to the bedside. Not surprisingly, managers of acute care are more likely to hire them over new grads. So, the question remains, what can a new grad new do in the interim between graduation and employment? What strategies, if any, are there for networking and maintaining even a novice skill level? How does one stay inspired to keep learning and not give into despair and negativity? It takes self-confidence, discipline and motivation.

In this job economy, new grads have to get creative, be assertive and self-driven to get the opportunities needed to get hired into the nursing profession that they so want to be in. Some new nurses have reported accepting or maintaining jobs in lesser positions, such as LVN, CNA, and Psych Tech. Some even remain employed outside of healthcare until a position becomes available. These new nurses may find themselves in limbo, without direction and contemplating what the next step should be.

Ultimately, what I relayed to my students was to consider all options and be willing to accept any opportunity that presents itself. Any experience was better than none. I encouraged them to make and keep open communication with nursing managers and educators at hospitals. This was important so that managers know you are still interested in employment at their facility. Another strategy is to attend job fairs and make yourself known by standing out above all others. Let your caring and professional persona shine above others. This can be done either by corresponding by email or leaving a simple message. Remember to stay in focus and keep connected with the school of nursing.

THE NEW GRAD DILEMMA, CONTINUED FROM PAGE 7

Schools have the tools needed to test knowledge, challenge critical thinking and maintain clinical skills. Maintain the habit of reading and learning through journals or reviewing textbooks. Challenge yourself through computer programs available at the skills lab. Apply information to daily events that may be encountered outside of clinical settings or review case studies, because this will all help in remembering situations. When possible, it is important to participate and attend nursing education courses. That can be a great way to meet and network with other registered nurses already in the workforce.

These are all steps and actions that new grad nurses can take while seeking employment. They are actions Veronica took to keep the faith and stay focused on what she worked so hard to accomplish thus far. She is now working (orienting) in her new role as a registered nurse on a telemetry unit. Veronica is now learning to be the professional she set out to be.

AN ARCHIVIST: WHO AND WHAT'S THAT?

By Phyllis Esslinger, Professor Emeritus

An Archivist, all chapters of Sigma Theta Tau International should have one, and Funk and Wagnall says it is one who keeps archives—you know, public records that are kept somewhere. Now, let us turn to the STT job description; this includes three functions: (1) to procure a place to keep records, (2) to gather the records and preserve them, and (3) to annually update the history of the chapter. You would think these are simple to perform: well, not quite!

This is the fourth year that we have had an archivist in our chapter--yours truly. And actually, I agreed to the position since I thought "what a piece of cake." What a joke!

My first endeavor was to seek a place to keep the records—not an easy feat. Of course, the logical place was somewhere in the School of Nursing, but members of the faculty were already sitting in each other's laps. Space being a premium and after three months of explorations, I finally acquired a spot in the School of Nursing Library. Next, I needed a large file cabinet that I finally commandeered when the accrediting body left it that February. You guessed it; equipment is also hard to come by; and for an archive—whatever that is and few seem to see its importance. Anyway, this was a beginning in housing our records and history, which now needs a bigger home with more file space.

Once having a space to nest, I turned to securing the chapter records. This is now a problem that I am working on. And much to my surprise, I am finding them in numerous places. For example, I found some in our School of Nursing duplicating room at APU and some in Anita Roseborough's attic before she moved and some actually filed neatly in a cabinet. Nevertheless, all is coming together, I hope.

Now to face the third function, that of the historical update. Alas, at first, I thought only of a written update, a sort of summary of all that has happened—a kind of diary. This was easy, since our president of four years ago, Cathy McPhee, presented an outline of this at the yearly chapter installation luncheon and 25th birthday celebration. Well, four years later I need to now get myself together to bring this up to date, which is no easy task when one is already very busy with other things. And then, too, I realized that there is much more to this than meets the eye. The real job is the preservation of records and memorabilia of the chapter; a major task for the future. All records, photos, and other memorabilia must be organized and preserved in a manner that prevents disintegration. So far this endeavor has forced me to take three workshops on archiving, just an initiation into archiving! But that's who and what an archive is—a preservation (er) of our history.

(P. S. if anyone would like to help or has an interest in this please let me know
–pesslinger@apu.edu)

SCAN AND IOTA SIGMA MENTORSHIP PROGRAM UPDATE

Iota Sigma and the SCAN Team will introduce the mentorship program to a new group of SCAN students, Cohort 7, and their mentors on Monday August 23, 2010 at 5 PM in the Felix Event Center Hall of Champions.

A networking dinner for cohort 6 students and mentors is planned for October 12, 2010 at 5:30 PM. Students from cohort 5 will be sharing their experiences with the NCLEX review and testing process, and pass along tips for success.

A networking dinner for cohort 5 students who are now in the graduate program and their mentors is in the works. A panel consisting of advanced practice nurses in a variety of specialties will share their experiences with the students.

We are still recruiting mentors for Cohort 7. If you are interested in more information about our mentoring programs or are interested in becoming a mentor, please contact Marilyn Klakovich, Past President of Iota Sigma and member of SCAN Team: mklakovich@apu.edu



President Lourdes C. Salandanan with SCAN Mentees at the Fall Induction Ceremony

6TH ANNUAL SCHOOL OF NURSING RESEARCH DAY: APRIL 8, 2010 INTERNATIONAL HEALTH, PANDEMICS & VULNERABLE POPULATIONS



Each year, the School of Nursing and Iota Sigma cosponsor a Research Day to:

- Provide an avenue for dissemination of evidence-based research and linkages to clinical applications.
- Utilize researchers as role models to encourage excellence in students and colleagues.
- Provide networking opportunities and promote collegiality among students and nursing professionals.
- Provide a forum for students and nurses from the community to present their work.

Over 600 nurses, students and faculty attended our 2010 event. Our keynote speakers included Dorothy L. Powell, EdD, RN, FAAN, Associate Dean, Office of Global and Community Health Initiatives, Duke University (*“Office of Global and Community Health Initiatives [OGACHI] as a Catalyst for Academic Change”*); Dr. Haroutune K. Armenian, Professor in Residence at UCLA School of Public Health and Epidemiology (*“Common Paradigms for Epidemics and Disasters: Research during a War and following an Earthquake”*); and Adey Nyamathi, ANP, Ph.D., FAAN, Associate Dean for International Research and Scholarly Activities and Audrienne H. Moseley Endowed Chair (*“International Partnership Process: India”*).

A poster session featured 27 posters submitted by faculty, students and nurses in the community and awards were presented to the following winners:

- EENAP Students: Grace Lee & Hsin-Ying Lin
How is Hepatitis B Virus Spread?
- MSN Student: Amy Byron Heerschap, RN
The CNS Impact on Patient Care and Outcomes through Global Perspectives: A Case Study

6TH ANNUAL SCHOOL OF NURSING RESEARCH DAY REPORT, CONTINUED FROM PAGE 11

- PhD Student: Khaled Alomari, BSN, RN, MSN, NP, PhD(c)
A Model Predicting Self-Care Among Patients with Heart Failure
- Community: Southern California Kaiser Permanente Anna K. Omery, RN, DNSc, NEA-BC, Betty L. Chang, DNSc, FNP, FAAN, FACMI, June L. Rondinelli, RN, MSN, CNS
Regina M. Valdez, MA, Cecelia L. Crawford, RN, MSN
Nurse Scientist Partnership Between Kaiser Permanente Medical Centers and Academic Schools of Nursing

Breakout Sessions focused on

- Self Management: Immigrants
- Living with Chronic Conditions
- Vulnerability in Women's Health
- Vulnerable People in Crisis

Iota Sigma members participated as speakers, poster presenters, representatives on the planning committee and volunteers who assisted the day of the event. Members on the planning committee included Linda Hansen-Kyle, Patricia Perry, Marilyn Klakovich, Sheryl Tyson, Pam Cone, Felicitas dela Cruz, and Karla Richmond. Iota Sigma members also served as poster judges (Linda Hansen-Kyle, Shirley Farr, Marie Fongwa, Jim Adams, Lourdes Salandanan, Alison Riggs, Rose Liegler, Patricia Perry) and registration coordinators for the day of the event (Lourdes Salandanan, Alison Riggs, Kathy Falco, Mindy Throop, Jennifer Ewell, Patricia Perry).

Research Day stands as an important outreach event for the School of Nursing targeting Iota Sigma members, preceptors, nurses in collaborating healthcare facilities, and alumni as well as students and faculty. Please stay tuned for announcements about our 7th Annual Research Day to be held Spring, 2011 and plan to attend this exciting event. If you have any questions, contact Marilyn Klakovich, mklakovich@apu.edu, Co-chair, Research Committee.

MEMBER HIGHLIGHT: LIDIA PUSNIK

STTI member Lidia Pusnik was highlighted as a new member. Now, as a recent addition to our board for Iota Sigma chapter, Lidia updates members on her career, her accomplishments, and what being a member means to her.

I have been a registered nurse for over 11 years now. Initially an ADN prepared RN, I worked as a staff nurse on a Medical/Surgical/Orthopedic Unit at Citrus Valley Health Partners, Inter-Community Campus. After a few years of gaining great experience caring for patients, I was awarded “Nurse of the Year 2001”. Following this honor, I advanced to charge nurse and returned to academia.

In June of 2007 I obtained my BSN from Cal State University Fullerton. I continued to work in telemetry and critical care units until an opportunity arose for me to return to my roots in Med/Surg to become the unit Clinical Educator. Subsequently, I became adjunct faculty at MT. San Antonio College in Walnut, CA for the advanced Med/Surg and critical care clinical rotations. Both of these roles opened many opportunities for advancement in the nursing profession. In 2008 I was a finalist in the Mentoring Category for the Nurseweek Excellence Award. Soon after, I received my lavender cord!

To be in the company of such accomplished nursing professionals throughout Southern California is truly an honor. I firmly believe and acknowledge that if it were not for my education, none of my growth and accomplishments would have been possible. After completing my BSN, doors opened in terms of opportunities, challenges and even acknowledgements. _My passion for nursing and patient care has evolved and solidified over the past 11 years. The feeling I get from doing right by another is extremely gratifying. Watching a person in need slowly reach a place of healing in mind, body and spirit brings a feeling of good will.

Regarding my role as a clinical educator: any moment I can inspire, motivate, and spark a passion in an RN, staff member, or patient feels miraculous. The occasional, precious moment when coaching another nurse arises and learning takes place is like watching a ‘shooting star’. These are one of the moments that motivate me.

I feel so fortunate to be in a profession that emphasizes and values professional growth and education. It is through listening to a lecture or speaking with a colleague when I feel motivated. For me, that connection with fellow nurses and mentors is so important. I constantly find myself being inspired by the many mentors with which I surround myself. I appreciate their positive and enthusiastic energy.

A year and a half after earning my BSN I was nominated to become a member of STTI. Through Lourdes Salandanan’s guidance and inspiration, I was inducted in December 2008. My induction served to identify and acknowledge me as a nurse leader. It was an exciting day and an honor to become part of such a prestigious nursing society such as STTI. It was a bonus to have co-workers to share that moment with; notably Lourdes Salandanan, Kathy Van Allen, Ofelia Layugan, as well as Allison Riggs, who hired me as a new grad nurse nearly a decade ago.

MEMBER HIGHLIGHT: LIDIA PUSNIK, CONTINUED FROM PAGE 13

My involvement up to this point has been minimal. With that said, I am looking forward to playing a bigger role within STTI as I start the upcoming year as the secretary of the board. I have no doubt in my mind that being an active board member for Sigma Iota chapter will be both a learning and rewarding experience. I have already observed that the nurses connected with the honor society are motivated, smart and caring (the foundation of our nursing profession)._

I think that STTI members are on the right track. If I was to recommend anything to STTI members it would be to have more opportunities for collaboration between active members and those non-active members. We definitely want to maintain our membership and get nurses involved. Being more active and open throughout the community (or acute care facilities) makes others aware of who we are and what we do. I think we deserve more acknowledgements. We deserve the spot light

IOTA SIGMA SCRAPBOOK



Iota Sigma Board at the Fall Induction (December 2009)



The 2009 Nursing Odyssey



Induction of the International Nurse Leaders



IOTA SIGMA SCRAPBOOK, CONTINUED FROM PAGE 15



The 2010 Biennial Convention.



The Iota Sigma Board

MEMBERS “IN THE NEWS”

Two awards were granted to Dr. Vicky R. Bowden, Director of the Honors Program, School of Nursing, at a national and a regional conference.

Bowden, V. R. (2010, April). *The Margaret Miles Distinguished Service Award*, Society of Pediatric Nurses. _ Awarded at the annual conference in Orlando, FL.

The Margaret Miles Distinguished Service Award is _named after the first president of the Society of Pediatric Nurses (SPN). The award is presented in recognition of outstanding leadership, participation, and contributions toward achieving the goals of SPN.

Bowden, V. R. (2010, February). The Excellence in Service Award, Orange County Society of Pediatric Nurses. Awarded at the regional conference in Orange, CA.

The Excellence in Service Award recognizes nurses who make significant contributions to the work of the Orange County Chapter of the Society of Pediatric Nurses and to the community to improve the health and welfare of children.

* * *

The expertise of Dr. Felicitas dela Cruz, School of Nursing, contributed to the creation of a new professional resource for nursing masters and doctorate programs.

In her role as on the Advisory Board on Cultural Competency for Master’s and Doctoral Programs for the American Association of Colleges of Nursing (AACN), Dr. Felicitas dela Cruz announced the creation of a resource on cultural competency for master’s and doctoral programs in nursing at the AACN website: <http://www.aacn.nche.edu/Education/cultural.htm>

Several faculty members from APU have been selected to participate in the “Train the Trainer Cultural Competency Program” at Santa Barbara on December 4, 2009. The whole AACN cultural competency project has been supported by the CA Endowment.

* * *

A presentation, prepared by Dr. Felicitas A. dela Cruz, School of Nursing, and a professional organization subgroup, was given at a national conference.

Dela Cruz, F. A. (2010, February). *Establishing a culturally competent master’s and doctorally prepared nursing workforce*. Paper presented at the annual AACN Master’s Education Conference, New Orleans, LA.

Dr. dela Cruz served as a member of the American Colleges of Nursing (AACN) Cultural Competency Advisory Group that formulated the cultural competencies. __

MEMBERS IN THE NEWS, CONTINUED FROM PAGE 17

A paper, written by Dr. Felicitas A. dela Cruz, Maria Brigette L. Nario, and Dr. Catherine Heinlein, School of Nursing, was presented at a national conference.

Dela Cruz, F.A., Nario, M. B. L., & Heinlein, C. (2010, February). *The food intake, acculturation, dietary changes and practices, and health status of Filipino Americans: A pilot study.* Paper presented at the 7th Annual Conference of the Asian American Pacific Islanders Nurses Association, Chapel Hill, NC.

* * *

A presentation, prepared by Ms. Shirley Farr, Dr. Felicitas A. dela Cruz, Dr. Marilyn Klakovich, and Ms. Phyllis Esslinger, School of Nursing, was given made at a national conference.

Farr, S., dela Cruz, F. A., Klakovich, M. & Esslinger, P. (2010, February). *Faculty development for enhancing second career student cultural self-efficacy.* Presentation at the annual AACN Master's Education Conference. New Orleans, LA.

* * *

A poster presentation was give by Professor Ginny Hart-Kepler at a regional conference.

Hart-Kepler, G. (2010, April). *Health literacy and diabetes self-management in Mexican immigrants.* Poster presented at the Western Institute of Nursing Research Annual Conference, Glendale, AZ.

* * *

A paper, written by Anna Hefner, Dr. Renee Pozza, both of the School of Nursing, and a colleague, was presented at a national conference.

Hefner, A, Pozza, R, & Hassanein, T. (2010, June). *Community awareness of non-alcoholic fatty disease (NAFLD).* Paper presented at the annual conference of the American Academy of Nurse Practitioners, Phoenix, AZ

* * *

A chapter, written by Ms. Maria Brigette Nario, School of Nursing, was published in a recent book.

Nario, M. B. (2010). Maternal child health. In G. R., Mosby, *Essential concepts for the Philippine nurse licensure exam* (pp. 140-169.) Singapore: Elsevier.

MEMBERS IN THE NEWS, CONTINUED FROM PAGE 18

A paper written by Ms. Julie Pusztai, School of Nursing, was presented at a regional nursing research conference.

Pusztai, J. (April, 2010). *Predictors of life satisfaction in people 80 years of age and older.* ___
Research paper presented at the annual meeting of the Western Institute of Nursing conference (WIN), Glendale, AZ.

* * *

An award presented to alumni Michelle Garbe Rodriguez.

Rodriquez, Michelle (Nov. 2009). The Nurse of the year at UCLA Ronald Reagan Medical Center.

* * *

A paper written by Dr. Leslie Van Dover, Dr. Aja Tulleners Lesh, Dr. Pamela Cone, Ms. Grace Moorefield, School of Nursing, and Dr. K. Reid-Martinez, Administration, was presented at regional research conference.

Van Dover, L., Tulleners-Lesh, A., Reid-Martinez, K., Cone, P., & Moorefield, G. . (2010, April). *A nursing 'semester abroad' in South Africa.* Research paper presented at the annual meeting of the Western Institute of Nursing (WIN), Glendale, AZ.

APU is currently the only nursing school in the US that provides a program for professional student nurses that allows them to do pre-licensure full time study of nursing in a foreign country for an entire semester (14 weeks).

2010-2011 IOTA SIGMA CALENDAR

<p>23 Transition Meeting</p>	<table border="1" style="margin: auto; border-collapse: collapse;"> <thead> <tr style="background-color: #00A0C0; color: white;"> <th colspan="7">JUNE '10</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td style="background-color: #90EE90;">23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr> </tbody> </table>	JUNE '10							S	M	T	W	Th	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				<table border="1" style="margin: auto; border-collapse: collapse;"> <thead> <tr style="background-color: #00A0C0; color: white;"> <th colspan="7">JULY '10</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td style="background-color: #FFD700;">5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </tbody> </table> <p>5 Independence Day (Observed) 12-16 21st STTI International Nursing Research</p>	JULY '10							S	M	T	W	Th	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							
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<p>14 Information Meeting Board Meeting</p> <p>21 Presidents Day</p>	<table border="1" style="margin: auto; border-collapse: collapse;"> <thead> <tr style="background-color: #c6e0b4;"> <th colspan="7">FEBRUARY '11</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td style="background-color: #c6e0b4;">14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td style="background-color: #f4cccc;">20</td><td style="background-color: #f4cccc;">21</td><td style="background-color: #f4cccc;">22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table>	FEBRUARY '11							S	M	T	W	Th	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28						<table border="1" style="margin: auto; border-collapse: collapse;"> <thead> <tr style="background-color: #c6e0b4;"> <th colspan="7">MARCH '11</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td style="background-color: #c6e0b4;">13</td><td style="background-color: #c6e0b4;">14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td></tr> </tbody> </table> <p>13 Daylight Savings Time Begins</p> <p>14 Board Meeting</p> <p>TBD Research Day & Annual Meeting</p>	MARCH '11							S	M	T	W	Th	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31									
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