

lota Sigma Chapter

Iota Sigma Supports School Nurses



Pictured: Attendees at the 2017 School Nurse International Conference

Thank you, Iota Sigma Chapter for helping to sponsor breaks at the July 2017 School Nurse International (SNI) Conference held at San Francisco State University, San Francisco, California. About 130 School Nurses from countries such as Australia, Ethiopia, Ghana, Ireland, Japan, Kenya, Lebanon, Nigeria, Philippines, Slovenia, Sweden, Thailand, United States, United Kingdom, etc., convened under the organizational team of Lois Schultz Grant and Pat Christie, Co-Chairs from the California School Nurse Organization-Bay Coast Section, and Mary Ann Van Dam Dean of the School of Nursing at SFSU. Cont... Did you know? SNI was started in 1981 by Mary Henley, good friend of our Phyllis Esslinger.

SPRING 2018 NEWSLETTER

in

Nurses spent the week ...

• Comparing and contrasting school nurse practice with common threads of research and clinical innovation. Breakout sessions included presentations on:

41 Developmental Assets

-Mental Health Concerns around Identification of Exploited Children

Gypsy and Traveler, Refugee Settings along with Mutilation of

Female Genitalia, Depression, etc.

-Building of Resiliency

-More traditional practices of vision, posture, and sudden cardiac

arrest practices.

- Interacting with vendors
- Sight seeing around San Francisco including a bay cruise
- Networking with each other during breaks, meals in the cafeteria, etc.

Again, thank you Iota Sigma Chapter for your generosity. Everyone looks forward to the School Nurse International Conference 22-26 July 2019 Scandia Foresta Stockholm, Sweden. Abstract submission starts August 2018 and Registration November 2018 at www.schoolnursesinternational.com



A MESSAGE FROM YOUR PRESIDENT...

I would like to welcome our newest inductees! On March 17, 2018, we held our Spring Induction. Over 120 people attended! 56 students and three nurse leaders were inducted.

A total of \$789 was raised from fundraising and silent auction. These funds will go towards future scholarships and research grants.

Thank you to all the family and friends who attended and helped us celebrate our inductees!

Many Blessings.... Tiffany Montes, BSN, RN, Iota Sigma Chapter President

Congratulations Spring Inductees!



Member Spotlight

Valerie Willis, PhD, RN, PPCNP-BC, PCNS-BC, was awarded a Sigma Theta Tau International Honor Society of Nursing (STTI)-Iota Sigma Chapter Research Grant in 2016 to support completion of her dissertation research. The focus of her research was hospital construction and infant hearing, specifically, the relationship between hospital construction and high risk infant auditory function at neonatal intensive care unit (NICU) discharge. Institutional review board oversight was obtained for a retrospective descriptive cohort study of this largely unexplored phenomenon. De-identified secondary data for infant cases from a single study site was divided into two cohorts (preconstruction controls; construction exposed group) and statistically analyzed to determine group differences. The primary outcome variable was newborn screening result prior to NICU discharge as measured by automated auditory brainstem evoked response (ABER). Although twice as many hospital construction exposed infant cases had abnormal ABER at NICU discharge as compared to the unexposed controls, the difference was statistically insignificant. Nevertheless, further research is indicated due to known limitations of a retrospective design and the plethora of well-documented adverse effects of excessive acoustic exposure in a typical NICU. The completed study was presented at the STTI Nursing Odyssey Conference in October 2017 and published online in the *Health Environments Research and Design* (HERD) Journal in December 2017.

Dr. Willis earned her PhD from the University of San Diego Hahn School of Nursing (USD-SON) and Health Science, Beyster Institute of Nursing Research, Advanced Practice, and Simulation in 2017. Additional funding was received from the USD-SON, Jonas Center for Nursing and Veterans Health Care, and the March of Dimes. Dr. Willis is a member of the STTI, Iota Sigma Chapter and the APU Graduate School of Nursing Class of 2008 with a dual specialty as a pediatric nurse practitioner and parentchild clinical nurse specialist. In conjunction with clinical practice, she looks forward to collaborative. interprofessional research in the high risk infant population.

Congratulations!

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Member Spotlight

Iota Sigma Chapter member, Christine Magnus Moore RN, BSN, PHN, BMTCN, a Hematology Stem Cell Transplant Nurse Coordinator, was featured in the December 2017 issue of the Pasadena Magazine. The article discusses her nursing career, work at City of Hope and her book, *Both Sides of the Bedside: From Oncology Nurse to Patient, an RN's Journey with Cancer.*



Members in the News!

An opening remarks presentation by **Dr. Kathleen Ruccione**, School of Nursing, was shared at an international conference.

Ruccione, K. (2017, October). SIOP nursing 2017: A brief look back and a view ahead. Presented at the 49th Congress of the International Society of Pediatric Oncology (SIOP), Washington, DC. A closing keynote presentation by Dr. Kathleen Ruccione, School of Nursing, was shared at a regional conference.

Ruccione, K. (2017, October). Health communication: Words are powerful drugs. Presented at the 10th Annual Regional Pediatric Palliative Care Conference, Long Beach, CA.

A chapter written by **Mary Lynne Knighten**, DNP, RN, NEA-BC (adjunct), was published in a book.

Knighten, M.L. (2018). Health care grant writing in acute, ambulatory and community care. In K.T. Waxman (Ed.), Financial and business management for the doctor of nursing practice (2 nd edition, pp. 287-313). New York, NY: Springer Publishing Company.

An article by **Dr. Constance Milton**, School of Nursing, was published in a journal.

Milton, C. L. (2018). Will nursing continue as the most trusted profession? An ethical overview. Nursing Science Quarterly, 31(1), 15-16. doi:10.1177/0894318417741099

Abstract: Trust-mistrust is a paradoxical rhythm found in all healthcare disciplines. The discipline of nursing has traditionally been regarded as the most trusted. What are the ethical obligations for professional nurses in establishing community relationships of trust according to societal needs and desires? Specifically, the author seeks to conceptualize and discern potential implications for fiduciary trust and the future of nursing as a healthcare discipline.

Milton, C. (2017). The ethics of big data and nursing science. Nursing Science Quarterly, 30(4), 300-302.

Abstract: Big data is a scientific, social, and technological trend referring to the process and size of data sets available for analysis. Ethical implications arise as healthcare disciplines, including nursing, struggle over questions of informed consent, privacy, ownership of data, and its possible use in epistemology. The author offers straight-thinking possibilities for use of big data in nursing science.

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Members in the News!

Janice Haley PhD, APRN, C-PNP, FNP, CNE, APU Faculty, presented at a conference.

Haley, J. (2017). Strengths of Parents Caring for Their Children in Hospice / Palliative Care: An International View. Global Nursing 2017, Las Vegas, NV: November, 2017.

Pamela H Cone, PhD, APRN-CNS, APU Faculty, presented at a conference.

Cone, P.H., & Giske, T. (2017). *Strategies for Integrating Spiritual Care into Nursing Education and Practice*. Global Nursing 2017, Las Vegas, NV: November, 2017.



Pictured above: Dr. Janice Haley and Dr. Pamela Cone (among others) at the Global Nursing Conference in Las Vegas, Nevada.

WE APPLAUD **YOU**, OUR MEMBERS!

14th Annual Research Symposium

In the conference program for the 14th Annual Nursing Research Symposium, Bridging Transitions of Care through Research and Evidence-based Practice. Dean Aja Lesh noted that "As evidence mounts that the cost of poorly managed transitions is now in the billions, it becomes imperative that we fully engage nursing at all levels in the delivery of care and at all points on the continuum of health. The 14th Annual Nursing Research Symposium has embraced this challenging topic and explores the research related to the transition from acute to ambulatory primary care and to the home."



Pictured: (from left to right) International keynote speaker, Dr. Jinfeng Jin with Dr. Aja Lesh and Dr. Judith Karshmer.

The Research Symposium was established 14 years ago as an ongoing commitment to integrating research into practice. It serves to prepare students and clinicians for the challenges they will face in their careers as nurses. It also creates a wonderful opportunity to encourage both students and clinicians to develop new ways to improve their practice and to work together to share evidence to improve patient care.

The Research Symposium stands as an important annual outreach event for the School of Nursing and is co-sponsored by Iota Sigma. Guests include preceptors, nurses in collaborating health care facilities, and APU students, faculty, and alumni.

Save the Date for our 15th annual event on April 4, 2019!

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14th Annual Research Symposium

This year, over 850 students and nurses attended our symposium. Our keynote speaker was **Dr. Judith Karshmer**, PhD, PHCNS-BC, FAAN, Dean at Arizona State University College of Nursing and Health Innovation. Her presentation was titled "*Creating Transitions for Care: Highlighting the Role of the Nurse.*"

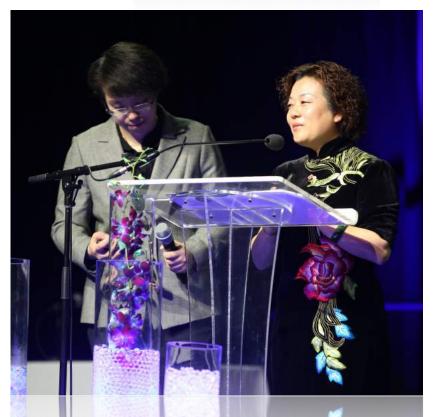


Pictured above: Keynote speaker, Dr. Judith Karshmer,

Our international keynote speaker was Director **Jinfeng Jin, PhD** who presented on "*The Practice of Evidence-Based Nursing in Mainland China*" with assistance from translator Wang Sa.



Pictured above: Angela Coaston



Pictured below: (from left to right) Translator Wang Sa and Dr. Jinfeng Jin.

14th Annual Research Symposium



Pictured above: Catherine McPhee, Kathi Hemphill, and Dr. Lesh.



Special awards were presented to the keynote speakers and to Kathi Hemphill, RN, MSN, Director of Education, Citrus Valley Health Partners and Jeannette Maass, MPA, Program Liaison, Ben Hudnall Memorial Trust in recognition of significant contributions to nursing education.



Pictured above: Catherine McPhee, Jeannette Maass, and Dr. Lesh.

Featured speakers included our faculty: Angela
Coaston and Dr. Elaine Goehner. The afternoon
session included a panel of nurse researchers
(Angela Coaston, Dr. Tina Escobedo, Dr. Ana Maria
Gallo, Dr. Angela Hudson, and Dr. Judith
Karshmer). Dr. Aja Lesh moderated the session.
The day concluded with poster awards and
recognition.—Submitted by Marilyn Klakovich,
DNSc., RN, NEA-BC, Chair, Research Symposium
Planning Committee, and Iota Sigma Research
Committee Chair.

Pictured above: Dr. Elaine Goehner

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14th Annual Research Symposium



Poster Session Award Winners included:

Community	City of Hope Christopher Okamoto, RN, BSN Peggy Burhenn, MS, CNS, RN-BC, AOCNS Denice Economou, MSN, CNS Richard Yang, MS Can-Lan Sun, PhD Arti Hurria, MD	Developing a Geriatric Oncology Curriculum to Educate 400 Nurses Across the United States
PhD/DNP	Gwendelyn S. Orozco, PhD (C), MSN, RN, RNC-OB, PhD Student	A Phenomenological Exploration of the Experience of Antepartum Bed Rest in Mothers: Beyond Postpartum
MSN	Alyssa Baffer, RN, BSN, CCRN Cassia Yi, Aprn, MSN, CNS, CCRN	Ventilation Management of ECMO Patients with Respiratory Failure
ELM	Kailey Smith, ELM Student Leanne Garrels, ELM Student Preetpal Virk, ELM Student	Compassion Fatigue and Patient Experience
BSN	Lauren <u>Rich, BSN</u> Student <u>Allyana Salud</u> , BSN Student	Primary Care Outreach to the Homeless

SAVE THE DATE!

November 8 and 9, 2018 SIGMA THETA TAU INTERNATIONAL HONOR SOCIETY OF NURSING ODYSSEY 2018 CONFERENCE

Designing the Future of Health Care: Nurses Connecting, Collaborating and Catalyzing

Keynote Speaker: Patricia Thompson, EdD, RN, FAAN, prior CEO, STTI

Location: Hilton San Diego/Del Mar Hotel 15575 Jimmy Durante Blvd, Del Mar, CA 92014

*The conference is sponsored by the following schools/STTI chapters: Azusa Pacific University/Iota Sigma; California Baptist University/Chi Mu; CSU Dominguez Hills/Xi Theta; CSU Fullerton/Upsilon Beta; CSU Los Angeles/Nu Mu; CSU Long Beach/Iota Eta; CSU San Bernardino/Rho Beta; CSU San Marcos/Phi Theta; Loma Linda University/Gamma Alpha; San Diego State University/Gamma Gamma; University of San Diego-Point Loma Nazarene University/Zeta Mu At Large; University of California Los Angeles-CSU Northridge/Gamma Tau AT Large; University of Phoenix, Southern California Campus/Omicron Delta; Vanguard/Concordia University, Psi Theta At Large; Western University of Health Sciences/Phi Alpha



ABSTRACTS DUE June 30th, 2018

The official Call for Abstracts will be posted on Sigma Theta Tau International's website

https://www.sigmanursing.org/ connect-engage/meetings-events



23rd Joint Southern California Chapters* SIGMA THETA TAU INTERNATIONAL NURSING ODYSSEY CONFERENCE 2018 Designing the Future of Health Care: Nurses Connecting, Collaborating and Catalyzing Hilton San Diego/Del Mar Hotel 15575 Jimmy Durante Blvd, Del Mar, CA 92014 1-858-792-5200 November 8-9, 2018 ABSTRACT DEADLINE: June 30, 2018

You are invited to submit abstracts for the 23rd JOINT SOUTHERN CALIFORNIA STTI CHAPTERS NURSING ODYSSEY CONFERENCE 2018.

PURPOSE

The purpose of this joint conference is to promote communication about nursing research, education, practice, and leadership, and to enhance research collaboration throughout nursing's scholarly community.

PROCEEDINGS

Proceedings will be distributed at the conference for all in attendance. The proceedings will not be copyrighted. You may publish the paper or abstract elsewhere; we request, however, that you include the notation that the paper or poster was presented at the 23rd Joint Southern California Chapters STTI Nursing Odyssey Conference 2018.

ELIGIBILITY:

Quantitative research, qualitative research, mixed methods research, or innovative evidence-

based projects are eligible for podium or poster presentation.

Research must be completed by the time of submission to be eligible for podium presentation. In-progress and completed research are eligible for poster presentation.

Innovative projects must be implemented or completed to be considered for podium presentation.

Innovative projects currently without reportable outcome evidence are eligible for poster presentation only.

Symposia

Eligible presenters are: members of STTI chapters, faculty, current nursing students, or other interested nurse clinicians, researchers and scholars.

NOTIFICATION

The first author of accepted presentations and posters will be notified by **September 14, 2018**. If your abstract is accepted, you will need to respond to the invitation by **September 21, 2018**, and register to attend the conference. Podium presenters must submit finalized PowerPoint presentations by **October 15, 2018** to Jan Nick: <u>jnick@llu.edu</u>.

The conference is sponsored by the following Schools/STTI Chapters*:

Azusa Pacific University/Iota Sigma; California Baptist University/Chi Mu; CSU Dominguez Hills/Xi Theta; CSU Fullerton/Upsilon Beta; CSU Los Angeles/Nu Mu; CSU Long Beach/Iota Eta; CSU San Bernardino/Rho Beta; CSU San Marcos/Phi Theta; Loma Linda University/Gamma Alpha; San Diego State University/Gamma Gamma; University of San Diego-Point Loma Nazarene University/Zeta Mu; University of California Los Angeles-CSU Northridge/Gamma Tau; University of Phoenix, Southern California Campus/Omicron Delta; Vanguard University-Concordia University Irvine, Psi Theta At Large; Western University of Health Sciences/Phi Alpha.

Selection criteria: Abstracts will be blind reviewed using the requested selection criteria below.

- **<u>Ouantitative Research</u>** podium and poster presentations will be selected based on assessment of the following abstract components:
 - ★ Specific aims or objectives of the study;
 - ★ Rationale or background for the study;
 - * Research methodology including design, sample, and procedure;
 - ★ Instrument (reliability and validity) and data analysis used;
 - ★ Research findings or results;
 - ★ Implications or significance of findings to nursing.
- **<u>Oualitative Research</u>** podium and poster presentations will be selected based on assessment of the following abstract components:
 - ★ Phenomenon of interest;
 - ★ Description of methodology;
 - ★ Description of participants;
 - ★ Knowledge gained from study;
 - ★ Implications or significance;
 - ★ Recommendations for future studies.
- Mixed Methods Research podium and poster presentations will be selected based on assessment of the following abstract components:
 - * Aim or objective;
 - ★ Rationale or background;
 - * Research questions clearly stated and appropriate for mixed methodology;
 - ★ Quantitative Sampling procedure;
 - ★ Instruments;
 - ★ Data Collection procedures;
 - ★ Quantitative data analysis procedures;
 - ★ Tradition clearly identified or easily inferred (Qualitative Data Collection);
 - ★ Qualitative data analysis procedures consistent with the tradition;
 - ★ Findings/Results;
 - * Strength of the study enhanced with inclusion of both data types;
 - ★ Implications or significance.
- <u>Innovative Evidence-Based Projects</u> (problem analysis, case study, QI evaluation, systematic review, etc.) podium and poster presentations will be selected based on assessment of the following abstract components:
 - ★ Statement of the problem;
 - ★ Method used to address the problem;
 - * Description of any innovation and resulting change, if appropriate;

- Implications and significance of the project findings for research, practice, leadership or education;
- * Recommendations or future problems/questions.
- <u>Symposium</u> podium presentation will be selected based on assessment of the following abstract components:
 - * Completion of research focused on research issues or implementation of innovative project
 - An overview of the symposium including title, two (2) to (3) key words, presenter information and a minimum of two (2) measurable outcomes of presentation which complete the sentence "The learner will be able to.....". The overview is limited to 300 words or less and each learner objective is limited to 25 words or less.
 - ★ Ninety (90) minute presentation by a minimum of three different authors
 - ★ Profile for each author including biographical information
 - Submission of three (3) abstracts with a common theme and selection criteria (Research or Innovative Projects listed above) in the required format.

ABSTRACT FORMAT

The abstract should address the most relevant selection criteria listed above.

The abstract can be no longer than <u>one page</u>.

The abstract must be submitted in pdf format. The file submitted must follow this format: LAST NAME Firstname Title of presentation.pdf

Abstract should have one inch margins on all sides and be typed in Times Roman font with type no smaller than 12 point font. The body of the abstract is single spaced with two (2) spaces between paragraphs. Left justify all paragraphs; <u>do not</u> indent to begin a paragraph.

Headings: If you like you may use headings such as Objective, Background, Methodology, etc. Left justify and bold all headings.

Indicate TITLE in regular type, Centered with Upper Case. Title must fit on one line. Double space and indicate Name of First Author, License, Degree in regular type, Centered with Upper and Lower case. Single space and indicate email address of first author in regular type, centered. Single space and indicate Name of Second Author, License, Degree in regular type, Centered with Upper and Lower case. Double space and begin body of abstract. The following is an example:

TITLE (in caps-- must fit on ONE line!)

Name of First Author, License, Degree email address Name of Second Author, License, Degree

Body of Abstract

If the research or project was supported in full or part by a grant, cite the grant number and granting organization at the bottom of the abstract.

Your abstract must be clean and error-free. Only abstracts that conform to the Abstract Format requirements will be accepted.

Abstract Information Form

Title of Presentation (conforms to one-line abstract format restriction):

To check a box, double click on the box and on the Check Box Field Options mark Default value *checked* and then click on OK.

Presentation Format (Be sure to indicate preference)

Podium - Research for podium presentations must be completed by the date of submission

Poster

Either Poster or Podium

Symposium

Which set of selection criteria do you wish to be used to evaluate the abstract?

Quantitative Research, include date research was completed:

Qualitative Research, include date research was completed:

Mixed Methodology, include date research was completed:

Innovative Project, include date project was evaluated:

Complete <u>all</u> sections below (first author responsible to notify all co-presenters):

First Author's NameFirstMiddle InitialLastCredentials (e.g., PhD, RN)Email:Phone contact:Sigma Theta Tau Chapter or School Affiliation:Do not send your CV or resume.Students: Please include the name of faculty member who reviewed your abstract:

Electronic Submission of Abstracts:

For the Research Session:

Submit the Abstract and Abstract Information Form in pdf format. The abstract submitted must follow this format: LAST NAME_Firstname Title of presentation.pdf Submit attachments to: <u>odysseyresearchabstracts@gmail.com</u> Please contact Sandy Carter @ <u>slcarter@socal.rr.com</u> or 714-458-4727 if you have questions related to research abstracts.

For the Innovative Evidence-Based Project Session:

Submit the Abstract and Abstract Information Form in pdf format. The abstract submitted must follow this format: LAST NAME_Firstname Title of presentation.pdf Submit attachments to: <u>ejwinokur@gmail.com</u> Please contact Beth Winokur @ <u>714-402-4270</u> if you have any questions related to Innovative Evidence-Based Projects abstracts.

<u>Important Note</u>: Please contact Sandy Carter (Research) or Beth Winokur (Innovative Evidence-Based Projects) if you do not receive a *confirmation email of receipt of your application* as there may have been a problem with transmission.



23rd Joint Southern California Chapters* SIGMA THETA TAU INTERNATIONAL NURSING ODYSSEY CONFERENCE 2018 Designing the Future of Health Care: Nurses Connecting, Collaborating and Catalyzing Hilton San Diego/Del Mar Hotel 15575 Jimmy Durante Blvd, Del Mar, CA 92014 1-858-792-5200 November 8-9, 2018 ABSTRACT DEADLINE: June 30, 2018

A Blast from the PAST!

What are your Iota Sigma Past Presidents Up To?

Anita Rosebrough, Iota Sigma's First President during the 1988 Chartering Process 30 years ago, and Kathleen Taylor, President 2005-2007 Biennium have been out and about. Kathleen mentioned to Anita about her winning a 6 Day 6 Night South African Photo Safari through a Michelle's Place-Breast Cancer Resource Center Fundraising Event, Reality Rally. Learning the winning Photo Safari ticket was for two people and that Kathleen was looking for someone to join in the fun, Anita checked in with her husband, Emergency Department Physician Dr. Rad Rosebrough, who graciously encouraged Anita to join Kathleen.

The planning began. Talk about collaboration. Between local travel agent Lawrie Vinson with the Fullerton AAA and emails with the Zulu Nyala Photo Safari staff in South Africa a very surreal adventure evolved - Los Angeles, Ca., USA to London, England to Johannesburg, South Africa to Victoria Falls, Zimbabwe back to Johannesburg to Durban and Hluhluwe, South Africa for the 6 day 6 night Photo Safari , back to Johannesburg and Pilanesberg Reserve, to Potschefstroom, South Africa and Naledi Christian Academy and Potschefstroom University School of Nursing Faculty and Sigma Nursing members, back to Johannesburg for return to Los Angeles via London. What an awesome month of April 2018.

Waiting for flights at Los Angeles International and London Heathrow Airports enhanced the Globalization awareness of our world this day and age. Oh, all the different styles of clothing, accents of multiple different languages, variety of ethnic foods available, etc., etc., etc. All of our senses were greatly stimulated.

A brief stay at The Zulu Nyala Country Manor in Johannesburg, South Africa included a visit to the Lesedi Culture Center where members of 5 African tribes live, perform, and provide information in each tribe's village replica. Following Lesedi we crossed the road to the Lion Park Animal Rescue Center with close up encounters with Lions, Cheetahs, Impalas, Wild Dogs, and mosre.

Then on to Majestic Victoria Falls, Zimbabwe, one of the original 7 wonders of the world. What a magnificent sunset while cruising the Zambezi River back and forth between Zimbabwe, Namia, and Zambia with natural entertainment by hippos, crocodiles, numerous varieties of birds and other creatures.

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Pictured above: Iota Sigma Past Presidents Kathleen Taylor and Anita Rosebrough.

Words cannot describe the emotions and feelings of walking along and flying over Victoria Falls complete with a zip line trip across one of the many gorgeous gorges with fellow travelers from around the world representing numerous different culture and ethnic groups.

An unexpected pleasure was a morning of **"Walking with the Elephants"**, literally. What a wonderful job the people of Wild Horizons Foundation and Animal Rescue are doing with not only elephants but a wide variety of animals. Becoming friends with the elephants was amazing when they delighted in letting us participate in the feeding ritual of their herd. Our Victoria Falls Safari Lodge stay in the middle of the Vulture Rescue Preserve served as another site of visits to the local waterhole by more Elephants, Impalas, Vultures and other birds from the balcony of our room and restaurant during meal times.

The buzz words of Global Health took on new meaning. During our trip planning we became active participants with the United States of America Center for Disease Control and State Department along with the World Health Organization. Verifying the status of current US required vaccines and obtaining additional ones for Hepatitis Type A and Typhoid along with a prescription of the Anti Malarial Paquanil took on new priority.

South Africa was very proud of its current Malarial Free Status, but Zimbabwe is still working diligently on combating the mosquitoes causing Malaria. Posters at local airports keep global passengers informed of the current conditions for various diseases including Malaria and Plague if traveling to and from Madagascar, Yellow Fever, etc. Frequent emails from the afore mentioned agencies began arriving keeping us informed of health conditions along with situations of unrest with recommendations for staying safe during our travels. South Africa and Zimbabwe both had some very visible health awareness programs going on regarding personal hygiene, contraception, contagious disease, etc.

While on the 6 day and night Photo Safari we rode and ate our meals with people from all over the world representing various non-profit, community based organizations such as Boys and Girls Clubs, Rape Crisis Centers, Wounded Warrior Projects, Senior Centers, Breast Cancer, Private Schools, Working Wardrobes, etc. Each morning and afternoon at the animals normal eating time we went out with a guide and saw Baboons, Cheetahs, Crocodiles, Giraffes, Hippos, Impalas, Kudu, Vervet Monkeys, Nyala (uniques to the Zulu area of South Africa), Rhinos, Turtles, Warthogs, Wildebeest, Zebra, various birds all living and eating together in their natural habitat at the Zulu Nyala Animal Reserve.

After 6 fabulous days and nights at Zulu Nyala HluHluwe, South Africa we returned to Johannesburg and another awesome day at the Pilanesberg National Park - well at least part of the 65,000 Hectre Acres of it. Gorgeous, gorgeous, gorgeous.

Anita returned home and Kathleen went on to Potschefstroom to visit with friends who run the Naledi Christian Academy in one of the local settlements, Ikageng Extension 11. An explanation of the settlements would be yet another article in and of itself. However, much like the homeless settlements in the USA being a topic of "what do we do", per residents and news cast, South Africa's Parliament members, local citizens, community agencies, etc. are having similar discussions, public demonstrations, riots, and so forth.

Naledi Christian Academy has about 107 preschool - 4th graders. It is operated by donated funds with the families paying a fee of 25 South African Rand per month or about \$2.50 USD. Per Susan and Bill Weibel, School Administrators, focus is on the Accelerated Christian Education (ACE) iBible-based, Christian K–12 curriculum, consisting of reading programs, core curriculum, required electives, and additional instruction programs. The A.C.E. programme covers the critical outcomes and standards of the National Curriculum Statements (NCS) as prescribed by the Department of Education in South Africa.

The students are served breakfast and lunch at school. After school programs serve as an outreach to children and families from the settlement. Entrepreneur topics are provided staff and members of the church sharing the properties to teach marketing skills for the produce from the school garden.

There are 11 - 3 bedroom houses on the property built by members of a Korean Church prior to Susan and Bill Weibel's arrival. The houses are used by some of the staff, foster families for children not with their biological parents, and visiting short term mission teams. A local business man has leased adjacent land to the school for 50 years and another local business man his architectural plans and funds to help expand the school buildings.

How does one conclude such an amazing trip, well, with a swing around the city of Johannesberg including the Nelson Mandela and Apartheid Museum and excursion through the Sterkfontein Caves and Maropeng Museum at the Cradle of Humankind World Heritage Site.

Stay tuned for more information from Anita on how she and husband Rad work with the members of their local church, especially the senior population in navigating the ever fluctuating changes in US healthcare.

-Kathleen Taylor, MPH, MSN, RN



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19 Transition Meeting	JUNE '18 S M T W Th F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	JULY '18 S M T W Th F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 I I I I I
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