

IOTA SIGMA CHAPTER

Sigma Theta Tau International

SBIRT Training and Team Work Crossing Professional Lines

Iota Sigma Members collaborate with other University faculty around the State in SBIRT training

“Screening, Brief Intervention, and Referral to Treatment (SBIRT) with the purpose to identify, reduce, and prevent risky and problematic use of alcohol and illicit drugs in health care settings (SBIRT Newsletter, 2015).”

Several of our members are part of this training across disciplines at APU and around the state. Project Directors from APU include Dr. Gonzales Castaneda from the psychology department, Dr. Mary Rawlings from the social work department and Dr. Sheryl Tyson from the school of nursing all of APU. Funding came from SAMHSA with the purpose to develop Faith-Integrated SBIRT Network. Other Faith-based Universities other than Azusa Pacific University include Biola University, California Baptist University, Fresno Pacific University, La Sierra University and Concordia University Irvine. Professional healthcare students in the psychology, social work (cont'd)



Inspire Event

I attended the Inspire Event April 8th, 2017, which was hosted by the Ardent Group in Glendora, CA. The Ardent Group's mission is to empower women by providing them with unique products, services, and experiences and by supporting local community efforts benefiting women and their families. The Inspire Event was a fundraising event to benefit W.I.N.G.S., an organization that supports efforts against domestic violence. Community enthusiasts gathered to enjoy a fun filled morning to include delicious food, a wellness presentation, a fashion show and lots of FREE goodies. The Ardent Group utilized Azusa Pacific University Marketing major students to help put on the event as their course final project. There was a \$20 donation suggested



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Dr. Sheryl Tyson is a psychiatric clinical nurse with extensive experience in treating children and adolescents with mental disorders.

and nursing departments are included in the training. Several of our members included SBIRT training in their classroom lecture for undergraduate nursing students including professors Melinda Dicken, Viann Duncan, Cheryl Boyd, Dr. Connie Brehm, and Dr. Patricia Esslin. Dr. Lynda Reed included the training in all the Nurse Practitioner course work she taught as well.

The goals of the funded project are to have:

1. Interdisciplinary SBIRT training for psychology, social work and nursing students,
2. Integrate faith in SBIRT practice including cultural components of faith, and
3. Increase SBIRT competence for the future professional healthcare workforce in community settings in California.

If you are interested in reading more about the funding, what faith-based universities across California are doing, and important information on alcohol or drug consumption please go to the website:

www.sbirtfaithandspirituality.org

-Viann Duncan, Counselor

at the door. I was most inspired by a domestic violence survivor's speech about her story and how W.I.N.G.S. helped start a new life. The W.I.N.G.S. program is the only domestic violence shelter that allows teens to live within the shelter. The W.I.N.G.S. program is always looking for support both monetary and in-kind service. For more information please see the links below:



<https://www.facebook.com/TheARDENTGroup/>

<http://wingsprogram.com/>

The WINGS (Women in Need Growing Strong) Domestic Violence Program Mission: To eliminate racism, empower women, and promote peace, justice, freedom, and dignity for all.

-Nicole Ringo, President

Clean Blankets for the Homeless

IN PARTNERSHIP WITH LOMA LINDA EMERGENCY DEPARTMENT AND INLAND EMERGENCY NURSE ASSOCIATION

The nursing and hospital staff of the Loma Linda Emergency Department was instrumental in collecting blankets for the homeless of San Bernardino. Iota Sigma Chapter 232 of Sigma Theta Tau International donated \$250.00 so that the blankets could be washed and dried. The money went to pay for laundry soap, fabric softener, and quarters for the washing machines and dryers. Normally these blankets are one time use but there is a new program started by the staff at LLU to collect the blankets. Several staff took a day to go to the local laundromat to wash, dry, and fold the blankets to be given to others in need. Each blanket was placed in a bag with a bottle of water, a brown bag meal and a brand new pair of socks for the person receiving the blanket. The volunteer staff of the ED handed out 220 blanket bags to the homeless in San Bernardino.

The Inland Empire Emergency Nurse Association also participated in this service project.

After all were handed out in the San Bernardino the remainder of the blankets and bags (approximately 30) were sent to the Bad Weather Shelter at the Pasadena Covenant Church in Pasadena, California. The patrons of the shelter

in Pasadena were glad to receive the blankets as well. Thank you all for your support of Iota Sigma by your renewal of membership. This donation will have lasting blessings.

-Viann Duncan Counselor

Information/Welcome Session February 2017

Iota Sigma held our annual Information/Welcome session on February 13, 2017 in the SON lobby area with 3 BSN students and 3 ELM students in attendance eager to hear about the chapter. The purpose of this annual gathering is for an informal meeting of the minds with a goal of connecting and networking. Senior student Breanna Ito shared her message and strategies for success while in nursing school. Attendees were able to ask questions of the board members and our representing student member on many topics.

-Patricia Esslin, Vice President

Spring 2017 Induction

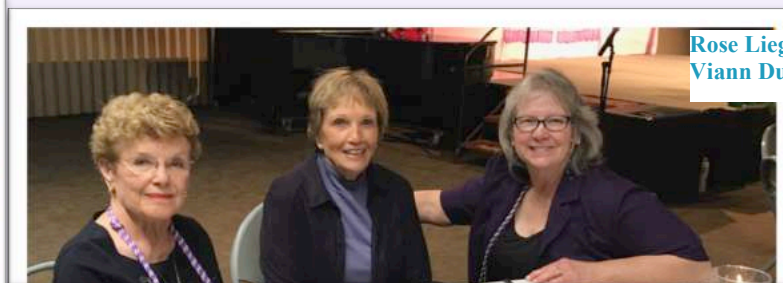
Azusa Pacific University's Iota Sigma Chapter held our spring 2017 Induction on Friday, March 17th, 2017, 2015 from 7 PM-9PM in Upper Turner Campus Center with a dessert affair. Attendance was down compared to our fall induction with 28 inductees present along with their guests, faculty, board members, and community members for 96 total in attendance. We held the Induction in conjunction with our annual highly anticipated Silent Auction. The purpose of the Silent Auction is fundraising for scholarships. Although attendance and participation in the Induction was down from previous events, we were able to raise \$679 from the auction, \$240 from the raffle in which an attendee received the grand prize \$100 Nordstrom's gift card donated by Rose Liegler. Grand total raised was \$919. These monies go towards our scholarship program.

Three individual \$1000 scholarships were awarded at the Azusa Spring Induction to Yvonne Offill, Maria Payumo, and Helen Tran.

-Patricia Esslin, Vice President and Kathy Van Allen, Fundraising Chair



Jan Lee SN and Patricia Esslin



Rose Liegler, Alison Riggs, Viann Duncan





13th Annual Nursing Research Symposium

In the conference program for the 13th Annual Nursing Research Symposium, *Shaping the Health of Our Nation through Research and Evidence-based Practice*, Dean Aja Lesh noted that “Nurses need to become the influencers of change that leads to the redesign of

healthcare systems and to champion the careful and judicious use of research as a guide to clinical decision-making that incorporates patient values, choices, and clinical expertise. Today our presenters will explore the continued changing landscape of healthcare in a very political climate and the emerging best practices in nursing. I hope the day will be enjoyable and inspire an increased appreciation for the importance of research in the delivery of care.”

In keeping with our theme, we were surrounded by displays of fruits and vegetables as well posters with healthy sayings.

The Research Symposium was established 13 years ago as an ongoing commitment to integrating research into practice. It serves to prepare students and clinicians for the challenges they will face in their careers as nurses. It also creates a wonderful opportunity to encourage both students and clinicians to develop new ways to improve their practice and to work together to share evidence to improve patient care.

The Research Symposium stands as an important annual outreach event for the School of Nursing and is co-sponsored by Iota Sigma. Guests include preceptors, nurses in collaborating health care facilities, and APU students, faculty, and alumni. This year, over 850 students and nurses attended our symposium. Our keynote speaker was Dr. Alexander Li, Deputy Director, Care Transitions, Los Angeles County Department of Health Services. His presentation was titled “Moving Forward in a Complicated Health Care Environment—A Case Study of Los Angeles County Health Agency Safety Net Services.” Featured speakers included our faculty, students, and clinical practice partners (Dr. Vicky Bowden and her clinical partner, alumnus, Leigh Mohler;



Keynote Speaker Dr. Alexander Li

Professor Cheryl Boyd; Dr. Felicitas dela Cruz and psychology student, Bethrese Elane Padini; and Dr. Ana-Maria Gallo.) The afternoon session included a panel of nurse researchers (Dr. Anna Marie Hefner, Dr. Aja Lesh, Dr. Constance Milton, Dr. Jane Pfeiffer, Dr. Sheryl Tyson, and Dr. Leslie Van Dover). Dr. Renee Pozza moderated the session. The day concluded with awards and recognition.



Research Panel

Poster Session Award Winners included:

Community	Peggy Burhenn, MS, CNS (pburhenn@coh.org), Christopher Okamoto, RN, BSN, Denice Economou, MSN, CNS, R. Yang, MS, Can-Lan Sun, PhD, Arti Hurria, MD. City of Hope, Duarte, CA	Educating 400 Nurses in Geriatric Oncology across the US
PhD/ DNP	Mercy Atieno Manaen, RN, FNP-BC, DNP(c) mmanaen09@apu.edu Marie N. Fongwa, PhD, RN, MPH, MSN	Implementing an Erectile Dysfunction Screening Tool in a Primary Care Setting
MSN	Donarel De La Cruz, RN, BSN donareldelacruz14@apu.edu Jennifer McFarlane, RN, MSN, CNS	Empowering Nurses with Simple Immediate Fixes for Problems Encountered Using Bar Code Medication Administration
ELM	Kimberly Lin, B.S., klin15@apu.edu Mallory Malecki, B.S., Kasey Ring, B.S., Amanda Sheehan, B.A., Veronica Thach, B.S., Najood Azar, Ph.D RN	Evaluating the Benefits of Alternative Methods of Pain Caused by Vaginal Birth
BSN	Virginia Ah Ching, vahching14@apu.edu Michelle Arguello, Jacqueline Ye, BSN Student;	Early Oral Feeding of Uncomplicated Post Cesarean Section Birth Patients: A Development of a Standard Protocol



Poster Session

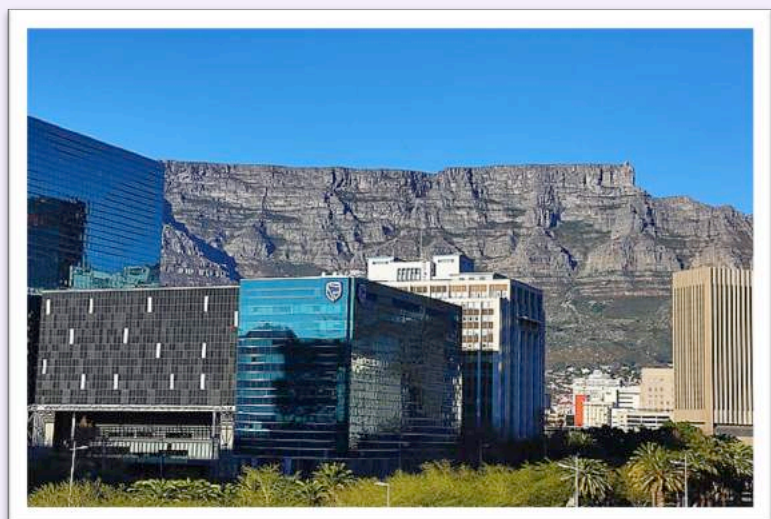
Please visit our website for access to the complete program, pdf files of the Li and Bowden/Mohler presentations, and poster abstracts.
<http://www.apu.edu/nursing/researchsymposium/>

Stay tuned for announcements about our 14th annual event in April, 2018.

- Marilyn Klakovich, NEA-BC Chair, Research Symposium Planning Committee Iota Sigma Research Committee Chair

South Africa- 27th International Conference for Sigma Theta Tau International July 2016

Dr. Renee Pozza and Dr. Anna Hefner, Iota Sigma members, attended the International Nursing Research Conference, held July 21-25, 2016 in Capetown, South Africa. School of Nursing Dean, Dr. Aja Lesh, doctoral faculty, Dr. Lynn Woods, and doctoral student Kathleen Kennedy accompanied Renee and Anna. This conference provided the APU members great opportunities to network and to



discuss global research collaborations. Since the School of Nursing has established relationships in South Africa, this allowed a further time to build relationships and deepen connections. As part of the conference they presented two poster presentations and one oral presentation.

Dr. Pozza and Dr. Hefner had the privilege of providing an oral presentation entitled “HALO: Health and Liver Optimization. Partners in Care.”



International Colleagues with Renee Pozza and Anna Hefner

One of the greatest challenges facing the United States health care system is improving the care for the patients with chronic illness. The HALO concept is a model of patient care developed collaboratively by health care providers and patients to support long-term chronic disease management. This program concept is designed to address all aspects of health and wellness. The Health and Liver Optimization (HALO) patient centered model of care of Southern California Liver and GI provides an effective collaborative

chronic disease management approach. Patients are empowered to make decisions in their health and wellness journey with guidance from experienced healthcare providers who partner with them to impact their long term outcomes.

-Dr. Anna Hefner and Dr. Renee Pozza, Iota Sigma Members

Odyssey 2016 Research Conference

On October 13 & 14, 2016 Iota Sigma Chapter of STTI joined with 14 other chapters to present the 21st annual Odyssey Research conference for nursing at the Doubletree Inn in Ontario, CA. Over 200 nurses and students attended this valuable and educational conference one or both days to learn from the presentations and network with colleagues. The theme of the event was **“Influence to Advance Global Health and Nursing.”**

At the opening session, Marlene Ruiz, one of the founding Odyssey committee members, donated a “Baby Chase,” the precursor to today’s simulation models, to the Western Conservancy of Nursing History (WCNH). Kathie Taylor accepted the donation on behalf of Phyllis Esslinger, founder and president of the WCNH. The first day keynote speaker was Sandra Bibb, PhD, RN, Director, STTI Board Of Directors, Dean, Professional



Marlene Ruiz and Kathie Taylor

Studies, Wichita State University who spoke on the conference theme. This was followed the next day by another keynote by MarySue Heilmann, PhD, RN, Faculty, UCLA School of Nursing and who spoke on “Scholarly Risk Taking to Make A Difference Across the Globe: The Use of Transmedia in Nursing Research.” Dr. Patricia Hanes, Iota Sigma member, provided a special session on disaster nursing. In addition, there were Research and Innovative breakout sessions each day with multiple speakers focusing on the conference theme and a variety of nursing topics. These presentations are based on a competitive call for abstracts; Iota Sigma reviewers included Dr. Josephina Tuazon, Dr. Lena Kebaso, and Dr. Tracy Dawes for research abstracts and Dr. Janet Smith, Dr. Teresita Barcelo, and Dr. Patricia Esslin for innovative abstracts.

A Poster Contest was held and judged by Chapter members and prizes were awarded on Research and Innovative themes. Special thanks to Dr. Anita Boling and Dr. Rose Liegler who were the Iota Sigma poster judges. In addition, there were various exhibitors and sponsors who attended and their booths were popular with the attendees. The sessions each day closed with a raffle (overseen by Iota Sigma). Kathie Taylor and Marilyn Klakovich represented Iota Sigma on the Planning Committee and coordinated the sponsors and exhibits. It is a tribute to the wonderful Odyssey Planning Committee for the outstanding conferences they hold each year and very fine coordination that makes it a valuable experience for nurses and the many students who attend.



YeEun(Grace) Oh, Iota Sigma Student Intern: Odyssey Reflection

I had a wonderful opportunity to attend the annual Odyssey Research conference. As an undergraduate nursing student, nursing science from school has provided me a strong foundation that roots my professional knowledge, skills, and attitudes in the clinical settings. This annual Odyssey Conference, as an art of nursing, broadened and deepened my perspective and understanding of the nursing profession. For example, keynote speakers and breakout sessions reminded me again that a nurse’s role is not limited to providing care in the clinical setting, but to participate in being a more effective member of health care team. In addition, I had many opportunities to interact with nursing leaders from all over the country, which gave me opportunities to learn about their

professional ethics, morals, and attitudes for the nursing profession. My experience at Odyssey has opened my eyes to see “nursing” beyond the bed side care, which reinforced my understanding of nursing as an art and a science.



Elizabeth (Liz) Ngati, Iota Sigma Student Intern: Odyssey Reflection

On October 13, 2016, I had the pleasure of attending the 21st annual nursing odyssey conference. While at the conference, I learned innovative approaches nurse leaders were incorporating into their practice such as: improving patient glycemic control among incarcerated men, and using innovative approaches of cold therapy in orthopedics. Additionally, after the presenters’ presentations I was able to interact with these nurse researchers and gain additional

insight into how they approached their problems and how they managed difficulties during the process.

While at Odyssey, I also met students from other schools and learned about their research via their poster presentations. The posters were well organized and detailed. Furthermore, the presenters were eager to share their findings and answer in detail questions about their poster.

Another aspect of Odyssey I enjoyed was interacting with different school recruiters and learning about different educational routes nurses can take to advance their careers. Furthermore, I also enjoyed being able to introduce the different speakers for the innovative clinical break out session. It allowed me to connect with the speakers and gave me the confidence to interact with them after their presentations. As a result of this experience, I feel inclined to explore ways I can contribute to the nursing literature or clinical practice.

Collaborating Chapters:

- Gamma Gamma
- Iota Sigma
- Omicron Delta
- Rho Beta
- Nu Mu
- Gamma Tau at Large
- Xi Theta
- Gamma Alpha
- Upsilon Beta
- Zeta Mu at Large
- Phi Alpha
- Phi Theta
- Phi Lamda
- Chi Mu

Please join us October 5 & 6, 2017 for Odyssey 2017. See the Save the Date and Call for Abstracts information on p. 12

Members in the News

An article written by Dr. Najood Azar, School of Nursing, was published in an international journal.

Al-Motlaq, M., **Azar, N.**, & Squires, A. (2016, September). Part-time employment in Jordan as a nursing policy solution. *International Nursing Review*. Advance online publication. doi:10.1111/inr.12307

A book chapter written by Dr. Najood Azar, School of Nursing and colleagues was published.

Azar, N., Haddad, L., & Umlauf, M.G. (2016). Jordanian Americans. In J.N. (Ed). *Transcultural Nursing: Assessment and Intervention* (7th ed., pp. 633-645). St. Louis: Mosby.

An article written by Dr. Janice Haley, School of Nursing, was published in a journal.

Haley, J. (2017). Strengths of parents caring for their children in hospice/palliative care. *Journal of Hospice & Palliative Nursing* 19(1), 89-96.

Abstract:

Little is known about the strengths of parents caring for their child who is receiving hospice/palliative care in Kenya. The purposes of this study were: 1) to identify the sources of strength parent caregivers of Kenya turn to when their child is receiving palliative/hospice care in the home; 2) to assess if new strengths emerge with this population in comparison to previous studies; and 3) to assess if the strengths guide (SG) is an intervention that improves the parent's awareness of their value and utilization of their strengths. This descriptive study explored how these parents define strength, and specifically where they find strength to carry on. A constant comparative analysis was used to identify the sources of strength. Before and after administering the SG, a "pre and post" Personal Strengths Scale was utilized to rate any differences in the parent's strength. Participants were located through a rural hospice in western Kenya. No new themes were identified when compared to previous studies. The source of spirituality was unanimously identified as the most extremely important strength and overwhelmingly threaded throughout nearly all other sources of strength identified. The SG was found to be a welcomed and effective intervention for nursing and other health care providers to use with this population.

A presentation by Dr. Jane Pfeiffer, School of Nursing, was shared at an international conference.

Pfeiffer, J. (2016, November). *Community, university, and church: Collaboration efforts for public health*. Workshop presentation at the International Taos Institute Relational Practices in Health and Healthcare: Healing Through Collaboration conference, Cleveland, OH.

Dr. Lynda Reed, School of Nursing, was awarded a grant.

Reed, L. (2016, December). *2016 Advanced practice nursing and physician assistant scholarship*. CVS Health Foundation, Boston, MA

An article written by Dr. Kathleen Ruccione, School of Nursing, and three colleagues was published in a journal.

Bava, L., Johns, A., Freyer, D.R., & **Ruccione, K.** (2016, November). Development of a culturally competent service to improve academic functioning for Latino survivors of acute lymphoblastic leukemia: Methodological considerations. *Journal of Pediatric Oncology Nursing*. Advance online publication. doi:10.1177/1043454216676837

Dr. Katherine Tong, Department Chair, Undergraduate Professional Programs, School of Nursing was awarded a grant.

Tong, K. (2017, January). *American Samoa indigenous Samoan partnership to initiate research excellence (INSPIRE) in colorectal cancer health literacy*. American Samoa Community Cancer Coalition, Pago Pago, American Samoa.

SIGMA THETA TAU INTERNATIONAL
HONOR SOCIETY OF NURSING
ODYSSEY 2017 RESEARCH CONFERENCE



**21st Century Nursing:
Scholarship, Leadership, Service**



- GAMMA GAMMA
- IOTA SIGMA
- OMICRON DELTA
- RHO BETA
- NU MU
- GAMMA TAU AT LARGE
- XI THETA

**Save the Date
October 5 & 6, 2017**

**DoubleTree by Hilton
Ontario, CA**

- GAMMA ALPHA
- IOTA ETA
- UPSILON BETA
- ZETA MU AT LARGE
- PHI ALPHA
- PHI THETA
- CHI MU
- PSI THETA AT LARGE

<http://www.apu.edu/iotasigma/conference/>

TBD Transition Meeting

JUNE '17						
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AUGUST '17						
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**5,6 Odyssey, Ontario, CA
9 Board Meeting
28-31 Biennial Convention Indianapolis, IN**

OCTOBER '17						
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**11 Board Meeting
17-31 Winter Break**

DECEMBER '17						
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**12 Board Meeting
19 President's Day**

FEBRUARY '18						
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**1 Easter
9 Board Meeting
TBD Research Symposium**

APRIL '18						
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**4 Independence Day
27-31 International Nursing Research Congress Dublin, Ireland**

SEPTEMBER '17						
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**4 Labor Day
11 Board Meeting**

NOVEMBER '17						
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**1 Biennial Convention Indianapolis, IN
10 Fall Induction
13 Board Meeting
23,24 Thanksgiving**

JANUARY '18						
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**1-7 Winter Break
8 Board Meeting
15 MLK Birthday**

MARCH '18						
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**12 Board Meeting
5-11 Mid-Semester Break
16 Spring Induction
29-31 Easter Break**

MAY '18						
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27	28	29	30	31		

14 Board Meeting

Officers and Leaders



President: Nicole Ringo, MSN/ED, RN

President Elect: Tiffany Montes BSN RN

Vice President: Patricia Esslin, PhD, APRN-CNS, CNE

Treasurer: Lynda Reed, DNP, FNP-C

Secretary: Lourdes Casao, PhD, RN-BC, FNP

Research Chair: Marilyn Klakovich, DNSc., RN, NEA-BC

**Leadership Interns: Liz Ngati, BSN, RN
Grace Oh BSN, RN
Jan Lee SN
Ashley Berenbach, SN
Kerry Hale SN**

Faculty Co-Counselor: Viann Duncan, MSN, RN and Rose Liegler, PhD, RN

Governance Chair: Badrieh Caraway RN, MS, Med, CHES

Fund Raising Chair: Kathleen Van Allen, MSN, RN, CPN

Immediate Past President: Jennifer Cooper, MSN, APRN, CNS

Awards and Scholarships Chair: Cathy McPhee, MSN, FNP, RN

Leadership Succession Chair: Anita Boling, PhD, MSN, RN

Newsletter Editor: Jennifer Cooper MSN, APRN,