Green Living…
Helping APU be good stewards
of our environment…
One Dorm room at a time

In your room:
1. Blinds – Use them properly (open to bring in warmth, closed to reflect heat)
2. Windows – Close them if the AC is on.
3. Use CFLs (compact fluorescent light). They use 75% less energy and last longer.
4. Enable sleep mode on your computer monitor. Avoid screensavers, they use more power.
5. Temperature setting – Keep on medium cooling or 74 degrees or higher during the summer and 68 degrees during the winter.
6. Porch lights – Turn off when you go to bed (Shire, Bowles, UP, Univ. Village)
7. Power Down at night – Turn off computers, printers and other electrical equipment.
8. Do not turn off lights that compromise the safety of our students

In your bathroom, kitchen and laundry room:
9. Refrigerators – Keep on MEDIUM settings
10. Laundry & Kitchen – Do only full loads of laundry and dishes. Dry clothes on a rack instead of the dryer. It saves energy and it's cheaper.
11. Bathrooms- Take shorter showers and use the shower head lever to reduce water volume while soaping up. A 5 minute shower can use 30 gallons of water!
12. Bathrooms- Turn off the water while brushing your teeth or washing your face. Use a half gallon instead of ten!
13. Place the faucet lever in the cold position when using small amounts of water; placing the lever in the hot position uses energy to heat water, even though it never reaches the faucet.

Misc.:
14. Paper - Use both sides of paper & designate a place for scratch paper.
15. Car pool, take the bus or ride your bike.
16. Carry a reusable water bottle.
17. Make reducing, reusing, and recycling a lifestyle.

Need More Ideas visit our website at http://www.apu.edu/facilities/environmental/