



## Creation Care Pledge

By committing to do at least one action in each of the following categories, I am becoming a better steward of God's earth.

### **I pledge to reduce my energy use**

- Turn off lights and appliances when I'm not using them
- Turn off porch lights during the day
- Unplug appliances that I don't often use
- Replace my regular light bulbs with compact fluorescents
- Change my thermostats a few degrees (down in the winter, up in the summer)
- Combine my errands to reduce car trips
- Take public transportation/walk/bike/carpool to campus at least one day a week
- Take the trolley or ride a bike between campuses
- Use sunlight by opening window blinds on cool days and closing them on warm ones

### **I pledge to reduce the waste I produce**

- Use scratch paper for notes and print/copy double-sided
- Take my own shopping bags to the grocery store
- Use my own water bottle and coffee mug every day
- Buy items in bulk and items with minimal packaging
- Recycle everything that I can and responsibly dispose of my electronic waste
- Sign up to receive all my bills online, rather than in the mail
- Sign up for the Directmail.com, the National Do Not Mail List
- Provide and encourage recycling at the events I plan (meetings/meals/parties)

### **I pledge to develop more sustainable habits**

- Eat vegetarian more often, and reduce my consumption of meat and seafood
- Buy organic produce, and visit the farmer's markets near APU or my home
- Think twice about making a purchase - "do I really need more stuff?"
- Buy products composed of organic and/or recycled material
- Wash only full loads of dishes or clothing
- Take a shorter shower and use the lever on the showerhead to save water
- Support Fair Trade and organic coffee
- Learn as much as I can about sustainability and teach others

### **I pledge to lead by example!**

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Signature/ Date

<http://www.apu.edu/facilities/environmental/>