

ALISSA MELENDEZ, PsyD

amelendez@apu.edu

901 East Alostia Avenue, Azusa, CA 91702
(626) 216-1901 (cell) | (626) 815-2109 (work)

LICENSE

California, PSY 28454

Issued: July 6, 2016
Expires: July 6, 2022

EDUCATION

Azusa Pacific University (APA-Accredited)
Doctorate of Psychology, Clinical Psychology
Master of Arts, Clinical Psychology

Azusa, California
Awarded September 2014
Awarded July 2010

California State University, Fullerton
Bachelor of Arts, Psychology
Minor in Child and Adolescent Development

Fullerton, California
Awarded May 2008

CLINICAL EXPERIENCE

Azusa Pacific University Counseling Center
Psychologist
Director: Lori Lacy, Psy.D.

Azusa, California
January 2019 - Present

- Provides individual, couples, and group counseling for culturally diverse student population.
- Attends and participates in clinical supervision, group consultation, and staff meetings.
- Provides crisis intervention and management.
- Acts as an emotional wellness consultant for the university community.
- Facilitates outreach and training, including educational workshops on various mental health topics.
- Provides supervision for practicum level trainees.

University of the Pacific - Counseling and Psychological Services
Staff Psychologist II and Outreach Coordinator
Director: Stacie Turks, Psy.D.

Stockton, California
July 2016 – December 2018

- Clinical Responsibilities:
 - Provides brief psychotherapy, with the possibility of carrying long-term cases as need.
 - Provides direct service to university students (intakes, individual psychotherapy, couple sessions, and Let's Talk).
 - Facilitates one general progress group and the First Generation support group each year.
 - Conducts mandated substance use assessments.
 - Provides emergency response and crisis interventions, as needed, in addition to staffing one hour of walk-in crisis therapy per week.

- o Provides campus-wide outreach on topics requested by faculty and staff.
- Training Responsibilities:
 - o Provides primary supervision for one Doctoral Psychology Intern each year as a part of our APA-accredited Internship Training Program.
 - o Provides consultation and delegated supervision for Doctoral Psychology Interns, as needed.
 - o Prepares and facilitates Outreach Seminar for Doctoral Psychology Interns and provide a supportive environment for supervision of presentation skills, consultation and ongoing outreach programs.
 - o Trains Doctoral Psychology Interns on mandated alcohol and marijuana assessment using the BASICS semi-structured protocol and SAMHSA's Brief Counseling for Marijuana Dependence.
 - o Provides ongoing Titanium support throughout the year.
 - o Assists current Training Director with the annual interview process, including updating interview questions and participating in the interviews.
 - o Assists the Group Coordinator with developing both support and general process groups each year.
- Outreach Coordinator Responsibilities:
 - o Establishes vision and goals for outreach programming.
 - o Ensures outreach programs are aligned with the department and division's strategic plan and student life curriculum.
 - o Conducts assessment of mental health needs on community.
 - o Manages requests for CAPS outreach programs.
 - o Establishes learning outcomes for outreach programs.
 - o Designs, implements and presents educational and prevention programming and workshops relevant to college mental health.
 - o Creates advertisement and promotional material, as needed.
 - o Utilizes technology to advertise CAPS outreach programs on social networking sites and university networking site.
 - o Maintains a record of outreach events and manages outreach budget.
 - o Networks, coordinates and collaborates with student life staff to offer outreach programs that meet student need for various departments.
 - o Provides consultation and training services to campus community on wellness and mental health topics.
 - o Attends annual AUCCCO conference and incorporate information learned at this meeting to improve our outreach training to Doctoral Psychology Interns and outreach programs to the university.
- Leadership Experience:
 - o Chair of Search Committee for Success/TRiO Coordinator August 2017 – October 2017
- Professional Recognition:
 - o Friend of TRiO Award May 2018

Sacramento State Student - Health and Counseling Services

Counselor

Supervisor: Karen Durst, Ph.D. & Director: Ronald Lutz, Ph.D.

Sacramento, California

August 2015 – May 2016

- Clinical Responsibilities:
 - o Provided individual, brief psychotherapy from an integrated treatment model based on holistic, systemic, relational, and evidence-based approaches to therapy.
 - o Provided group therapy, crisis intervention, and outreach programming.

- o Provided liaison and consultation services to students, faculty, Dreamer Resources Center, Housing and Residential Life, Multicultural Center and Pride Resource Center.
 - o Participated in case consultation, staff meetings, and professional development seminars.
- Outreach and Group Experiences:
 - o Selected outreach experiences include: Behind Closed Doors, Send Silence Packing, Cookies with Counselors, Grief Support, Let's Talk, Dream Chats and Take Back the Night.
 - o Selected group experiences include: the co-development and co-facilitation of Women of Color-Collective, SAFE and Dream Connections.

Sonoma State University - Counseling and Psychological Service

Post-Doctoral Fellow

Supervisors: Joseph Puentes, Psy.D. & Lindsey Brooks, Ph.D.

Director: Laura Williams, Psy.D

Rohnert Park, California

August 2014 – July 2015

Supervised Hours: 1581

- Clinical Responsibilities:
 - o Provided individual brief (10 sessions) as well as limited long-term psychotherapy from an integrated treatment model based on systemic, relational, and evidence-based approaches to therapy.
 - o Provided group therapy, crisis intervention, consultation services, and outreach programming.
- Training Activities:
 - o Participated in case consultation, staff meetings, individual and group supervision provided by licensed staff, and a didactic training seminar.
- Outreach and Group Experiences:
 - o Selected group experiences include: the co-development and co-facilitation of SSU's "Women of Color Collective" and the development and facilitation of "Pathways Through Grief" support group.
 - o Selected outreach experiences include: interactive workshops on homesickness and stress, positive body image, assertiveness training, and "Transcending Boundaries" in gender identity.
 - o Participated on SSU's Sexual Assault Awareness Month planning committee, which developed and executed several campus wide events over the course of April 2015.

University of the Pacific - Counseling and Psychological Services

Doctoral Psychology Intern

Supervisors: Kimberlee DeRushia, Psy.D. & Charlene Patterson, Ph.D

Director: Stacie Turks, Psy.D.

(APA-Accredited)

Stockton, California

August 2013 – July 2014

Supervised Hours: 2002.75

- Clinical Responsibilities:
 - o Provided individual brief (10 sessions) as well as limited long-term psychotherapy from an integrated treatment model based on systemic, relational, and evidence-based approaches to therapy.
 - o Provided couples and general process group therapy, crisis intervention, mandated and psychological assessments, consultation services, and outreach programming (Feel Good Friday, Mental Health Awareness Presentations, Love Your Body Committee, and Resident Assistance Training).
- Training Activities:

- o Participated in case consultation, staff meetings, individual and group supervision provided by licensed staff, didactic training seminars (Multicultural, Group Therapy, Therapy Modalities and Assessment, Professional Issues and Outreach seminars).
- Outreach and Group Experience:
 - o Selected group experiences include the co-development and co-facilitation of a general process group.
 - o Selected outreach experiences include psycho-education presentations on grief and loss; and workshops on compassion fatigue, burnout, and stress management.
 - o Participated on Pacific's Love Your Body planning committee, which developed and executed several campus wide events over the course of a week.

University of Redlands - Counseling Center

Clinical Practicum Intern

Director/Supervisor: Lorraine Young, Ph.D.

Redlands, California

September 2012 - May 2013

Supervised Hours: 700

- Clinical Responsibilities:
 - o Provided individual brief (12 sessions) as well as limited long-term psychotherapy from an integrated treatment model based on Cognitive-Behavioral Therapy, Trauma-Focused Cognitive-Behavioral Therapy, Interpersonal Therapy, Family Systems Therapy, and Short-Term Psychodynamic Therapy.
 - o Provided mandated as well as psychological assessments, and consultation services.
- Training Activities:
 - o Participated in case presentations, individual and group supervision provided by licensed staff, and didactic training seminars.
- Outreach Experience:
 - o Selected outreach experiences include co-development and co-facilitation of a stress management workshop for students.

Los Angeles Term - Psychotherapy Clinician

LA Term Student Clinician

Supervisor: David Brokaw, Ph.D., ABPP

Los Angeles, California

October 2011 - May 2013

Supervised Hours: 150

- This Azusa Pacific University Global Studies Program position serves diverse undergraduate Global Studies students who are enrolled in an immersion/study abroad program in downtown Los Angeles. The population was primarily facing emotional, behavioral, interpersonal, and environmental distress.
- Clinical Responsibilities:
 - o Provided individual brief psychotherapy from an integrated treatment model based on Dialectical Behavior Therapy, Cognitive-Behavioral Therapy, Trauma Focused-Cognitive-Behavioral Therapy and Solution Focused Behavioral Therapy.
 - o Additional responsibilities included offering group psychoeducational training addressing issues of vicarious trauma, self-care and interpersonal communication.
- Received weekly supervision provided by a licensed psychologist.

Additional practica experience available upon request

October 2009 – July 2012

RESEARCH EXPERIENCE

Doctoral Dissertation

Azusa Pacific University

Committee: Kevin Reimer, Ph.D. (chair),

Marjorie Graham-Howard, Ph.D, and Samuel Girguis, Psy.D.

September 2009 – May 2014

Department of Graduate Psychology

- o *A Qualitative Exploration of the Role of Beta Pride in the Narratives of Adolescent Exemplars and Comparative Youth* is a study on the narratives of 30 adolescents (moral exemplars and comparative youth) from low income, at risk environments. This study aims to examine authentic and hubristic pride embedded in the narratives of adolescents through an innovative, qualitative coding schema.

Values Embedded in Narratives (VEiN) Research Group

Azusa Pacific University

Supervisor: Kevin Reimer, Ph.D.

September 2010 – May 2011

Department of Graduate Psychology

- o Research aimed to investigate moral development in 60 adolescents (moral exemplars and comparative youth) from high-risk communities. As a member of this interdisciplinary research group responsibilities consisted of separating interviews, interpreting narratives, and coding interviews using the VEiN coding procedure.

TEACHING EXPERIENCE

Guest Lecturer – Co-Creating a New Relational Narrative with Couples

Couples Therapy

Azusa Pacific University

Professor: Holli Eaton, Psy.D.

Spring Semester 2019

Department of Graduate Psychology

Teaching Assistant – Cognitive Assessment

Azusa Pacific University

Supervisor: Diane Puchbauer, Psy.D.

Spring Semester 2011 & 2012

Department of Graduate Psychology

- o Responsibilities included facilitating course lab, training doctoral students in cognitive assessments (WAIS-IV and WISC-IV) and achievement assessments (WIAT-III and WRAT-4), assisting professor with grading, and evaluating student progress.

Teaching Assistant – Family Therapy

Azusa Pacific University

Supervisor: Stephen Cheung, Psy.D.

Spring Semester 2010

Department of Graduate Psychology

- o Responsibilities included assisting the professor in creating and grading quizzes, grading papers, and conducting research.

PSYCHOEDUCATIONAL PRESENTATIONS

University of the Pacific

- o *Tiger GRIT: Ideas to spark your grittiness and resiliency* – facilitated with Dr. Pam Wrona, October 2019.
- o *Working with Distressed Students* – Summer 2018.
- o *Helping Skills and Working with Distressed Students* – Summer 2017.
- o *RA Training* – Summer 2017.
- o *Lifting Stress* – Fall 2016.
- o *Grief and Physical Therapy* – Spring 2014.
- o *Preserving Your Flame* – Spring 2014.
- o *Caring For Your Inner Tiger* – Fall 2014.

Sonoma State University

- o *Assertiveness Training 101* – Spring 2015.
- o *Sexual Assault Prevention and Action* – Summer 2015.

University of Redlands

- o *Stress Management* – Spring 2013

PROFESSIONAL DEVELOPMENT

Trauma Recovery/HAP EMDR Part II
Melinda Hoag Smith Center For Health Living
Newport Beach, CA
Deborah Silveria, Ph.D.

July 2020

Trauma Recovery/HAP EMDR Part I
Melinda Hoag Smith Center For Health Living
Newport Beach, CA
Deborah Silveria, Ph.D.

January 2020

Hope as a Skill: Understanding and treating suicide risk
California State University, San Bernardino
Counseling and Psychological Services
David Rudd, Ph.D.

December 2019

Emotional Freedom Techniques and Tapping: Evidence-based, Mind-Body Treatment Approach to the Anxiety Spectrum Disorders and Pain PESI – Pasadena, CA Robin Bilazarian, LCSW, DCSW, DCEP, AAMET	July 2019
SJSU Multicultural Training Day San Jose State University Counseling and Psychological Services Celinda Miranda, LCSW, Megan Turner, Psy.D., Jenny Harper, MHP candidate, Katheen Wong, Ph.D. & Esmeralda Zamudio, Ph.D.	October 2018
Supervision: Advanced Topics, Ethics & Laws Distance Learning Course – Online Course Zur Institute, Inc Ofer Zur, Ph.D.	July 2018
Advanced Assessment and Treatment of Attention Deficit Disorders Continuing Education Credit – Online Course APA CEU in Psychology Greg Neimeyer, Ph.D	July 2018
Brief Counseling for Marijuana Dependence: Comprehensive Manual Continuing Education Course – Online Course Association for Advanced Training in the Behavioral Sciences	July 2018
11th Annual Outreach Conference for Counseling Centers The Association for University College Counseling Center Outreach University of Oregon Counseling Center	June 2018
Annual AUCCCO Conference Rock Out! Reach Celebrate 10 Years The Association for University College Counseling Center Outreach University of Michigan - Counseling and Psychological Services	June 2017
Focused Brief Group Psychotherapy Berkeley, CA Northern California Group Psychotherapy Society Martin Whittingham, Ph.D.	November 2016
SJSU Multicultural Training Day San Jose State University Counseling and Psychological Services Nathalie Boero, Ph.D., Michael E. Connor, Ph.D., & Heath Schechinger, Ph.D.	October 2016
The Foundations of Clinical Supervision Distance Learning Course – Online Course Zur Institute, Inc Ofer Zur, Ph.D.	July 2016

Challenges in Group Therapy

July 2016

Sacramento, CA
The Sacramento Center for Psychotherapy
Martha Gilmore, Ph.D. CGP

Basic Life Support – CPR Training

March 2016

California State University, Sacramento
Student Health and Counseling Services
Darlene Spencer, R.N.

Trauma Training - Community Resiliency Model

December 2015

California State University, Sacramento
Student Health and Counseling Services
Elaine Miller-Karas, LCSW

Dreamer Ally Training

December 2015

California State University, Sacramento
Dreamer Resource Center

Psychology First Aid Online

January 2015

The National Child Traumatic Stress Network

Understanding the DSM-5: What Every Practitioner Needs to Know

February 2014

California Psychological Association
Greg J. Neimeyer, Ph.D.
Los Angeles, California

PROFESSIONAL AND ACADEMIC MEMBERSHIPS

Psi Chi National Honor Society of Psychology, Lifetime Member
Golden Key National Honor Society, Lifetime Member

PSYCHOLOGICAL ASSESSMENT EXPERIENCE

Psychological assessment experience available upon request

PROFESSIONAL REFERENCES

Lori Lacy, Psy.D.
Director
Azusa Pacific University
Counseling Center
901 East Alosta Avenue
Azusa, California 91702
(626) 815-2109
llacy@apu.edu

Pam Wrona, Psy.D.
Associate Director and Training
Director
University of the Pacific - CAPS
3601 Pacific Avenue
Stockton, California 95211
(209) 946-2315 ext. 2
pwrona@pacific.edu

Kimberlee DeRushia, Psy.D.
Director and Group Coordinator
University of the Pacific - CAPS
3601 Pacific Avenue
Stockton, California 95211
(209) 946-2315 ext. 2
kderushia@pacific.edu